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# Flagstaff-Sedona Dog

August/September 2019



## **HERCULES: GOLDEN BONE RESCUE**

**Golden Bone Wellness Center  
Stem Cell Therapy for Pets**

**Oak Creek  
Small Animal Clinic  
Opens New Ground Up Facility**

**Ark Sanctuary Provides Safe  
Haven for High Country Felines**

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## Regular Features

- 5 Frankly... I'm All Ears:
- 6 Dogs for Adoption
- 7 Kitty Korner: Cats and Music
- 17 Travels with Pets: Boston
- 18 Travels with Pets: La Posada and Winslow, Arizona
- 23 Training: Inadvertent Rewarding
- 25 Book Reviews by Amber Polo
- 26 Cats for Adoption
- 34 Rainbow Bridge: Dubi

## Special Features

- 8 Oak Creek Small Animal Clinic Opens New Ground Up Facility In Sedona
- 9 Wildhorse Ranch Rescue Gray Mountain Horse Heroes
- 10 Golden Bone Wellness Center – Stem Cell Therapy for Pets
- 11 Dog Poem: To Be A Dog
- 12 Ark Sanctuary Provides Safe Haven For High Country Felines
- 14 Just Got Scrubbed – Do-It-Yourself Dog Wash
- 21 Cinnamon, The World Famous “Wet Cat”
- 24 Love, Caymus: Roles of a Dog

## Important Information

- 27 Calendar of Events
- 28 Pet-Friendly Establishments
- 30 Northern Arizona Pet Resource Guide
- 32 Animal Rescue & Adoption Groups



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**Hercules:  
 Golden Bone  
 Rescue**

## Hercules, Our Cover Dog

By Amber Polo

Jeannie Zimmerman spent 12 years photographing the Sedona area and the Northern Arizona/Southern Utah region. And lots of animals. Jeannie photographed many of the dogs from Nadia Calliou and Angela Windolph's Golden Bone Rescue & Rehab. Her photos helped difficult to photograph dogs find loving homes.

Our cover dog Hercules was Nadia's dog, the dog she called Golden Bone Rescue. She wanted Hercie photographed at Red Rock Crossing - IN the Creek. She wanted to encourage the adoption of special needs dogs and wanted the photos to show how easy it was for her to do the many blood tests/pricks necessary to check his blood sugar. The cover photo was one of the water shots.

Jeannie Zimmerman is a professional photographer now living in coastal South Carolina. She's known for her landscapes, wildlife shots, and pets 'n' people photos. Find her at [www.jeanniezimmerman.com](http://www.jeanniezimmerman.com)



**Oak Creek Small  
 Animal Clinic  
 Opens New  
 Ground Up Facility  
 Pg. 8**

**Golden Bone  
 Wellness Center  
 Stem Cell Ther-  
 apy for Pets  
 Pg. 10**



**Ark Sanctuary  
 Provides Safe  
 Haven for High  
 Country Felines  
 Pg. 12**

**Winslow, AZ  
 Travel  
 Pg. 18**





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Special Feature



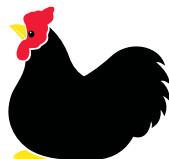
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## Benefits of Adopting a Senior Pet



**By Frank the Mini Dog**

“The longer I live the more beautiful life becomes.” Famous Architect Frank Lloyd Wright spoke those words and I think it’s a perfect way to start my column about adopting and loving senior pets. A senior dog is commonly thought of as any dog older than 7 years old and a cat is considered a senior at 10 years old. Cream Puff was the oldest ever living cat, who reached the age of 38 years and 3 days. The longest living dog was an Australian Cattle Dog named Bluey who lived to be 29 1/2 years old on a farm in Australia.

Most pets won’t live be 29 or 38 years old, but just like humans, pets are living longer. Many dogs can live to be 10, 13 or even older. The average cat can celebrate 16 birthdays and keep going. With pets living longer, they may end up in shelters because of a loss of a job in the family, a move to a place that won’t allow pets such as an apartment or long-term care facility, or even the death of their owner.

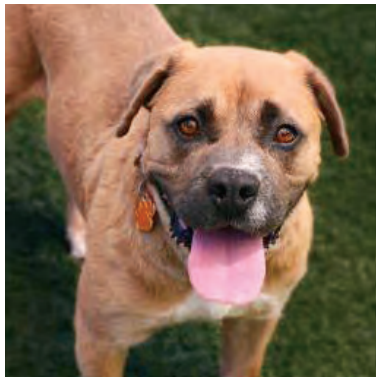
PetFinder.com says that the average pet spends 12 weeks listed on their site before being adopted. On the other hand (paw) well-trained and even purebred senior pets can wait four times longer to find forever homes. Some senior pets are never adopted and live out the rest of their lives in shelters. Because of their low adoption rates, senior pets also have higher euthanasia rates.

I would love to share some of the many benefits of adopting and/or fostering a gray-faced pack member.

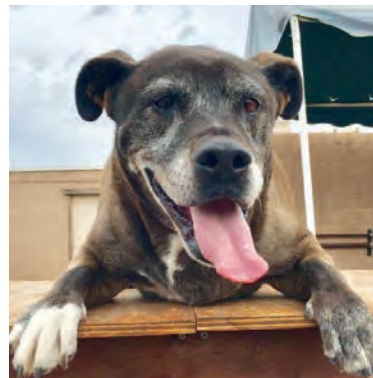
- Older shelter pets are usually housebroken.
- Older shelter pets are often already trained and are eager to learn.
- They tend to be more laid-back and independent.
- They don’t require as much attention or exercise as a puppy.
- You’ll know a pet’s temperament, size and health upfront.
- Senior pets are loyal and grateful.
- Senior pets will love you for the remainder of their lives. Beautifully.

*Love Always,  
Frank.*

FRANKLY... I'M ALL EARS

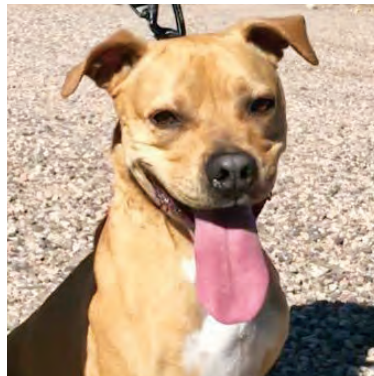


**EMMETT** is a delightful guy! He loves people and going for long walks and hikes! He's a bit unsure of other doggies and might do best as the only one in the home. He seems a bit confused as to why is here though, as he is very sweet and would love a home of his own! Come meet him today! [www.humanesocietyofsedona.org](http://www.humanesocietyofsedona.org). (928) 282-4679.

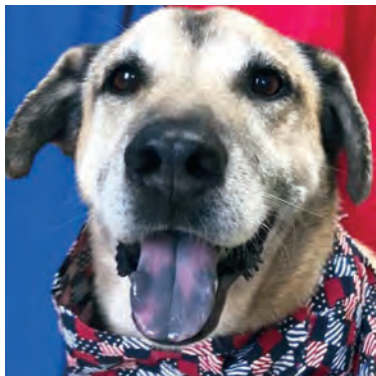


**MONTE** is a good natured, happy fellow who loves playing with his toys. Monte likes going for car rides, he gets in with help then is very relaxed. Monte does not do well with cats and livestock. He is good with mellow dogs. He is currently in foster care so please call the shelter for more information. [www.verdevalleyhumanesociety.org](http://www.verdevalleyhumanesociety.org). 928-634-7387

**EVIE** is an affectionate little gal who is looking for a quiet, stable home. Evie knows sit and will give you her paw. Evie is housebroken and has lived with a small dog. She has doggie playmates here at the shelter. Evie would do best in a home where she will have exercise and attention. No children please. [www.verdevalleyhumanesociety.org](http://www.verdevalleyhumanesociety.org). 928-634-7387



**ROCCO** recently came to us as a stray with his sister Mya, and we learned that they had bounced around from home to home before coming to us. Rocco takes some time to warm up to new people and will need a home where someone can take the time to show him love. He likes going for walks and exploring in the park. Rocco's sister Mya was adopted and now Rocco is patiently waiting for his forever home! Rocco is now neutered, vaccinated, and microchipped, and he is ready for his forever family! Come meet him today! [www.humanesocietyofsedona.org](http://www.humanesocietyofsedona.org). (928) 282-4679.

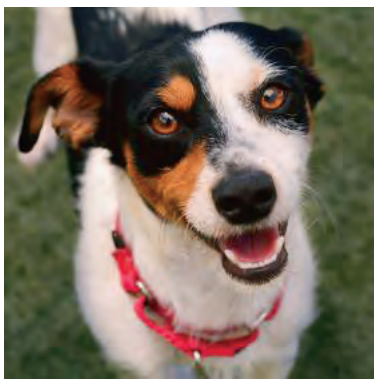


**HARRY** is sweet and gentle. He's easy to walk. He insists upon being the only animal in his home. [www.verdevalleyhumanesociety.org](http://www.verdevalleyhumanesociety.org). 928-634-7387



**SOUL:** Blue-eyed Soul is a gorgeous, affectionate dog who walks well on leash. He knows sit, is crate trained and housebroken. Soul likes to chase livestock and chickens and cats. Soul would do great with an active adopter. Catahoula Leopard Dog. [www.verdevalleyhumanesociety.org](http://www.verdevalleyhumanesociety.org). 928-634-7387

**MAVERICK** is a high energy little dude that is looking for lots of love! He recently came to us from another shelter where he was brought in as a stray and so cannot wait to find his forever home. Maverick walks well on leash and would make a great little hiking buddy. He is unsure of other doggies so if you have another dog at home, please bring them with you to meet Maverick. He can't wait to meet you! [www.humanesocietyofsedona.org](http://www.humanesocietyofsedona.org). (928) 282-4679.



I'm **WINKY!** The people here at the shelter like to joke that I'm part elephant because of how big my ears are! I do pretty well with most people and most dogs once I get to know them! I love running around, playing fetch, and going on walks! I know how to sit, walk on my leash, shake and am learning how to lay down. I love treats, cuddles, and giving kisses!



<https://www.highcountryhumane.org> (928) 526-0742

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# Cats and Music

By Amber Polo

## Harpist Plays to Shelter Cats

Harpist Sedonah Sunn has a deep connection to animals, especially cats. And cats have a special connection to her music.

Sedonah has been playing the harp for eight years. She believes sound vibrations bring peace. When she plays for cats, some of the restless cats fall asleep.

Now re-settling in Sedona, when her spirit call calls her, Sedonah brings her harp to the Humane Society of Sedona or the Verde Valley Humane Society. Her work with cats, complements her work with humans. She offers group and private sound healing and energy healing work.

## What Music Do Cats Like?

The journal *Applied Animal Behaviour Science* published a study entitled "Cats Prefer Species-Appropriate Music." The authors, Snowdon and Savage, claim that for music to be effective with other species, it must be in the frequency range with similar tempos to those used in the natural communication by each species.

In this study, composer David Teie created species-appropriate music for domestic cats: "Cozmo's Air," "Spook's Ditty," and "Rusty's Ballad." The study then tested the cat music and human music: Bach's "Air on a G String" and Gabriel Fauré's "Élégie" with 47 cats and found the cats preferred the cat music.

They also found that younger and older cats were more responsive to cat music than middle-aged felines.

Since then Teie, who is also a professional cellist, has produced two albums. He says "This is another way to communicate." Music provides auditory enrichment and calms anxiety, reduces boredom, and encourages sleep. Teie incorporates purr-like sounds and bird songs in music designed for both cats and their companions.

Some stories shared with Teie and Snowdon suggest that abused, neglected, or once feral cats are particularly affected by music. Teie says "The more stressed the cat, the more music seems to be working."

## Cats are Special

Cats' senses are more sensitive than ours. Their whiskers feel slight vibrations in the air. And their hearing is highly developed compared to our human ears. We humans like music with tempos similar to the beat of the human heart. It's theorized that humans hear heartbeats before birth, but cats are born at an earlier stage of brain development. Therefore, they may first hear the two-beat rhythm of suckling.

Interesting factoids: Cats suckle at 250 beats per minute and purr at 1,380 beats per minute.

