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December 2019/January 2020

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SPECIAL ISSUE

**GIVING, GIVING BACK,
GOING FORWARD**

How Your Donations Help

Animal Welfare Non-Profit Directory

Honshin, Tlaquepaque, & Cover Dog Floyd

Pet Safety during the Holiday Season



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Read the Page-Flipping Current Issue
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Find:

- Print Copy Locations on an Interactive Map
- Rescue & Adoption Group Listings
- Archived Issues
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Special Feature



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Welcome to this Special Issue "Giving, Giving Back, and Going Forward" featuring animal welfare groups in Flagstaff, Sedona, and the Verde Valley. We honor the work of their staff and volunteers and sincerely hope that during this season of giving you will find it in your heart to donate to help them help the animals who need help the most.

Inside you'll find information of a variety of groups and the work they do, stories of a few of the many people that support the groups, and suggestions for volunteers to make a difference.

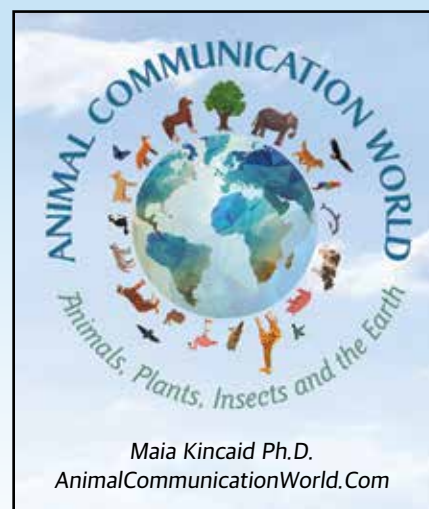
And in that spirit of love for all animals we dedicate this Special Issue to Elaine Rigden and her passion for supporting the bond between humans and animals.

Looking forward to 2020! I'm excited to welcome Cherie Dreves as the new Publisher of the Flagstaff-Sedona Dog. Cherie has worked to increase community awareness for several rescue groups around the Southwest. She is a writer, speaker, and idea generator with a passion for puppies of all ages. She is the owner and publisher of the Prescott Dog magazine.

When Elaine purchased the Flagstaff-Sedona Dog in 2018, Cherie became her mentor and together they planned to work together. Sadly, beginning with the February/March 2020 issue Cherie will now be moving forward without Elaine.

With Gratitude,
Amber

*From all of us at the Flagstaff-Sedona Dog
We wish you the Happiest of Holidays
And a New Year filled with Light and Love!*



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Camp Verde, AZ 86322

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Want to make a difference? Contact Cheryl at 480-414-2505 to find out more about volunteering.

To make a tax-deductible difference visit our website at animalguardiannetwork.org.

Your support makes our work possible.

Like us on  and follow us on 

How Your Donations Help

By Rebecca Poling

Did you know that “giving back” stimulates dopamine, a brain chemical that contributes to feelings of pleasures and satisfaction?

Donating can be every bit as empowering as volunteering and it helps solve community issues. According to The National Council of Nonprofits, “Nonprofits play a fundamental role in creating more equitable and thriving communities.” Your donations to a local shelter or rescue group have a direct impact on improving the lives of pets right in your community – not to mention helping the people who love them.

In order to be a nonprofit 501c3 organization, the IRS requires that 1/3 of income be from public contributions. Few local charities struggle with that requirement since many rely on donations for 50% to 100% of their annual budgets.

So, when your favorite local charity says they can't do what they do without your support, they are not exaggerating.

Common Misconceptions

There are a number of misconceptions about the need for donations to animal shelters and rescue groups. The two we hear most are, “Don't adoption fees cover the cover of caring for homeless pets?” and “Doesn't the City pay the animal shelter to take care of lost and homeless pets?” The answer to both is no.

In most cases, the cost of caring for a homeless pet far exceeds the adoption fee. Spay/neuter surgeries are not cheap, with local options running from \$100-\$300 per pet, plus the cost of vaccinations for rabies, disease-preventing vaccinations like FVRCP and DHLPP, deworming, flea and tick meds, food, shelter, grooming, supplies, bedding, and veterinary care for illness or injuries.

Most nonprofits receive no money from local, state or federal governments. Some nonprofits do have contracts to care for loose or stray pets from local cities and towns, but those contracts rarely pay more than the actual cost to house the animals for the minimum time required by state or local law – 3 days for pets without identification, or 5 to 7 days for pets with identification. municipal fees often don't cover the cost of veterinary care, spay or neuter, or treatment for non-life-threatening injury, illness, or needed dental care.

It all adds up, and with veterinary costs rising and more homeless pets staying longer in shelters and rescues, the shortfall between the cost of caring for homeless pets and the income from adoption fees will only grow in the years to come.

Ways to Give

There are lots of ways you can make a monetary donation to a local shelter or rescue. The simplest - write a check and drop it in the mail or go to the charity's website to charge your donation. You can even donate to many nonprofits via Facebook, or just call and ask to charge a donation over the phone.

Looking for a budget-friendly way to contribute? Consider automatic monthly donations from your checking or credit card. Recurring donations are easy on your pocketbook and enable the nonprofit to better predict future revenue.

If you're over 70 1/2 and required to make a distribution from your IRA, you may be able to direct that distribution to your favorite charity while taking advantage of favorable tax laws.

If you have a financial planner you rely on, ask them how best to contribute. They're familiar with all the ways to maximize your gift while taking advantage of tax benefits. You may want to talk to them about a legacy gift as well – designating some part of your estate as a donation to your favorite nonprofit.

There are even ways to give back while shopping – Amazon Smile and Chewy both have give-back programs for their customers, and grocery stores often link their reward cards to local nonprofits. One word of caution – always ask ahead of time how much is donated to charity. Don't purchase something just because a portion is donated. A direct gift to your favorite charity always has the greatest impact.

Giving back - whether by donating or volunteering – is the right thing to do. It can lower blood pressure, decrease depression, extend your life, and make you happier. For some giving back is a family tradition, while others are looking for a way to honor a friend or community member or create a memorial to a beloved person or pet who has passed on. One of my favorite quotes, loosely credited to Winston Churchill, is “You make a living by what you get; you make a life by what you give.”

Throughout this issue, you'll find profiles of a number of deserving local non-profits, along with links you can use to donate or find out more about them. Your support truly makes their work possible. Please consider a gift today.

Rebecca Poling has been in the animal welfare industry nearly two decades, working with private and municipal shelters, rescue groups and coalitions. She and her husband, and their cats, moved to the Verde Valley from Dallas 2-1/2 years ago and now help local non-profit organizations and small businesses with grants, events, fundraising, social media, web design, graphic design and advertising illustration. Find out more at www.HouseMountainCreative.com.

*"We make a living by what we get,
but we make a life by what we give"*

- WINSTON CHURCHILL





Animal Welfare Non-Profit Directory



Animal Guardian Network (AGN) is a nonprofit animal sanctuary founded in 2009, providing life-long care to domestic and farm animals that society has largely discarded and forgotten.

Operating much like an assisted living community, we refer to our animals as “residents” and our goal is to provide them

with high-quality individualized medical care, meaningful socialization, and enriching activities adapted to their unique special needs. While many wonderful organizations provide abused or neglected animals with short-term shelter and care before placing them in adoptive homes, we are different. Animal Guardian Network is a place where the most overlooked and forgotten animals—elderly, special needs, and hospice animals who were destined for euthanasia or slaughter and had little chance for adoption—come to live out the rest of their lives in a safe, loving, enriching sanctuary. Where a long life is not always possible, but a full one absolutely is. www.ANIMALGUARDIANNETWORK.org



The Ark Cat Sanctuary is a 501(c)(3) no-kill operation dedicated to the rescue, care, and placement of cats and kittens in “at-risk” situations. Our most critical operation is the medical rehabilitation of sick cats from public facilities where they might be euthanized. We bring these cats to the Ark

and nurse them to health so they can go to public and private adoption venues. We also work with other animal welfare organizations in the area to provide temporary refuge to cats and kittens during peak overpopulation times. People from all walks of life volunteer and contribute to the shelter. We welcome the opportunity to speak to other organizations to teach them about cats and about the problem of cat overpopulation. We get other people involved in dealing with this problem through proper care of their own cats, through spay and neuter education, and through trap-neuter-release programs for feral populations. Ark Cat Sanctuary, PO Box 30098, Flagstaff, AZ 86003 (928) 635-5909 <https://www.arkcatsanctuary.org/how-to-help/>



Central Arizona Animal Search & Rescue (CAASR) is. An all-volunteer group located in Camp Verde We offer search and rescue of lost pets. And rescue unwanted and disabled, or senior dogs in need. Volunteers cover their own expenses to perform the searches, distribute flyers, etc. CAASR provides money as available to help. <https://>

centralarizonaanimalsearchandrescuellc.com Contact Mitzie Christian 520-921-9974; PO Box 4394 Camp Verde, AZ 86322



Coconino Humane Association was founded in 1955 by a group of concerned and dedicated people to be a change in the way animals were being treated in our community. The first shelter was built with donations from

businesses, service organizations, and very dedicated individuals. In the early 1970s again with the help of residents, local businesses, and foundations, CHA constructed a new facility. Our mission is to operate a humane and caring shelter that will give aid to unwanted, abandoned, and mistreated animals in Flagstaff and across northern Arizona. It is our goal to investigate cruelty and take appropriate action, to disseminate information of humane treatment of animals, and wherever possible foster humane education throughout northern Arizona. We pride ourselves on being a voice for dogs, cats, and other domesticated animals in Coconino County. The Coconino Humane Association relies on donations from our community to help us care for animals! www.coconinohumane.org