Therefore, no matter how much you love classical music, country and western, or heavy metal, don't expect your cat companions to share your tastes. (And you might not enjoy theirs.) They may find your music too loud or with too much bass. Remember, animals tend to express threats in the lower registry.

One study suggests music with only a single instrument, like a piano, works well with cats. Our local shelter cats seem to love Sedonah Sunn's harp.

In a very small informal survey I asked shelter staff, veterinarians, and groomers if they played music to cats. Some chose classical, while others tuned into easy listening radio stations. In general, they played relaxing music for the animals. And to relax the caregivers.

Test the results. Listen to cat music on YouTube or Spotify and play tunes for your cat.



Sedonah Sunn at VVHS 2 Harps and Cats

Cats do love music. They're just more finicky.

And what about dogs? Wait for the *Flagstaff-Sedona Dog* October-November issue.

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Find Sedonah Sunn at [www.integrativeenergyflow.com](http://www.integrativeenergyflow.com)

Snowdon CT, Teie D, and Savage M. Cats prefer species-appropriate music. *Applied Animal Behaviour Science*. 2015;166:106-111.

Find David Teie's cat music (samples, CDs, & downloads) at [www.Musicforcats.com](http://www.Musicforcats.com)

**Music for Cats supports The Paw Project** and its mission to allow cats to keep all of their digits. They donate a portion of the proceeds to animal shelters and to the Paw Project. They also provide their music free to animal shelters and veterinary clinics that do not practice declawing.

KITTY KORNBER

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# Oak Creek Small Animal Clinic Opens New Ground Up Facility In Sedona

By Jacqueline Vaughn



While it's not unusual for one veterinary practice to replace another one, it is a special event when a practice builds a facility from the ground up, expanding and growing to accommodate both clients and state-of-the-art equipment. The Oak Creek Small Animal Clinic in west Sedona recently opened a new building two blocks from its previous facility, but the address is not the only thing that has changed.

"We had outgrown the old space and it was a very outdated and inefficient design that we couldn't really change," says Marc Kinney, practice manager and husband of Dr. Jeannine Kinney, owner and director of the clinic. "So we decided to go for it and

do a ground up project in order to solve all the other issues as well, like the lack of parking, unsafe ingress and egress, and building deterioration, just to name a few."

The undertaking took literally years to accomplish, starting in June 2017 through the purchase of the land, working with their architect to design the building, addressing civil engineering experts to develop a project development proposal for the City of Sedona, public hearings on the project, issuance of a building permit in August 2018, following by groundbreaking the following month, construction throughout the fall and winter into 2019, and on June 10, 2019, the practice was open for business at its new location on a .91 acre lot at 5 Pinon Drive and Highway 89A.

The building encompasses 4,889 square feet inside, plus a covered porte cochere for loading and unloading—a particularly desirable component for pet owners carrying in their animals, or during inclement weather and summer heat. The contemporary style building was designed by Scottsdale architect Colin Slais, who worked with the Kinneys to translate their need for improved workflow for both clients and their pets into one that included changes in technology and an increased caseload.



The couple also wanted to "build local" and hired David Biermann of Biermann Construction and Development of Sedona. The project was not only new to the Kinneys, but they were also under the time constraints of needing to get the building completed by the time they terminated their commercial lease at the previous location in June 2019. Slais and Biermann worked closely to interpret the ideas presented by the staff so that everyone involved would have a say and would feel their input was important, too.

The result was a building that blends into the environment with tall ceilings and interior glass walls that make for an open, airy and interactive environment with a view of Thunder Mountain and the surrounding landscape. Inside, there is comfortable seating for clients waiting for

appointments, a large reception area for staff and check in; pet food and pet supplies display space, and colorful artwork. In order to make the sometimes negative experience of seeing the veterinarian more positive (at least from the pet's perspective), there is a comfort buffer between the lobby and the six exam rooms, which have doubled from three in the older facility. The kennels have been placed on the highway side, creating a sound barrier for the surrounding neighborhood.



In addition to exam rooms where nervous pets can wait with their owners, there is an expanded area for treatment and procedures which allows the veterinary staff to perform multiple procedures simultaneously. In-house procedures can also be continued at the same time a visiting surgeon is seeing specialty cases. The existing suite of equipment was moved, and new equipment was added, including new surgical and dentistry lighting systems. Perhaps the addition which has created the most excitement among the staff is a state-of-

the-art underwater treadmill that was installed. The equipment was one of the elements that Dr. Kinney had wanted to include from the beginning of the design process, and incorporated into the plumbing and electrical infrastructure of the building. The treadmill will be used for veterinary physical therapy, weight loss, and fitness.

Cats and dogs are separated in the facility to reduce stress, and there is an isolation room, and a large canine kennel with access to the outdoor therapy yard. "The design provides for a much calmer environment for our clients and their pets," both Kinneys agree. "If your pet is more social, the lobby has plenty of space with comfortable seating and great views of the red rocks." One feature that pet owners will appreciate is an awareness and accommodation for animals undergoing euthanasia. There is a small sign on the reception counter that notes that if a candle is burning, a pet owner is experiencing the end of their pet's life, asking others to be respectful and to speak in a quiet voice. There is a bereavement courtyard with a private exit for just this purpose.



Overall, the Kinneys and their staff say they couldn't be more pleased with the end result, and they hope their clients feel the same. "The location is great, especially since we didn't move far at all. The parking and access is so much better and safer." Dr. Kinney says she never stops brainstorming about what they can improve upon, with a new building that sets them apart from every other veterinary facility in the area. "I feel that this facility finally supports and honors how much we love our patients and the level of care that our entire team believes in. Our commitment to the community's pets and their guardians is unwavering."



# Wildhorse Ranch Rescue Gray Mountain Horse Heroes

By Kimberly Meagher (pronounced Marr)

Last year, when so many wild horses died of thirst, our charity sprung into immediate action. We raised the funds to provide the following:

- two 2500 gallon water tanks with hoses and valves
- eight 200 gallon water troughs
- two 200 gallon tanks with hoses and valves for pick up trucks
- water deliver 3 x per week at \$220 per delivery
- electrolyses, salt and mineral licks

Many people came forward and created the Gray Mountain Horse Heroes Group (on Facebook). Glenda, Paul, Emery (now passed away), Sonora, Beth, and many others are the boots on the ground volunteers who go out each day to fill troughs, throw hay and help monitor this beautiful herd.

There is a Gray Mountain Hay account at Olsen's in Flagstaff. People can call up and donate funds for hay over the phone.



Glenda Seweinyawma

Water for Horses - We have a direct link to our Water for Horses program where people may donate online.

<https://www.wildhorseranchrescue.com/catalog/item/2459327/10385847.htm>

Kimberly Meagher (pronounced Marr)

Founder ~ Wildhorse

Co-Author - Alternatives to Auction and Slaughter - American Horse Defense Fund and former Arizona Rep for AHDF

Actor and Director - [www.kimberlymeagher.com](http://www.kimberlymeagher.com)

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# Golden Bone Wellness Center – Stem Cell Therapy for Pets

By Amber Polo

Golden Bone Wellness Center opened on July 2nd with an educational seminar about the new stem cell therapy they will offer for pets. If you missed it, you can watch a video on the MediVet Biologics website showing pets whose mobility and quality of life have been improved.



Cinda in Lab Golden Bone Wellness.

Dr. Cinda Rajkovic brings 17 years' experience to Golden Bone Wellness Center. A graduate of Colorado State College of Veterinary Medicine, prior to receiving her DVM she earned a degree in Microbiology with a minor in Chemistry and worked as a chemist. Dr. Cinda operated "Complete Pet Care" mobile vet service from 2008 to 2016 offering routine and emergency services and served as a fulltime Emergency Vet at Prescott Area Pet Emergency Hospital for the last 1 ½ years. She has assisted Golden Bone Rescue & Rehab since 2014.

Dr. Cinda is now bringing all of her experience to Golden Bone Wellness Center and stem cell therapy to northern Arizona. Dr. Cinda says "Cris Flores Rajkovic, manager of Golden Bone Wellness Center, and I chose to call the center 'wellness' as we are offering therapies that can reverse and heal destructive and painful changes instead of just medicating the pain."

## What are Stem Cells?

Stem cells are always present in our bodies and the bodies of our pets. Stem cells are able to multiply and stimulate the growth of new cells to help a variety of conditions. They have the ability to develop into different types of cells. Muscles, tendons, ligaments, cartilage, and bone will be Golden Bone Wellness Center's first area of concentration. Stem cells serve as a self-repair system dividing without limit to replenish other cells. What is Stem Cell Therapy?

Stem cell therapy has been developing for the last 30 years and is showing results in many treatments for humans. Golden Bone Wellness is using MediVet Biologics' technology. Stem cell processing has been commercially available from MediVet for animals since 2004.

Numerous studies have verified the benefits of these non-invasive treatments to save pets from pain and improve the quality of life.

## How Does It Work?

- A veterinarian's evaluation determines if stem cell therapy is appropriate
- Cells are harvested from a pet's fat (adipose tissue) (2 to 4 tablespoons) in a 15 minute surgery under general anesthetic
- Using specialty equipment stem cells are separated from other cells in a three- hour processing procedure
- Cells are re-administered into the pet by IV and into joints or other problem areas
- The pet is kept quiet for 10 days, then activity is advised to build up muscles
- Improvement typically continues for two months and can provide 1-4 years of relief after initial treatment.

## Conditions Helped by Stem Cell Therapy

Osteoarthritis, hip dysplasia, and joint, cartilage, ligament, and tendon damage are the most common conditions now treated. In a recent study, 155 canines suffering from moderate to severe osteoarthritis were treated with MediVet's stem cell therapy. Four independent veterinarians oversaw the study and results showed a 95% improvement.



Dr. Cinda & Rosie, Nadia, & Andy By the evening presentation, both dogs happily met guests. Andy was walking well and Rosie seemed to be enjoying the attention of being Patient #1.

## Andy and Rosie

The day of the Center's opening Dr. Cinda performed the stem cell procedure on two lucky dogs. Andy, one of Nadia Caillou's dogs, is a 13-year-old arthritic Great Pyrenees mix. He received injections in both hips and an IV dose for his kidneys as his renal values were currently normal.

Rosie, Dr. Cinda's Cockapoo, had a severed spine and at one time used a wheeled chair. She's now five and Dr. Cinda injected her cells into her spine.

## Compassionate Use Care

Compassionate use care is the term used for conditions that have not been studied for stem cell therapy. However, used experimentally, a variety of conditions are showing dramatic results to stem cell therapy. Examples: renal disease, liver and kidney issues, allergies, auto-immune problems, and more. Exception: Cancer patients are not treated with stem cell therapy.

Compassionate use care cases are reviewed individually.

## Stem Cell Therapy Side Effects & Costs

Parts of the body need to be shaved. There are no other side effects. The procedure costs \$2,400 for a small dog and \$2,900 for a large dog. Some pet insurance policies offer coverage.

## Platelet-Rich Plasma Treatments

Golden Bone Wellness will also offer Platelet-Rich Plasma (PRP) treatments. PRP is now used in human sports medicine to treat injuries. Platelets that are found in whole blood contain healing growth factors and bioactive proteins. Blood plasma with concentrated platelets, once activated, accelerates healing. PRP can assist with wound management, tissue healing, inflammation issues, and much more. It can offer a natural alternative to drugs and steroids and can complement surgery.



with Andy's PRP

A small blood sample is obtained from the pet, processed and, in under an hour, an injection into the pet is administered by the veterinarian.

## Other Options

MediVet Biologics offers a stem cell Bank Now program which can be initiated in conjunction with a pet's spay/neuter procedure. Stem cells are collected during surgery on a young pet and cryogenically stored for when a pet may need it later in life due to accident or conditions that may develop.

## Canine Cancer Vaccine

Golden Bone Wellness will also offer canine cancer vaccines. MediVet Biologics will create an experimental immunotherapy vaccine made from the patient's own tumor to fight from the inside out. The vaccine will be used to help the pet's immune system recognize the cancer cells as detrimental and attack them.

Dr. Cinda says, "After 17 years of practice I am excited about furthering veterinary medicine and about what we can now offer pets to give them the best quality of life for as long as possible. We are practicing regenerative medicine instead of palliative care."

## In addition to Golden Bone Wellness, The Golden Bone Family includes:

**Golden Bone Pet Products** provides products that are eco-friendly, socially conscious, environmentally aware, healthy and just plain fun! We are constantly educating and re-educating ourselves to insure we keep up with safety concerns and changes in pet food manufacturing. Angela Windolph, owner and Ana are there to serve you and your pets.

**Golden Bone Rescue and Rehab**, a 501(c)3 non-profit, is dedicated to rescuing and rehabilitating abandoned, neglected and abused animals and thoughtfully placing them in safe and loving foster and permanent homes and committed to promoting local spay neuter programs, which ultimately eases needless suffering in our animal community. Dr. Cinda Rajkovic is the CEO of Golden Bone Rescue and Rehab, Inc., Cris Rajkovic is President of the Board of Directors. Angela Windolph is Treasurer/Founder

*Golden Bone Wellness Center, Inc.*  
3080 W. Highway 89A, West Sedona  
(next to Golden Bone Pet Products)  
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## TO BE A DOG

*To be a dog.  
To awaken each morning  
and begin the best day I ever had.*

*To find fresh scents  
in flowers which bloomed yesterday,  
To greet each stranger  
expecting him to be my next best friend.*

*To know, to really know  
that even if at this moment  
the walk I want is not ready to happen  
I will walk, and I will run  
and this day will be perfect  
because it is morning, and I am a dog.*

*To be a dog.  
To run with careless abandon,  
a stick in my mouth just because,  
just because it is morning  
and it is spring, and the glint of dew-damp grass  
and the sniff of sun-washed bark  
taste like every wild adventure  
I can ever imagine having taken.*

*To be a dog.  
To do just what I want to do  
and never to notice that I look strange  
with a five-foot stick in my mouth  
and not to care when nobody else  
rolls over and over in the muddy turf;  
not to care that it is seven in the morning  
and I am being ridiculously reckless  
and I must go to work.*

*Not to ever, ever contemplate the musts I must do  
and to never forget that sticks and flowers and mud  
and a track for a run that never ends  
all lie just beyond that window,  
waiting for a dog.*

*Oh, to be a dog!*

*~ Ann Metlay*

## DOG POEM



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# Ark Sanctuary Provides Safe Haven For High Country Felines

By Jacqueline Vaughn

As one of less than a handful of rescue facilities devoted to cats and kittens in the Southwest, the Ark Cat Sanctuary, 35 miles west of Flagstaff, fills a special niche among animal welfare organizations and shelters. There



are about 175 felines on this 10 acre rescue located in Parks, in the middle of the Kaibab National Forest, often more than the number found at the nearby High Country Humane and the Coconino Humane Association combined. The cats that live there have a magnificent view of the San Francisco Peaks, and it is almost certain that they will one day have a forever home.

Sue Marue, the founder and executive director of The Ark, has lived on the property for the past 14 years, turning the scrub-and pine-covered landscape into a remote site where cats and their kittens can feel safe, be socialized, or, if they choose, hide from people. Sue took a horse barn that was

already there and converted it into a cat room and storage area for food and supplies, and turned a sunroom at the back of the small house on the property into a kitty-exclusive solarium. The cats lounge about on cat trees, roll on their backs in the sun, and snooze on blankets and chairs. The rare visitor is likely to find cats in her living room, on tables and chairs in the tiny dining area, in the bathroom, or looking at you from some hidden perch or hidey hole.

In addition, there is a separate, smaller building used for pregnant cats and kittens during kitten season, weatherproofed sleeping sheds and igloo-style houses for outdoor cats, and what she calls “habitats” comprised of predator-proof fencing, with trees, juniper shrubbery, and logs or branches for scratching and reclining. Each of the habitats provides less social animals a place to hide from visitors or other cats. Marue says that the outdoor habitats, unlike a conventional “catio” used to give cats fresh air, help reduce stress and consequently disease frequency and propagation. Cats at The Ark are grouped by age, temperament, food requirements, and health, so that a single cat with a respiratory virus does not infect others, and those that are more socialized can help calm down a new resident.



She says she did not start out to be a cat lady, and never planned to start a cat sanctuary. Her interest in animals started when she was about 7 years old when she used her meager allowance from her parents to buy Hartz Mountain Catnip. A year later, her parents let her keep a stray cat in her neighborhood, and she began to ask them “What happens to the cats that do not get adopted or cared for?”

Prior to her career in animal welfare, Marue received a chemistry degree from California State University, Northridge, and decided to go to pharmacy school for a year. Deciding that pharmacy was not the path she wanted to choose for further study, she went to graduate school in Oregon, later teaching at a community college and developing her skills in material



science. An avid runner, mountain biker, and kayaker, she left Oregon with 48 cats, renting a Cruise America RV that she lined with plastic tarps, stacking it to the ceiling with cat carriers. She admits that she probably was a little vague in telling the rental agent how many passengers she would be driving to Arizona.

The extent of the need for a cat-specific rescue in northern Arizona is not widely known, although Marue and her organization did provide statistics as part of a stakeholder input questionnaire prepared for local officials in January 2018. In that document, they noted that Coconino Humane Association, which had the contract with Coconino County and the City of Flagstaff for animal sheltering

services until January 2, 2019, did not have “enough space, personnel, or time within the existing shelter to accommodate the relatively large numbers of cats coming in without heavy use of euthanasia or a large support network of rescues.” The Ark has been taking in between 700 and 750 cats each year, approximately one-third of Coconino Humane’s yearly total cat intakes. More importantly, while Coconino Humane was able to find homes for healthy, adoptable animals without euthanasia through an active adoption program at its facility and at the Petsmart store in Flagstaff, those with health conditions or behavioral issues like a lack of socialization were not being treated. In 2015 and for a number of years prior to then, for instance, the euthanasia rate for cats at Coconino Humane was about 36 percent when the intake number was about 1,500 cats. Dogs, however, were being euthanized at a rate of about 16 percent even though the intake number was much higher at about 2,400 animals.

With the partnership that was developed between The Ark and Coconino Humane, the euthanasia rate for cats dropped to 5 percent in 2016, with significant procedural and policy changes at the county shelter. For instance, bite-case cats were no longer routinely euthanized when staff members at Coconino Humane were trained to understand that most cat bites are not due to aggression but to improper handling. The shelter also began treating upper respiratory infections among its cats differently, and The Ark began rescuing large numbers of cats from them when shelter space became scarce. Those animals might otherwise have been euthanized. Marue also credits the 13 year long partnership that developed between herself, Coconino Humane, and Michelle Ryan, the current executive director of Coconino Humane. “She is open to the perspectives that others have to contribute to the effort to save the creatures that the public discards,” she says.



In an interview with the *Arizona Daily Sun*, Marue said that in 2015, The Ark placed 546 cats for adoption without having to euthanize a single one. Fewer than 40 died while in her care, making them a truly no-kill facility. All animals that The Ark takes to Petsmart for adoption are spayed or neutered, vaccinated,



given a microchip, and treated for appropriate medical conditions as needed. In 2019, she expects to take in about 800 cats, with almost all of them adopted within a calendar year. She draws a monthly salary that puts her well below poverty levels for income, and pays three part time kennel staff that is always busy keeping the cats' quarters clean, feeding them, and helping with recordkeeping. She also has a network of about 15 fosters who help socialize the cats, bottle feed kittens, and treat them for various ailments.

The non-profit does not receive

any government funding, with adoption fees accounting for about half of its yearly income. The rest comes from donations and an occasional grant from the Arizona Community Foundation.

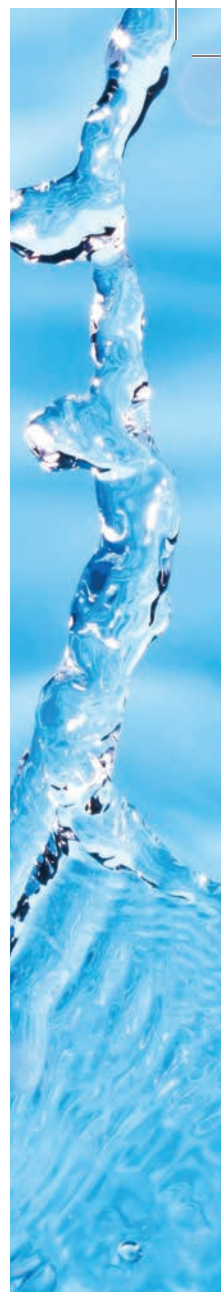
One of the factors that makes The Ark Sanctuary somewhat unique among feline rescues elsewhere is that the organization focuses on the most at-risk populations, including cats that are feral or fearful, those with medical issues, injuries, and those that are pregnant or with nursing kittens. "We accept the ones with respiratory problems, those with ringworm, the undersized cats, those that have been trapped, and those that require bottle feeding," she says. "We take



all kinds." Some of the cats she rescues and cares for come from Holbrook Animal Control, the Tuba City Humane Society (which does not have a physical shelter), from members of the public that need to voluntarily surrender an animal, and, despite the changeover in the city/county contract for animal shelter services that was negotiated last year with a new group, High Country Humane, she continues to take cats in need from Coconino Humane.

Marue is dedicated to each of the animals in her care, and although she may not know the name of each one (most are named by the staff) she does know their temperament, where they came from, and how they like to be treated. She does not appear to hesitate at all when a cat named Ginger who was surrendered by a Navajo woman is brought in with pneumonia. And she is blunt about the challenges she faces in dealing with Flagstaff's notoriously divisive political climate, saying she prefers to leave the public relations and politics to the members of her board of directors while she cleans out the habitats and washes litter boxes. Funding, perhaps, is her biggest challenge, as she took stock of the dwindling supply of cat food she receives from the local Purina company. "We'll find a way to make it work."

*The Ark Cat Sanctuary  
Parks, Arizona  
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# Just Got Scrubbed – Do-It-Yourself Dog Wash

By Amber Polo

Pam Wood and Megan Merz brought do-it-yourself dog washing to the Verde Valley in March. Their shop is perfect for owners of dogs of all sizes who want an affordable way to wash their own dogs without the backache and clean-up.

Megan and Pam came to Cottonwood from Lincoln, Nebraska where they used a self-serve dog wash for their big furry dogs: Barkley, an eight-year-old Old English Sheepdog, and Ruba, a ten-year-old Newfoundland. Both dogs are big, mellow, and covered with lots of hair. Disappointed not to find a dog wash in this area – they opened Just Got Scrubbed!



## Barkley's Story

Barkley, our June-July cover dog, was rescued by Megan when, shortly after her first Sheepdog passed over the Rainbow Bridge, she got a call from a friend at their local Nebraska animal shelter. Megan was told the shelter had an animal that might be an Old English Sheepdog - or possibly a very dirty, matted sheep.

Luckily for Megan, Barkley, cleaned up, was revealed to be a young Sheepdog ready to give her lots of love.

## Why Use a Self Serve Dog Wash?

Just Got Scrubbed's bright open space is easy on the dogs and easy on their owners. Use one of the six tubs to wash small, medium, or large. Use the Drying - Grooming Room. Walk out with a clean, dry dog and leave the mess behind.

Even short-haired dogs need a quick clean-up after a hike. RV travelers' dogs need have a place for a tub bath. Hikers can stop to get the red rock dust out of their dog's coat. Some dogs need a clean-up between groomings. Or an emergency bath after an unexpected confrontation with a skunk.

## How DIY Dog Washing Works

Pam and Megan designed custom steel bath tubs, hoses, and shower curtains for the washing. They built stairs to make it easy for dogs to walk

up into the tubs and on to the slip proof mats. Dogs are then at easy heights for the owner to do the washing without bending.

Bring your own shampoo and conditioner or choose one of theirs for \$2.00. Select from Dirty Dog with deodorizer, Itchy-N-Scratchy, Bug-B-Gone, White Lightening to brighten, or Just Got Skunked to soap up in the 98 degree water. Then borrow an apron and use their water hoses and sprayers to make for fast, thorough washing and rinsing.

Owners don't have to lift squirmy dogs in and lift wet, slippery dogs out.

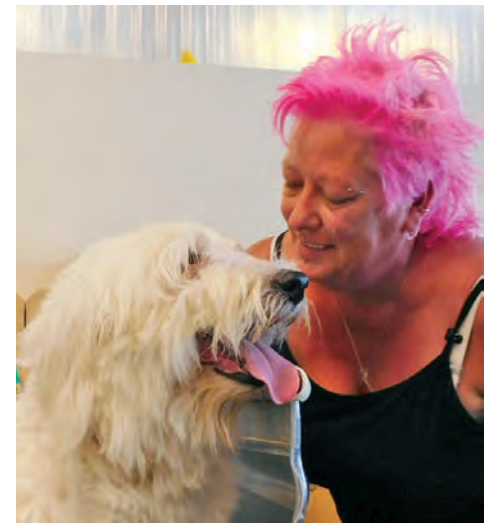
Use Just Got Scrubbed's towels for in-tub drying and then walk your dog out of the tub and into the separate Drying – Grooming Room. Use more towels, the variable speed dryers, nail clippers, combs, and brushes. Or bring your own grooming tools. (Sorry, no electric clippers.) All do-it-yourself!

## Prices

- Small dogs: up to 35 lbs. - \$14
- Medium: 35 -75 lbs. - \$16
- Large: over 75 lbs. - \$18
- Shampoo & conditioner \$2

So far Just Got Scrubbed is just for dogs, but may consider other pets. Pam and Megan want to make the experience as easy as possible, so if a pet is excitable, call first and they'll suggest a quiet time.

Plus, Pam and Megan donate coupons for one free wash to the Verde Valley Humane Society and Sedona Humane Society to give to new adopters.



Barkley & Megan Just Got Scrubbed



Barkley - Just Got Scrubbed

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Anasazi Veterinary Hospital  
Animal Guardian Network\*\* Not Public  
Camp Verde Auto/ CAASR  
Camp Verde Community Library  
Camp Verde Feeds & Country Store  
Camp Verde Marshal's Office  
Animal Control \*\* Not Public  
Camp Verde Parks & Rec Office  
Camp Verde Visitor Center  
Cliff Castle Casino - The Lodge  
Distant Drums RV Park  
Fort Verde Historic State Park  
Haven Health  
Hillside K9 Kennels  
Krazy K RV Park  
Melodee's Grooming  
Montezuma Vet Services  
Out of Africa  
Tamara's Nails to Tails Salon  
Thanks a Latte Espresso Café  
Trails End RV Park  
Verde River RV & Camping Resort  
Verde Valley Resale  
Vince's Autobody

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Verde Valley Humane Society  
Verde Valley Senior Center  
Verde Veterinary Hospital

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Big Foot BBQ  
Black Bart's RV Park  
Boot Barn  
Brookdale Senior Living  
CAL Ranch Stores  
Canyon Pet Hospital  
Cinder Hills Boarding Kennel  
Coconino Community College Library  
Coconino Humane Society  
Coconino Vet Clinic  
Continental Animal Wellness  
Dorothy's K-9 Grooming  
Drury Inn  
Dunkin' Donuts  
Flagstaff / C C C Library  
Flagstaff Chamber of Commerce  
Flagstaff Mall Information Kiosks  
Flagstaff Nissan Subaru  
Flagstaff Pulliam Airport  
Flagstaff Vision

Greer's Pine Shadows RV Park  
Grooming To Go Mobile Groomer  
HOMCO True Value  
J & H RV Park  
Kaibab Vet Clinic  
Kit Carson RV Park  
KOA Campground  
Late For The Train at Hospital  
Late For The Train Coffee- Flagstaff Hospital  
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PetSmart (Employee Lounge)  
Plan B Office /Wolf Week  
Poco Diablo Resort  
Rancho Sedona RV Park  
Redrock Precision Motors  
René at Tlaquepaque  
Sedona Airport  
Sedona Animal Clinic  
Sedona Paint Center  
Sedona Public Library  
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Red Rose Inspiration for Animals Thriftique  
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- ♥ \$75 a month pays for a spay surgery for an adult dog or cat. Think of all the litters of unwanted puppies and kittens that will be prevented because of your loving gift.



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[isabellaluskphotography.com](http://isabellaluskphotography.com)



# Boston

By Stacey Wittig



Boston is full of Americana.  
Photo by Martin Castro on Unsplash

Remember that old folk song, “Did he ever return? No, he never returned... he may ride forever ‘neath the streets of Boston, he’s the man who never returned.” The protest song laments the fate of poor ol’ Charlie who didn’t have the correct change for the subway exit fare. You may never return from Boston either after

you sample the local food and pet-friendly accommodations in this fun city.

Beantown’s canine culture is so embracing that you and your pooch can take your own ride ‘neath the streets of Boston. You and your sweet pup are able to ride The Massachusetts Bay Transportation Authority (MBTA), America’s first subway, during off-peak hours. Fido must be leashed, of course, and not take up a seat. However, don’t worry about sniffing out an exit plan – there are no longer subway exit fares. The subway makes it easy to get around to colonial landmarks and other attractions in the history-rich city.

I can’t think of a better way to experience the harbor town than aboard dog-friendly Boston Harbor Cruises. While waiting for your ship to come in, why not hang out at their dockside bar, The Landing. Named one of the “Best Outdoor Bars in Boston,” it serves up doggie bowls of water for your four-legged traveling companions.

Just be aware that dogs are not allowed on Codzilla, an adrenalin-fueled jetboat ride, nor are permitted on the Boston Harbor Islands. [www.bostonharborcruises.com](http://www.bostonharborcruises.com)



Dockside Dog.  
Photo by LisaMorales.com



Family-friendly means Doggies, too, at Boston Seaport.  
Courtesy of Boston Seaport

## Paw-ty Time

Meet others vacationing with their pooch pals at the many “Yappy Hours” around town. Dorchester Brewing Company, a local’s favorite, holds Yappy Hour the first Wednesday of every month through the summer. Check out Yappy Hour at the Boston Seaport, at Sea Green (a public open space) third Thursdays, June through September. Boston Seaport, a pet-friendly destination, has a dog park as well as Boston Children’s Museum, and L.L. Bean’s outdoor discovery program.



Pet-friendly Posh.  
Courtesy of Liberty Hotel Boston

The Liberty Hotel offers Yappier Hour where you can sip and socialize while your furry friends frolic in “The Yard,” an enclosed play area. The luxe hotel’s yappy hour happens Mondays and Wednesdays from May through October with the grand finale of the season, Halloween Canine Costume Contest.

## Unleash your taste buds

Unleash your taste buds on the local cuisine: clam chowder, lobster rolls, fried clams, baked beans and Boston Cream Pie. Pet-friendly restaurants with outdoor seating include Coppa, Gaslight Brasserie Du Coin and Tremont 647.

## They’ll be Begging to Come Back

Top dog accommodations include The Liberty Hotel Boston, call 877-411-3436 to confirm availability of pet-friendly rooms, and The Westin Copley Place, call 617-262-9600 for details. Both welcome two dogs per room.



Feeling glamorous at Westin Copley Place.  
Photo by LisaMorales.com

## Woof-Worthy Walk

Rose F. Kennedy Greenway Conservancy is a 1.5-mile long park that stretches through Chinatown, Financial District, Waterfront, and North End neighborhoods. The dog-friendly park features fountains, lawns and a rooftop garden installed above a highway tunnel. As always in public parks, keep your pets leashed and pick up after them. Print maps at [www.rosekennedygreenway.org](http://www.rosekennedygreenway.org)

*The Liberty Hotel Boston*  
<https://libertyhotel.com>

*The Westin Copley Place*  
<https://www.marriott.com/hotels/travel/boswi-the-westin-copley-place-boston>

# La Posada and Winslow, Arizona

By Amber Polo Photos by Daniel Lutzick

There's more to Winslow than Route 66 and Standin' on the Corner Park.

Winslow is the perfect close-to-home daytrip or getaway weekend. Take photos of Standin' on the Corner and visit the La Posada Hotel, part historic hotel and part art museum enclosed by botanical gardens and explore the museums and galleries in the Winslow Historic District.



Allan Affeldt & Tina Mion,  
Goya & Velazques

In 1997, Allan Affeldt and Tina Mion bought the building and property for \$158,000. Far from its original glory, it was to be demolished. Working with Daniel Lutzick It took 15 years of renovation to turn the building and gardens into a showplace for the art and architecture of the Southwest.

Although the entire hotel is a museum and art gallery, Tina Mion's large gallery is an eye-popping experience. Dan Lutzick While working on hotel renovations, began using industrial construction materials to create his art work, a collection of sculptures using plywood, roofing tar, corrugated tin, bailing wire, and rebar. To call Mion and Lutzick multimedia artists falls short of describing both artists' genre-defying work. I call the space an inspirational creativity generator and can't wait to return.

The former Babbitt Brothers department store is now the home and studio of Ann-Mary and Dan Lutzick. Dan has 4 dogs and 2 cats all found and adopted within two blocks of La Posada. Two of the dogs (Rhett and Rufus) were actually found as strays on the La Posada property. Dogs love La Posada.

Fred Harvey and the Santa Fe Railroad opened La Posada in 1930, staffed it with Harvey girls and welcomed iconic celebrities. La Posada closed in 1957 and the furniture auctioned off. Unable to find a buyer, Santa Fe gutted it and turned buildings into railroad offices and gardens into parking lots.

In 1997, Allan Affeldt and Tina Mion bought the building and

Northern Arizonians can drive to La Posada for breakfast, lunch, or dinner in La Posada's Turquoise Room and:

- Tour the La Posada galleries & arcades
- Take the walking tour
- Relax in the gardens
- Visit Winslow's museums & galleries

Winslow is the perfect close-to-home getaway weekend. Take photos of the Standin' on the Corner Park and visit SnowDrift Art Space.

While in Winslow also visit the Old Trails Museum where you will be greeted by the museum dog "Rafa" who was found at the nearby Standing on the Corner park.



La Posada Travel Amber



Goya and Velazques at La Posada

The original depot adjacent to La Posada is opening September 2019 by the Winslow Art Trust (WAT) as the Route 66 Art Museum featuring artists inspired by Route 66 and the Santa Fe Railroad. It will host the visitor center for James Turrell's famous lightscape project Roden Crater. Besides Fred Harvey and Mary Colter artifacts, you'll find the Hubbell Rug, the world's largest Navajo rug.

Then add the Plaza Hotel and Castaneda (another Harvey Hotel) in Las Vegas, New Mexico to your must-visit list.



Dan Lutzick & Khan

La Posada information and reservations:  
[www.laposada.org](http://www.laposada.org)  
928 289-4366

Well-behaved pets must register and pay an extra room charge.  
Turquoise Room Restaurant: 928 289-2888.

You and small pets can catch an Amtrak train, but need to purchase tickets online.

Winslow Chamber of Commerce: [www.winslowarizona.org](http://www.winslowarizona.org)

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- All dogs must be kept on a leash.
- All dog handlers must be 18 years or older and supervise dogs at all times.
- Owners are responsible for cleaning up after their dogs.



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# Cinnamon, The World Famous “Wet Cat”

By Amber Polo



In 1985 Carol Gandolfo took a photo of her cat Cinnamon—in a bathtub. She entered the photo in a contest sponsored by her company’s employee newsletter. She won.

Then she entered the same “Wet Cat” photo in a contest sponsored by *Petersen’s PHOTOgraphic* magazine. Cinnamon won the grand prize and his photo appeared

on the cover of the March 1987 issue. Cinnamon’s photo went viral in the 1980s version of “viral.” Soon Gandolfo received many requests for copies of the photo. She and her husband Rick made posters. And the rest is history.

Cinnamon’s wet furious expression captured the cat-loving world. Long before Grumpy Cat’s fame in 2012, Cinnamon was a viral sensation. Now, years later the internet is filled with wet cat photos and websites.

## Carol’s Tips for Photographing Cats

Carol’s abiding interest in people and animals—especially cats—has considerable influence on her art, helping her capture fleeting moments that reveal her subjects’ inner moods. She says, “The secret to taking good photos is to always be ready. While I don’t believe in letting my cats outside (too many dangers), they will go out under supervision. Daylight makes much better photos.”

Asked about her cats, Carol says, “Cinnamon was our first Persian and

became world famous.

Joshua came in 1998 and was famous in Sedona. We’ve had several Persians over the years. At one time six. Most of our Persians lived between 16 and 19 years.

She won photo contests not only with Cinnamon, but with Joshua, Gino, and Niko. Niko was a rescue Persian. Gino is still at home. He is only ten years old.



Recently two of Carol’s stories about Joshua in the Sedona art scene were published in “Chicken Soup for the Soul: Life Lessons from the Cat: 101 Tales of Family, Friendship and Fun” (2019). (See Book Reviews, p. 25)



Carol Gandolfo is a painter, photographer, and clinical psychologist. Currently she runs a company for the developmentally disabled. She still enjoys photographing her amazing cats as well as sculpting and painting, landscapes to portraits. The photo of Cinnamon is on display at Sedona Artist Market. She and her husband artist Rick Gandolfo own Gandolfo’s Art Studio and host artists and their workshops. She lives in Sedona with Rick and four cats.

*Gandolfo’s Art Studio*  
220 Goodrow Lane, Sedona  
[www.gandolfosartstudio.com](http://www.gandolfosartstudio.com)  
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# Inadvertent Rewarding

By Andy Lloyd

We humans have the inclination to pick our little dogs up when they bark, negotiate repeatedly to get a behavior we want and all number of human presentations that relay the message to our dogs they are doing exactly the perfect thing. After all, they are dogs and barking at other, whatever other may be, is perfectly normal, is one example.

Dogs will believe what they see you say not necessarily what they hear you say! Keep in mind that they do not understand what, "No Bark, Fido!" may actually mean unless you teach them.

If your dog is barking at the window consistently when anyone walks or drives by, he is doing a wonderful job alerting to an intruder. He will do so when you are home and most humans will join in with the fun by barking back, "Fido! Shut up! No Bark! Stop it!" Then we generally pick him up if he is small or off him to a confined area if he is large.

The neighbors complain because when you are away Fido barks constantly. And why shouldn't he! He is in charge now and must inform the world to stay away while he is on duty.

Dogs say one of two things to oncoming: Come here or Go away. They do this on walks, when guests come to the door, when anything passes by or many other situations. And we awkwardly attempt to stop the behavior we do not want.

So, what to do? The best place to begin is to decide what we really want from our four-legged companion. Do we want him to not bark at all, stop barking when we request or do we want him to sit quietly at the door when company enters?

There are many methods designed to stop barking from shock, sprays or offensive sounds. Consider the nature of the dog before applying methods that require direct punishment. Too often these methods cause a reverse of what we want by causing more reactive behavior. "Ouch! That hurt me," thinks Fido and he will soon associate that with what he was reacting to. Thus may become more reactive.

Continuing to use barking as an example, imagine Fido barking furiously at the window. Rather than asking him to stop you simply look out the window with him and say, "Good Bark!" You have now let him know you too see his concern and you have named the behavior. That loud noise he is making is called bark.

Very often a dog will look up a bit astonished that you acknowledged his concern and since most dogs understand the word good will often quit barking for an instant when you can quickly say, "Good No Bark." You have begun to communicate bark with no bark.

It is very important that a dog understand that you too see the thing that concerns them otherwise they believe we are pretty much nitwits because they clearly know there is reason for concern even if you clearly do not.



Once you have acknowledged to him that you are aware of the concern and he no longer need manage the situation, you present a subtle or obvious body block. This is when you interfere with his movement forward or visual focus. By doing so you say that whatever it is isn't his business, it is yours. You may need to move into him a bit to make your point. You will want to do so calmly and assertively. It is an unusual dog that does not respect this presentation from a human. A dog that is habituated in doing things his way may require repeated demonstrations.

This all sounds quite simple and it actually is if you are practiced in the presentation skills required. If you are not you may want to have someone video you or practice in front of a mirror. Remember, a dog will believe what he sees you say so stand upright, be calm and always follow through. This same behavior correction technique can be used in many areas of your dog's life: door dashing, lunging ahead on the leash, bouncing or barking at a guest, taking food too assertively, gazing too intently prior to aggression or reactivity and many other scenarios.

Of course, this is all much more doable if your dog has some basic obedience skills in place:

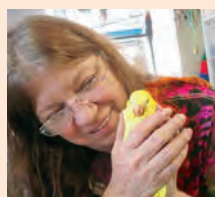
1. Watch Me – dog looks at you immediately when asked
2. Proper Walking – dog knows the difference between free leash time and close to you time
3. Sit, Down, Stay

If you decide to take on training these make sure you are having fun. Make your training times short, 5 to 10 minutes each for sit, down, stay - watch me often throughout the day – a minimum of one proper walk daily long or short.

You may want to look into the Flagstaff Sedona Dog archives for articles: Let's Talk Dog, The All-Important Body Block, Walking, Training Your Dog, Impulse Control and others.

Help Fido be the best he can be in this wacky human world we have invited dogs to be a part of. He will be as relieved as you are to trust that you manage his environment and he does not have to.

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# Love, Caymus: Roles of a Dog

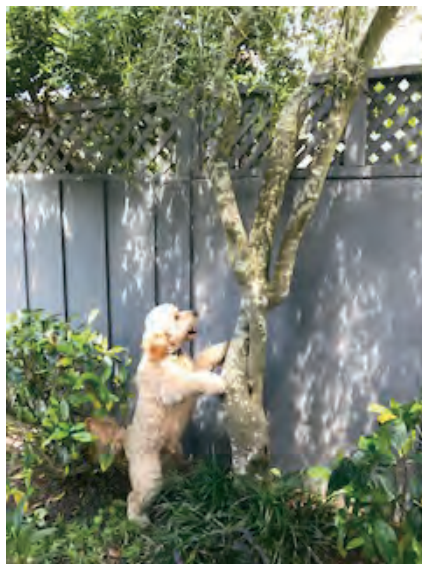
By Michelle Newlin



I understand that some humans think that being a dog is a pretty basic thing. They think all we do is sleep, wake up, stretch, eat, go to the bathroom, go for walks, play, protect and repeat! However, I don't think they fully understand that there is more to being a dog than what I have just listed. We have many roles in our human's lives and I feel that I need to point them out.

Our main role is to provide relationships to those in our lives! I feel that the most important relationship any dog will ever have in his or her lifetime is with their family. My family is absolutely in love with me and I completely adore them and we are emotionally bonded. The human and animal bond is very real from both parties involved as it is a mutually beneficial relationship between our humans and us. The power of this bond has a lot of beneficial physiological and psychological outcomes for my family and I. The companionship and support that I get from them will help me live a longer and healthier life. I am considered a valued family member and I love that!

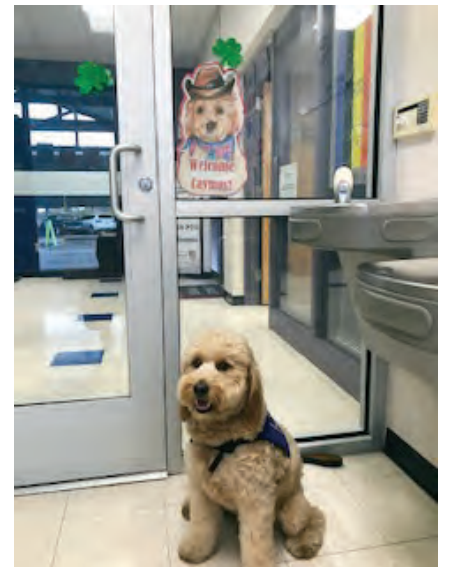
Another role is "Doctor Dog"! I know when my family spends quality time with me I can have a positive impact on their mood and their health as I can be a calming stress-fighter. (Unless, I'm chasing after a chipmunk, squirrel, duck or lizard!) I also help with my family having a healthier heart. They take me for a walk everyday and this helps lower their blood pressure and gets the 'ole ticker going. I like it, too because it keeps me in shape after indulging in a little more dog treats than I should. We run around the house as they chase me with a ball in my mouth. They throw a ball and I chase it. We all get more exercise in our day because of me. You're welcome!



All of us dogs are pretty good as a "Social Magnet" and I love this

role! I help my family connect with people that they normally would not connect with. When we are out and about I'm always hearing my mom or dad saying things like, "Yes, he's a Goldendoodle.", "I know, he is really cute!", "Sure, you can pet him.", "Yes, he's full grown as he's a medium Doodle at 40 pounds.", "Caymus, like the wine not Cayman like the island." I think when people see me out with my family, they feel more comfortable talking to my mom and dad because it's an acceptable interaction that otherwise wouldn't be possible.

One special role that some of my canine buddies have are providing service and support. There are three different types of roles that we can do to provide therapeutic services and support. The first one is Assistance or Service Dogs that are individually trained to do work or perform tasks for people with disabilities. These dogs are considered working dogs and not pets. The work or task a dog has been trained to provide must be directly related to the person's disability.



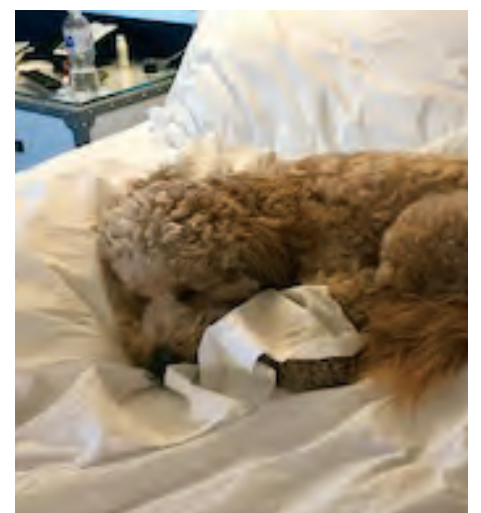
The second role is and Emotional Support Animal. These dogs are also referred to as a comfort animal. An ESA must be prescribed by a doctor stating that the individual has an impairment that substantially limits one of more major life activities. I'm actually my mom's ESA because she is very claustrophobic and has panic and anxiety attacks flying on a

plane. So, I travel with her and my comfort helps her not want to run off the plane and knock everybody down!

The third role is a Therapy Dog. These dogs provide comfort and affection to various members of the public to include, but not limited to, hospitals, schools, work place, retirement homes, hospice and more. My mom and I are a registered pet therapy team and I love being able to bring comfort to those who need it!

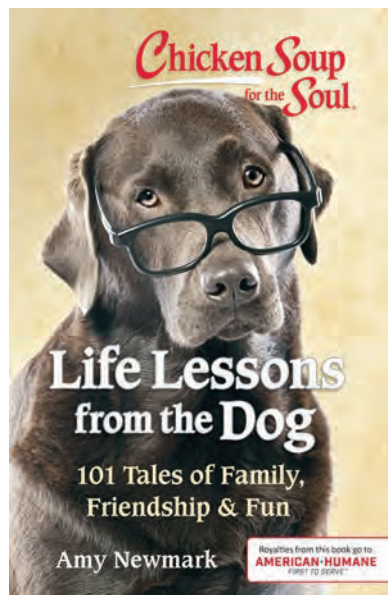
You see...we dogs do a lot more for our human counterparts than sleep, eat and play. And, I just touched the tip of the iceberg. We have many purposes for many different things...just like you!

Love,  
Caymus



SPECIAL FEATURE





## Chicken Soup for the Soul

**Chicken Soup for the Soul: Life Lessons from the Dog:  
101 Tales of Family, Friendship & Fun (2019)**

**Chicken Soup for the Soul: Life Lessons from the Cat:  
101 Tales of Family, Friendship & Fun (2019)**

Chicken Soup stories have been around for 26 years. Jack Canfield published the original “Chicken Soup for the Soul” book in 1993. Now there are 250 titles in print. All contain inspirational and aspirational true stories curated from ordinary people who’ve had extraordinary experiences. Most recent are the new books of cat and dog stories.

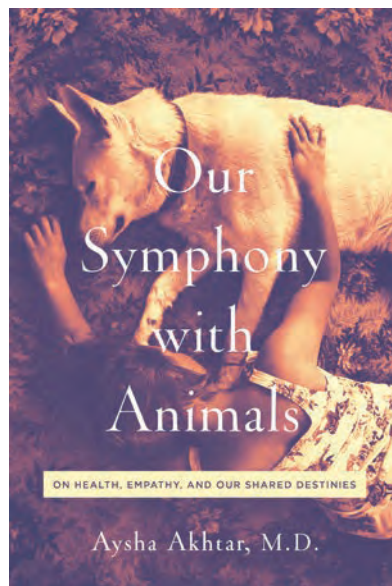
Each short story is written by a real person sharing their real story. One of those real people is Carol Gandolfo of Sedona. Out of over 1,000 submissions for the book, two of Carol’s stories were selected for “Chicken

Soup for the Soul Life Lessons from the Cat.” Of course, my favorite cat stories were Carol’s stories of Joshua and his leashed adventures in Sedona. In “Salesman Cat” Joshua convinces a father that his son needs a cat just like Joshua. And in “Littlest Art Critic” Joshua visits the Sedona art scene. For more about Carol Gandolfo and her cats see p. 21)

Chicken Soup for the Soul also makes chicken soup, pet food, and produces television programming.

Royalties from these two books go to American Humane, the country’s first national humane group founded in 1877. American Humane serves animals around the world, including zoos and aquariums as well as nearly a billion farm animals. It provides veterans with trained service dogs and helped with a clinical trial for the first substantiation of animal-assisted therapy for children with cancer. One of their best known programs is the “No Animals Were Harmed®” animals-in-entertainment certification which appears during end credits of films and TV shows and today monitors 1,000 productions yearly.

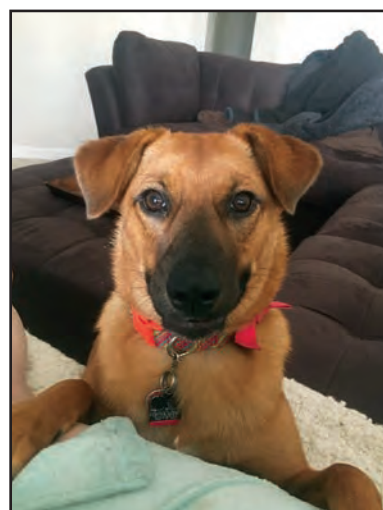
Together Chicken Soup for the Soul and American Humane have created “Humane Heroes,” a free series of eBooks for elementary through high school students containing stories of animal rescue, rehabilitation, and humane conservation. Download the free ebooks at [www.chickensoup.com/ah](http://www.chickensoup.com/ah)



Learn more about American Humane: [www.Americanhumane.org](http://www.Americanhumane.org)

**“Our Symphony with Animals: on Health, Empathy, and our Shared Destinies”  
by Aysha Akhtar, M.D. (2019)**

Dr. Akhtar (Board Certified in both Neurology and Preventative Medicine) combines science with story to tell why our relationships with animals matter. Using her own experiences as well as interviews with a former mobster and a serial killer, among others, she proves animals bring us together and that our abuse of animals is hurting us all. Through touching storytelling she demonstrates how humans are designed to empathize with animals and how that bond benefits our own health. Dr. Akhtar is a Lieutenant Commander in the U.S. Public Health Service and deploys to assist with national public health emergencies.



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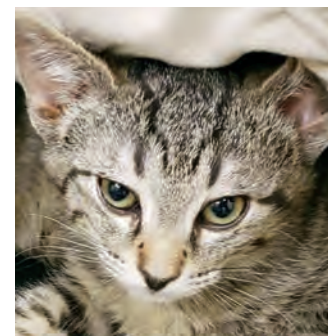


**PANTERA** is a stunning gentleman looking for his forever home. He is a medium sized cat, vaccinated neutered and litter trained. [www.verdevalleyhumanesociety.org](http://www.verdevalleyhumanesociety.org). 928-634-7387

**MIZU** is a shy, affectionate lass who likes to play. She is seeking a new home to call her own. She is spayed, vaccinated and litter trained. [www.verdevalleyhumanesociety.org](http://www.verdevalleyhumanesociety.org). 928-634-7387



My name is **PAPRIKA!** I take a minute to warm up to new people, but once I do I'm a wonderful young kitten! Like most kittens I love to play around and then cuddle up and take a nap after. If you take me home, I have no doubt I'll be brightening your day in no time <https://www.highcountryhumane.org> (928) 526-0742



**MEATBALL** This guy came in as a stray and is likely able to be socialized and find a home where he can be indoor or at least indoor/outdoor - where he can come INSIDE at night. He lived in the neighborhood behind Ace Hardware in West Sedona, but had no family to call his own. He is in good shape, good weight and likes to have his chin



**RIGATONI** came in as a stray and was badly injured. He was attacked by something and had a large injury on his belly. He was seen at a local clinic and was able to be saved! He has a large scar on his belly and was such a fighter through his recovery. He is still adjusting and getting more and more comfortable, but he is really coming around. He loves

scratched. He is very calm and like we mentioned scared - but is probably a brother to a cat we currently have - Rigatoni. He has grown up around other cats and is cat friendly. He is really scared in the shelter so we hope you will give him a chance and come to meet this lovable soul today! He is fully vetted and ready for a new home! We have noticed recently that Rigatoni & Meatball love each other and have decided to bond the two of them. Please take both kitties home when adopting them. They sure have been through a lot, we hope they find a loving home together - they deserve it! [www.humanesocietyofsedona.org](http://www.humanesocietyofsedona.org). (928) 282-4679.

to be pet and seeks affection from people when they go slow and pet him under the chin. He likes other cats and we think he is related to another cat, Meatball that we have. He really is a miracle and we hope you will open your heart and home to Rigatoni, please come and visit him today. We have noticed recently that Rigatoni & Meatball love each other and have decided to bond the two of them. Please take both kitties home when adopting them :). They sure have been through a lot, we hope they find a loving home together - they deserve it! [www.humanesocietyofsedona.org](http://www.humanesocietyofsedona.org). (928) 282-4679.

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# Calendar Of Events

## Yoga with Cats

August 1 @ 4:00 pm - 5:00 pm

**Humane Society of Sedona,**  
2115 Shelby Dr. Sedona, AZ 86336

Join us for Yoga with Cats! Do you love cats and yoga? Come experience the most unique yoga class in Sedona! While you are doing the downward facing dog pose...shelter cats will be roaming around to help you reach Zen. Join us on the first Thursday of each month at our shelter for Yoga with Cats. Call for questions or to pay for your ticket over the phone: 928-282-4679.

REGISTER & PAY ONLINE

## Sedona Hummingbird Festival

August 2nd, 3rd and 4th

Presentations, Marketplace, and on-site ticket sales will take place at:

**Sedona Performing Arts Center (SPAC)**  
located at the

**Sedona Red Rock High School**

995 Upper Red Rock Loop Road  
Sedona, AZ 86336

**"Birds & Blooms" Hummingbird Garden**

**Tours:** Each ticket valid for two days (Saturday and Sunday), permitting a self-guided garden visit at your own schedule one or both days. This allows you to visit the gardens and spend as much time as desired but still see lectures on the opposite day. You will take your paypal receipt and bring it to SPAC location where you will get a wristband and garden tour map to enjoy the gardens. You may pick them up anytime Fri/Sat/Sun after 8am. We are pleased to again have *Birds & Blooms Magazine* as a Platinum level corporate sponsor this year!

**Gala Banquet Celebration:** A delightful highlight of the 3-day event Saturday evening, with dinner and good times, including a special slide show.

**Banding Demonstration:** A tiny numbered band is attached to a hummingbird's leg so that its movements can be scientifically followed! You will never forget seeing tiny hummingbirds up close--and maybe even being chosen to release one after it is banded.

**Exhibits (free):** *The Hummingbird Marketplace* (exhibitors and vendors area), held in the lobby of the Sedona Performing Arts Center, with easy access to shopping opportunities for "everything hummingbird." No admission fee!

## Woof Down Lunch

August 3rd 10:00- 3:00

**United Animal Rescue Friends.**

**Yavapai County Courthouse Plaza.**

**Downtown Prescott.**

- People
- Lunch
- Pet Food Samples
- Adoptable Pets
- Live Music
- Demos
- Contests

## Volunteer Orientation – THURSDAY

August 15 @ 10:00 am - 12:00 pm

**Humane Society of Sedona**

2115 Shelby Dr. Sedona, AZ 86336

Join us for Volunteer Orientation! Volunteer Orientation is an overview of our history, philosophy and organization. Volunteers learn about the many opportunities available within our organization as well as how their time and efforts are transforming the lives of homeless animals. We ask for a \$15 donation for this class to cover the cost of the volunteer manual, name badge and t-shirt.

## Flagstaff Doggie Dash 5k

and 1k Kids' Run

August 31st

This is a family friendly event with a free kids' race for children 9 years and younger, a 5k race for humans 10 years and up AND their four-legged friends with post race dog adoptions made possible by High Country Humane. We will be donating 60% of all proceeds from race registration and t-shirt sales and 100% of all donations to High Country Humane so let's raise as much as possible for our furry best friends!

**REGISTRATION:**

1k Kids' Race:

- FREE for kids 9 and under

5k Runner (Ages 10 and up):

- \$20 - Early Bird Pricing - now - May 31st
- \$25 - June 1st - August 30th
- \$30 - Day of Event (8/31)

5k Runner + Dog:

- \$25 - Early Bird Pricing - now - May 31st
- \$30 - June 1st - August 30th
- \$35 - Day of Event (8/31)

**Registration Includes:**

Pair of sunglasses for runners and a limited edition Trail Dawgz dog bandana for your pooch when you register as a 5k Runner and/or 5k Runner + Dog.

\*T-shirts will be optional at checkout and can be purchased for an additional \$10. Race shirts are guaranteed on race day if ordered by 8/15.

**Register Here:**

<https://trailgangstaz.wixsite.com/flagstaffdoggiedash/copy-of-race-info>

## Place Your Pet Services Ad Here!

Increase your Pet Clientele  
Grow your Business!  
Help Customers Find You!

Contact us to advertise.

[Elaine@FlagstaffSedonaDog.com](mailto:Elaine@FlagstaffSedonaDog.com)

Elaine (480) 717-9877

Amber (928) 254-0815

## Dogs and dog lovers are invited to the 2nd Annual WagFest & Fair!

- Saturday, September 21st
- 9:00 a.m. - 12:00 p.m.
- Posse Grounds Pavilion
- FREE

WagFest & Fair is the perfect day out for dogs and their two-legged friends (owners/family). This canine resource event will feature booths where you can stop, shop and learn from the area's best dog-related product and service providers. Demonstrations and contests will be scheduled throughout the morning.

It's FREE, fun, and family-friendly!

For the safety of the dogs and owners, please observe the following rules:

- All dogs must be current on vaccinations.
- All dogs must be kept on a leash.
- All dog handlers must be 18 years or older and supervise dogs at all times.
- Owners are responsible for cleaning up after their dogs.

## ONGOING ADOPTIONS

### The Ark Cat Sanctuary

10800 E. Spring Valley Road  
Parks, AZ 86018

Phone: (928) 635-5909

### Circle L Ranch Animal Rescue & Sanctuary

On site by appointment.

Adoptions 2nd, 3rd, 4th Saturdays every month at Whiskers Barkery in Prescott 11am-2pm. Adoptions every Saturday at Pet Headquarters in Prescott Valley, 11am-2pm.

### Coconino Humane Association

Onsite Adoptions

3501 East Butler Avenue, Flagstaff

Hours: Mon-Fri 10:30am-5pm,  
Sat 10:30am-4pm.

Phone: (928) 526-1076

Offsite Dog Adoptions at  
Flagstaff PetSmart, Thurs-Mon -  
Cat adoptions 7 days/week

### Golden Bone Rescue & Rehab

Foster & forever homes needed

[goldenbonerescue.org](http://goldenbonerescue.org)

Phone: (928) 567-8994

### Humane Society of Sedona

Onsite Adoptions

2115 Shelby Drive, Sedona,

Phone: (928) 282-4679

Hours: 10am-4pm 7 days/week.

Offsite cat adoptions daily at  
Sedona PetSmart.

[humanesocietyofsedona.org](http://humanesocietyofsedona.org)

### Jerome Humane Society

Dog/Cat adoptions 2nd & 4th Saturdays every month 10am-2pm at Olsen's Grain, 1171 St. Rte. 89A, Clarkdale

### United Animal Friends

Dog Adoptions in Prescott: Saturdays 11am-2pm at Petco; First two Saturdays ea mo 11am-2pm at Whiskers Barkery; Sundays 12-3pm at Petco.

## Cat Adoptions in Prescott:

Saturdays 11am-2pm at Petco.

Monthly Meeting: First Thursday ea mo 12:30pm at Red Arrow Real Estate, 1107 E Gurley St., Prescott.

## Verde Valley Humane Society

Dog/Cat Onsite Adoptions

1520 W Mingus Ave., Cottonwood

Hours: Mon-Sat 10am-5pm

Phone: (928) 634-7387

Offsite Cat Adoptions:

## PetSen\$e Cottonwood Daily

Offsite Dog Adoptions:

Second Sunday every month

[VerdeValleyHumaneSociety.org](http://VerdeValleyHumaneSociety.org)

## SHOPPING TO BENEFIT ANIMALS

### DOGhouse Thrift Shop benefits Humane Society of the White Mountains

3002 W. White Mountain Blvd.,  
Lakeside (The old Hawkeye Feed Store).

Tues-Sat 10am-5pm.

First Monday every month

10am-5pm. (928) 368-2248.

### Humane Society Resale Store & Vintage Boutique benefits Humane Society of Central Arizona

510 W. Main St. in Payson.

Mon-Sat 9am-4pm.

### Paw Prints in the Village of Oak Creek. Benefits Humane Society of Sedona

6040 St. Route 179,

Village of Oak Creek.

Mon-Sat 9am - 5pm.

Closed Sun.

(Volunteers &  
donations appreciated.)

(928) 282-4635

### Paws West Thrift Shop benefits Humane Society of Sedona.

2081 W. Hwy 89A,

West Sedona

(next to Harkins).

Mon-Sat 9am-5pm.

Sun 12-4pm.

(928) 282-1287.

Donations and volunteers needed.

### Red Rose Thriftique benefits Red Rose Inspiration for Animals

41 Bell Rock Plaza,

Village of Oak Creek,

(928) 282-5278.

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Flagstaff (928) 522-6386

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Reliable Sedona Automotive  
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1425 W. State Highway 89A  
Sedona (928) 282-6621



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RV RESORTS**

Arizona Mountain Inn & Cabins  
Lake Mary Road, Flagstaff  
(928) 774-8959

Best Western Inn of Sedona  
1200 W. State Route 89A, Sedona  
(928) 282-3072

Best Western Pony Soldier Inn & Suites  
3030 E. Route 66, Flagstaff  
(928) 526-2388

Comfi Cottages of Flagstaff  
(888) 774-0731  
www.comficottages.com

Comfort Inn Camp Verde  
340 Goswick Way, Camp Verde  
(877) 477-8004

Days Inn and Suites  
3601 E. Lockett Road, Flagstaff  
(928) 527-1477  
El Portal Hotel  
95 Portal Lane, Sedona  
(800) 313-0017

Grant Historic Cottage  
In The Heart Of Downtown Flagstaff  
(928) 225-6850

Hilton Sedona Resort at Bell Rock  
Village of Oak Creek  
Hilton (928) 284-4040

La Quinta Inn  
2015 S Beulah Blvd Flagstaff, AZ  
(928) 556-8666  
Lo Lo Mai Springs Outdoor Resort  
Lo Lo Mai Rd, Cornville/Page Springs  
(928) 634-4700

Matterhorn Inn  
230 Apple Ave., Sedona  
(928) 282-7176

Poco Diablo Resort  
1752 St. Route 179, Sedona  
(928) 282-7333

Ramada Inn  
2350 E. Lucky Lane, Flagstaff  
(928) 779-3614

Rancho Sedona RV Park  
Bear Wallow Lane, Sedona  
Rancho Sedona (928) 282-7255

Sedona Real Inn & Suites  
95 Arroyo Pinon Dr., Sedona  
(928) 282-1414

Sky Ranch Lodge  
1105 Airport Road, Sedona  
(928) 282-6400

Verde River RV Resort & Cottages  
Horseshoe Bend Drive, Camp Verde  
(928) 202-3409

Verde Valley RV & Camping Resort  
Thousand Trails Rd, Cottonwood  
(928) 634-8158

**RESTAURANTS**

Altitudes Bar & Grill  
2 S Beaver St # 200, Flagstaff  
(928) 214-8218  
altitudesbarandgrill.com  
Hours: 11am-10pm

Blue Moon Café  
6101 Hwy 179, Village of Oak Creek  
(928) 282-1831

Chocola Tree  
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(928) 282-2997

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Huge Dog Friendly Patio!  
Beautiful Farm-Inspired Grill • Full Bar  
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(928) 282-5670  
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(928) 282-9225

Secret Garden Café at Tlaquepaque  
336 SR179 #F101, Sedona  
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TC's Bar & Grill at Poco Diablo Resort  
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www.greenvalleyroastingcompany.com



On the South Side:

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Flagstaff, AZ 86001  
(928) 774-5326

On the East Side:

Toasted Owl Cafe  
5200 North Cortland Blvd  
Flagstaff, AZ 86004  
thetoastedowl.com  
Phone: (928) 526-0610



Mon - Thurs: 8am - 3pm  
Fri - Sun: 7:30am - 4pm

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Castle Rock Plaza, VOC  
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Healthy fun stuff for your pets

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Pet and Parent – Healthy and Fun!

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(928) 567-5555

Olsen's Grain  
Flagstaff (928) 522-0568  
2250 Steves Blvd.  
Clarkdale (928) 649-3900  
1171 W. Hwy. 89A

**PAW PRINTS THRIFT SHOP**

(benefits HSS)  
6040 Hwy 179,  
Village of Oak Creek  
(928) 284-4635



**PAWS WEST THRIFT SHOP**

(benefits HSS)  
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Suite 1, Sedona  
(928) 282-1287



Pawz On Main  
918 N. Main Street, Ste. B  
Cottonwood (928) 239-4538

PetSense  
Cottonwood Plaza  
Cottonwood (928) 649-0488

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Red Rose Art Shows  
benefit Animal Welfare  
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Sedona Hummingbird Gallery  
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Sedona Paint Center  
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(928) 203-9500

Silver Linings Thrift Shop  
(Verde Valley Caregivers Coalition  
Pets Count Too Program)  
345 Jordan Road in Uptown Sedona  
(928) 282-6851

**VVHS Lobby Thrift Shop for Pet Supplies**

(Sales benefit Verde Valley  
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Donations always accepted  
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# Northern Arizona Pet Resource Guide



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Medical • Dental • Surgical  
In-House Diagnostics • Urgent Care  
Digital X-Rays • Ultrasound

515 Airpark Road, Suite 109, Cottonwood  
(928) 649-VETS [8387]  
www.airparkanimalhospital.com



## ALPINE ANIMAL CLINIC

Monday-Friday by appointment only.  
Dr. Mac Kenzie, DVM & Dr. James, DVM

1066 W. HWY 66 Flagstaff, AZ  
(928) 774-9441  
www.alpineanimalflagstaff.com



## ANASAZI ANIMAL CLINIC

Wellness -Surgery -Dental-Digital X-Rays,  
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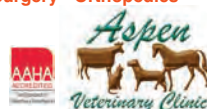
Gary Pollock, DVM  
407 W. Hwy 260, Camp Verde  
(928) 567-3807 www.anasazianimalclinic.com



## ASPEN VETERINARY CLINIC

Small and Large Animal Medical and Surgical Services • Endoscopy  
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www.cornvillepetclinic.com



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(928) 282-1195  
www.oakcreekclinic.com



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Open Weeknights 5pm-8am  
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www.nazpeteremergency.com

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In-House Diagnostics

Digital X-Rays - Acupuncture  
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Free training evaluation

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## Area Dog Park Listings

### FLAGSTAFF DOG PARKS

#### THORPE PARK

788 N. Thorpe Road,  
Flagstaff.

Park fenced, with nice pine trees,  
agility equipment, benches, and  
drinking fountains.



#### BUSHMASTER PARK

3150 N Alta Vista Dr, Flagstaff

### SEDONA DOG PARK

Turn north on  
Soldier's Pass Road  
off State Route 89A, Sedona.  
Park fenced, parking lot, shade  
structure, paver walkway and  
entry areas, canine and human  
water fountains, info kiosk and  
a "wild" area of native plants,  
shrubs.

(April 1st – Oct 1st 6am-8pm ,  
Oct. 1st – April 1st 7am – 7pm)



### COTTONWOOD DOG PARK AT RIVERFRONT PARK



Riverfront Park Drive &  
N. 10th St., Cottonwood.  
Park has 3 separate areas:  
large dogs, small/shy dogs,  
and a training area. Water fountains,  
trees, wading pool and bring a bag  
for waste. (Dawn to Dusk)

# Northern Arizona Pet Resource Guide



## BARK N' PURR PET CARE CENTER

**Boarding and Grooming  
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[www.BarkNPurrSedona.com](http://www.BarkNPurrSedona.com)



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Over 40 Years.**

**All Breeds Welcome!**

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(928) 774-5676



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**Grooming Small & Large Dogs**

**Serving the Verde Valley for over 25 years**

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Camp Verde Business Complex #18

Camp Verde (928) 592-3832



## WAGS AND WHISKERS PET RESORT

**Grooming Tuesday thru Saturday**

**Mention this ad for \$5 off grooming!**

1802 W. Kristy Ln, Ste 300, Flagstaff

[wagsflagstaff@gmail.com](mailto:wagsflagstaff@gmail.com) (928) 214-9324

[www.wagsandwhiskerspetresort.com](http://www.wagsandwhiskerspetresort.com)



## FEATHERS AND FUR PET SUPPLY & GROOMING

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Village of Oak Creek (928) 592-8860



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280 S. Main St, Suite A, Cottonwood

928-852-4008

[justgotscrubbed@gmail.com](mailto:justgotscrubbed@gmail.com)

<https://justgotscrubbed.com>



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## WAGS AND WHISKERS PET RESORT

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**Vet Administered Vaccines**

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Off Rt. 66 & Thompson (928) 214-9324

[www.wagsandwhiskerspetresort.com](http://www.wagsandwhiskerspetresort.com)



## PONDEROSA PET CREMATORY

**Serving Flagstaff and Northern Arizona**

**24 Hours, 7 Days a Week**

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(928) 774-5669 – (800) 508-2456

[www.ponderosapetcrematory.com](http://www.ponderosapetcrematory.com)



## DOGGIES ON THE GO AZ

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Insured and Bonded

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## PAMELA MARIE EDMUNDS

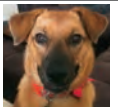
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Sedona • 928-282-2047 • [pamelaedmunds@earthlink.net](mailto:pamelaedmunds@earthlink.net)

[petdetectivesplus.com](http://petdetectivesplus.com) • [pamelamarieedmunds.com](http://pamelamarieedmunds.com)



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www.happytailsaz.org

Blackhat Humane Society  
blackhathumane@gmail.com  
(928) 245-3890

Breeder Release Adoption Service  
(719) 845-0120  
www.breederadoption.org

Circle L Ranch Animal Rescue  
& Sanctuary  
Prescott Valley (928) 273-7005  
www.circleL.org

Fedwell Farm Rescue  
Scottsdale (602) 316-8919  
www.fedwellfarm.com

Golden Bone Rescue  
& Rehab Center  
Sedona (928) 567-8994  
www.dogadoptionrescue.com

High Country Puppy Rescue  
Flagstaff (520) 977-5558  
www.highcountrypuppyrescue.org

Humane Society of the White Mtns.  
Lakeside (928) 368-5295  
www.hswm.org

Jerome Humane Society  
Appointments: (928) 639-1341  
www.jeromehumanesociety.com

Leo Feline Foundation  
Cornville (928) 301-5941  
www.leofelinefoundation.org

Lost Our Home Pet Foundation  
(602) 445-PETS [7387]  
www.lostourhome.org

Morning Starr Animal Sanctuary  
and Affordable Spay Neuter Clinic  
Cornville (928) 821-2420  
www.morningstarr.org

High Country Humane Society  
Flagstaff (928) 526-0742  
www.highcountryhumane.org

Raven Pines Dog Rescue  
Cordes Lakes, (602) 339-1797  
ravenpines@commspeed.net

Red Rose Inspiration  
For Animals  
Sedona (928) 282-5278  
www.redroseinspiration.org

Ruff Road Rescue  
(480) 459-1196  
www.ruffroadrescue.org

SAVE - Meant to Rescue  
Williams (928) 635-4726  
www.williamspetrescue.com

Tranquility Trail Animal Sanctuary  
Scottsdale  
www.tranquilitytrail.org

Tuba City Humane Society  
(928) 793-2364  
www.tubacityhumanesociety.org

United Animal Friends  
Prescott (928) 778-2924  
www.UnitedAnimalFriends.org

Yavapai Humane Society  
Prescott (928) 445-2666  
www.YavapaiHumane.org

**Breed Rescues**

**AIREDALE**  
Southwest Airedale Terrier Rescue  
Tucson (800) 688-1402  
www.swAiredaleRescue.org

**AKITA**  
Akita Advocates Relocation  
Team Arizona  
Glendale (602) 882-5482  
www.AkitaAdvocates.com

**AUSTRALIAN CATTLE DOG /  
HEELER**  
Arizona Cattle Dog Rescue  
Flagstaff (480) 442-ACDR [2237]  
www.ArizonaCattleDogRescue.org

New Hope Cattle Dogs  
Rescue & Rehoming Inc.  
Scottsdale (602) 690-8374  
www.NewHopeCattleDogs.com  
www.AZHealers.com

**AUSTRALIAN SHEPHERD**  
Amazing Aussies  
Lethal White Rescue  
Mesa  
www.AmazingAussies.com

**BASSET HOUND**  
Arizona Basset Hound Rescue  
Gilbert (866) 88-AZBHR  
www.azbassetrescue.com

**BEAGLE**  
Southern Arizona Beagle Rescue  
Tucson (520) 247-7720  
www.soazbeaglerescue.com

**BELGIAN MALINOIS**  
Saving Paws Rescue, AZ  
German Shepherd &  
Belgian Malinois Rescue  
Phoenix (480) 737-6089  
www.savingpawsrescueaz.com

**BERNESE MOUNTAIN DOG**  
Arizona Bernese Mountain  
Dog Rescue (480) 415-5008  
www.bernesemountain  
dogrescue.com

**BORDER COLLIE**  
Arizona Border Collie Rescue  
Tempe (520) 906-0669  
www.azbordercollierescue.com

**BOSTON TERRIER**  
Arizona Boston Terrier Rescue  
Scottsdale  
www.azbtrescue.org

**BOXER**  
Almost Home AZ Boxer Rescue  
(602) 332-1626  
almosthomeaz@gmail.com

Boxer Luv Rescue  
(602) 530-5671  
boxerluvrescue@gmail.com

**BRIARD**  
Briard Rescue and Haven  
(602) 228-2495  
briardrescue.com

**BRITTANY SPANIEL**  
National Brittany Rescue Arizona  
(602) 689-6152 – Mark  
(602) 501-1844 – Robin  
www.nbran.org

**BULLDOG**  
Bulldog Rescue of Arizona  
Mesa  
(480) 238-8383  
  
Almost Home Bulldog Rescue  
480-665-9524  
almosthomebulldogs@gmail.com

**CHIHUAHUA**  
Arizona Chihuahua Rescue  
Mesa (480) 844-2447  
www.AzChihuahuaRescue.org

Chiquita Chihuahua Rescue  
Small breeds and those with  
Special Needs  
(480) 299-4349

**COLLIE**  
Southwest Collie Rescue  
Gilbert (480) 507-7996  
www.nmcollierescue.com

**COCKER SPANIEL**  
AZ Cocker Rescue  
(602) 757-8225  
azcockerrescue.org

**CORGI**  
Arizona Cactus Corgi Rescue  
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www.azcactuscorgirescue.com

**DACHSHUND**  
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swdalrescue@gmail.com

**DOBERMAN**  
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Desert Harbor Doberman Rescue  
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www.azdoberescue.org

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www.vsgiantschnauzerrescue.org

**GOLDEN RETRIEVER**  
Arizona Golden Rescue  
Glendale  
(623) 566-WAGS [9247]  
www.arizonagoldenrescue.org

Chesapeake Bay Retrievers  
Relief and Rescue  
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marymartin@mail.cariacopa.gov  
Ann Scala: 480-316-4408  
crzydymond@gmail.com  
www.cbrrescue.org/cbrrescue/  
www.cbrrescue.org/cbrrescue/  
rescuers\_southwest.asp

**ARIZONA GOLDEN**  
Retriever Connection  
Scottsdale (602) 870-0037  
www.azgrc.org

Rescue a Golden of Arizona  
Phoenix  
(602) 494-WOOF [9663]  
www.Golden-Retriever.org

**GREAT DANE**  
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Mesa (602) 388-4370  
www.danehaveninc.com



Great Dane Rescue of AZ Alliance  
Phoenix  
www.greatdanerescueof  
azalliance.com

#### **GREAT PYRENES**

Arizona Great Pyrenees Association  
www.azpyrs.com

#### **GREYHOUND**

Greyhounds of Verde Valley  
Cottonwood (928) 634-7250  
www.greyhoundsverdevalley.org

Greyhound Pets of Arizona  
(877) 454-DOGS (3647)  
www.gpa-az.com

#### **IRISH WOLFHOUND**

Desert Irish Wolfhound Assn.  
Rehoming & Rescue  
(928) 821-6009 - Rehoming  
www.desertirishwolfhounds.org

#### **JACK RUSSELL TERRIER**

Jack Russell Rescue of Scottsdale  
Scottsdale  
www.jrtconnection.com

#### **LABRADOR RETRIEVER**

Arizona Labrador &  
Giant Breed Rescue  
Phoenix (602) 307-LABS  
www.azlabsandgiants.org

Desert Labrador Retriever Rescue  
Glendale  
www.dlrrphoenix.org

#### **MASTIFF**

AZ Mastiff Rescue  
Canine Rescue Coalition, Inc.  
Goodyear  
www.azmastiffrescue.com

#### **PIT BULL**

Pittie Me Rescue  
Gilbert  
www.pittiemerescue.org

Standing Proud Pit Bull Rescue  
(602) 791-5917  
www.standingproudpitbulls.org

#### **POODLE**

Arizona Poodle Rescue  
(602) 325-1585  
www.arizonapoodlerescue.org

#### **PUG**

Arizona Pug Adoption and  
Rescue Network (APARN)  
(480) 964-3126  
www.aparn.org

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Arizona Puggle Rescue, Inc.  
Tucson (520) 250-2034  
www.azpuggle.org

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Arizona Saint Bernard Rescue  
(480) 951-8495  
www.saintrescue.org

#### **SAMOYED**

AZ Samoyed Rescue  
azsammyrescue@yahoo.com

#### **SCHNAUZER**

Arizona Schnauzer Rescue, Inc.  
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www.azschnauzer.org

#### **SHAR PEI**

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www.peipeople.com

#### **SHETLAND SHEEPDOG**

Arizona Sheltie Rescue Inc.  
Gilbert (480) 507-7996  
www.azsheltierescue.com

#### **Mid-AZ Sheltie Rescue**

www.sheltierescueaz.com

#### **SIBERIAN HUSKY**

Arizona Siberian Husky Rescue  
& Adoption, Inc.  
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www.ashra.org

#### **Paw It Forward-AZ**

Husky Rescue  
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www.pawitforwardaz.weebly.com

#### **WEIMARANER**

AZ Weimaraner Rescue  
www.arizonaweimaranerrescue.com

#### **WEST HIGHLAND TERRIER**

Westie Rescue of Arizona  
(480) 488-5711  
sundustaz.com

#### **YORKSHIRE TERRIER**

Yorkshire Terrier Rescue  
www.yorkiefriendsrescue.com

#### **WOLF / WOLFDOG**

The Plan B Foundation  
Sedona (714) 478-0353  
www.planb.foundation

### **Equine Rescues and Shelters**

Arizona Equine  
Rescue Organization, Inc  
New River  
www.azequinerescue.org

Atlasta Home Horse Rescue  
Chino Valley (928) 642-2602  
www.atlastahome.org

Care for the Horses  
Sierra Vista (520) 559-2224  
www.careforthehorses.com

Equine Voices Rescue & Sanctuary  
Green Valley (520) 398-9312  
www.equinevoices.org

Healing Hearts Animal Rescue  
and Refuge  
New River (480) 279-5135  
www.healingheartsaz.org

Respect 4 Horses  
Prescott  
(928) 308-6718 or (928) 925-7212  
www.respect4horses.org  
Tierra Madre Horse Sanctuary  
Cave Creek (480) 469-9166  
www.tierramadrehorsesanctuary.org

Wildhorse Ranch Rescue  
Gilbert (866) 926-8007  
The Beastro Farm Yard -  
Chino Valley  
www.WildhorseRanchRescue.com

Yavapai Humane Society  
Equine Center  
3731 N Rd. 1 W, Chino Valley  
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yavapaihumane.org

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www.coconinohumane.org

#### **PARKS**

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Parks, AZ  
(928) 635-5909  
www.arkcatsanctuary.org

#### **PAYSON**

Humane Society of Central Arizona  
605 W. Wilson Ct., Payson, AZ 85541  
Payson (928) 474-5590  
www.HumaneSocietyCentralAZ.org

#### **SEDONA**

Humane Society of Sedona  
2115 Shelby Drive  
Sedona, AZ 86336  
Phone: (928) 282-4679  
www.humanesocietyofsedona.org

#### **VERDE VALLEY**

Animal Guardian Network  
Healing Ranch & Farm Sanctuary  
Camp Verde 602-568-5636  
www.animalguardiannetwork.org.

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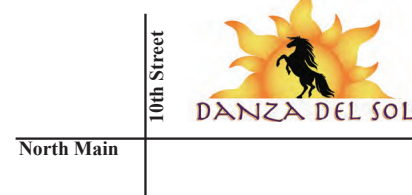
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# Dubi

By Ann Metlay

“It will be just your dog.” Joel did not respond. I added, “And you can name it.” I had in mind a little terrier or maybe a chihuahua. I needed company for the times Joel was with his father.

We headed to the pound. No little dogs were up for adoption. There was an exotic sounding breed and

a mutt. The exotic one could not be dragged out of his cell. The mutt entered our room reluctantly. Someone said “Sit.” The dog sat at my feet and licked me. How could I hold out for a little dog?

Joel, at 16, wanted to be seen as cool. Allowed to name his dog, he turned to my Hebrew name book and found the name Dubi. “Oh, Mom, the name means ‘my teddy bear.’ Doesn’t he look like a teddy bear?”

I’d been in Berkeley in the 60s. Doobies came into the picture in the late 70s, long after I left “the scene.” My credentials as a cool mother dropped considerably when I did not object to the name.

Dubi started out as a cute 50-pound black dog with gold feet and long ears. He quickly grew to over 100 pounds. Once he ran away from me in North Carolina. Hunters brought him back to me. “This is the best coonhound we’ve ever seen! Give ya’ \$500!”

Joel went off to college. The dog was totally mine. Dubi regularly ran six miles to Tyson’s Corner, a large shopping mall. I’d get home from work to find the message “Come get your dog!”

Friends who walked their dogs along the Potomac River three times a week offered to let Dubi come along while I worked. They reported, “We thought we had lost him after looking for him for 45 minutes. Then he ran up the trail, wet.” They found he’d run a five-mile loop, with a swim in the river.

I had Dubi for ten years. Ready to retire to Arizona, the moving van was packed. Dubi wouldn’t be happy in the one room I planned to rent in Cottonwood. What to do? I dropped Dubi with friends for his Potomac run. He ran his loop in his regular 45 minutes. I picked him up and, as I petted him, felt lumps under his skin.

Ann Metlay is an artist and writer known for ceramic assembles, sculpture, and words.

Ann shares her home with two doxies: Dodi, a beautiful redhead with an attitude and Baruch a totally sweet wire-haired rescue with PTSD. Find her at Metlay Art Studio, 423C South 6th Street, Cottonwood.

## Homecoming

I take my foot off the accelerator, steer down my long, straight driveway. From behind my house Dubi dances across the muddy grass. A whimper moves from his golden paws to his gold-tipped tail.

As I emerge from my steamy car, he selects this day’s perfect stick. In ritual rings, he dances around me, his stick the magic wand to free me of the turmoils of the day now over. He welcomes me to the perfect peace of Dubi’s home.

Ann Metlay

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