Golden Bone Rescue and Rehab, Inc. is a volunteer-operated dog rescue serving the Verde Valley. We focus on helping pets stay in their homes through Emergency Medical Assistance or help with behavioral training. We maintain our Forever Foster program, as well as offer foster/rehoming of dogs in need. We provide life-saving veterinary medicine, but will also assist

with spay/neuter and vaccinations of those in our care. When we can't help directly, we connect people to other rescues and services that may be able to serve them, including spay/neuter programs, breed specific rescues, and assistance with Courtesy Posts in social media. We depend on grants and donations to continue our work. Thank you for helping us help them. www.goldenbonerescue.org, (928) 567-8994, P.O. Box 2547, Sedona, AZ, 86339



High Country Humane's mission is to provide the highest level of care possible and ensure the most desirable outcome for the companion animals in our shelter and to be of service to the people who love them. As the animal shelter for the residents of Coconino County and the City of Flagstaff, we will take in 2,500 animals this year including stray animals;

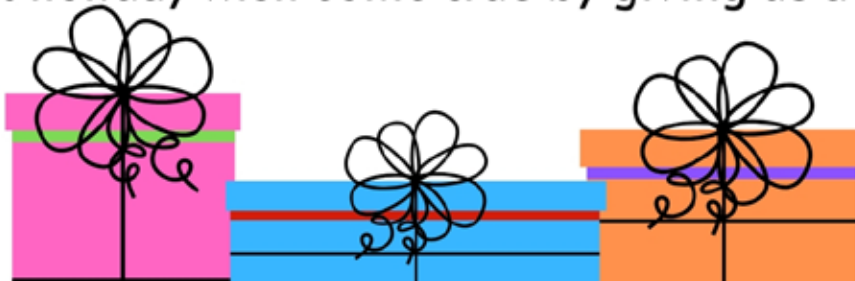
YOUR SUPPORT MAKES ALL THE DIFFERENCE!



HOLIDAY WISH LIST FROM THE ANIMALS

- ♥ Collect food, toys & bedding for us during our Holiday Drive for the Animals
- ♥ Donate on 12.3.19 Giving Tuesday at humanesocietyofsedona.org
- ♥ Visit us on 12.7.19 at the Shelter Open House and Bake Sale
- ♥ Make our biggest holiday wish come true by giving us a fur-ever home!

**MAKE THEIR WISHES
COME TRUE!**



**CALL FOR MORE
INFORMATION
928-282-6679**



*We will
miss you,
Elaine*



Everyone in the animal welfare world lost a great friend when we lost Elaine Ridgen. She was a tireless champion of the companion animals in our communities and focused her energy on supporting them, the people and rescue organizations who work so hard to help them, and the cause of animal welfare. Her compassion and dedication will be sorely missed!

If you are planning to make a donation to an animal welfare organization in our friend Elaine's memory, we hope you will consider donating to High Country Humane.



High Country Humane
11665 N. Hwy 89 • Flagstaff, AZ 86004
www.HighCountryHumane.org

family pets that have become lost; and animals who are surrendered by their owners.

Ours is the only shelter in northern Arizona that has an on-site clinic staffed by a full-time veterinarian and vet tech staff. With this clinic, we're able to provide emergency services, medical care, and spay/neuter surgeries. If you share our vision of elevated animal welfare and would like to support our efforts, please visit our website at www.HighCountryHumane.org/donate, or mail your check to High Country Humane, P. O. Box 942, Flagstaff, AZ 86002.



The Humane Society of Sedona (HSS) is a private, non-profit animal shelter which has served Sedona and the Verde Valley for over fifty years. Rescuing, caring for, and rehoming close to 1,000 dogs, cats, and small animals each year could not be done without the support of our donors, Volunteers, and staff. Our mission is to ensure that no healthy animal or animal with a treatable

behavior will ever be given up on. In order to do this, we need your help: as volunteers to walk dogs or socialize cats, supporting events or doing office work; donations of dog and cat food, bedding, towels or office supplies; and money to continue for the future. Call us at 928.282.4679 or visit our website www.humanesocietyofsedona.org to donate monthly, occasionally, or participate in our programs. Follow us on Facebook or visit us at 2115 Shelby Drive, West Sedona and adopt a new family member!



The Jerome Humane Society (JHS) was created in 1991 to address the sick and burgeoning feral cat population in the mining town of Jerome. Since then the feral cat population has been treated and rehomed and the clinic has turned to the treatment of Jerome's pets. All pets are treated regardless of ability to pay. JHS is primarily funded through donations and fundraisers. We recently completed another highly-successful JHS Brunch and Auction on the grounds of the beautiful Honeymoon Cottage. Our next event is the highly-anticipated Holiday Flea Market, Dec. 7-9 at Spook Hall. Most items are for sale on a donation-only basis. JHS community events and the clinic are developed and staffed by volunteers. Our veterinarian, Dr. Virginia Kennaway, drives up from



Phoenix each week to provide vet services at a discount. Find more information on JHS at www.jeromehumane.com and on Facebook. Donation buttons are available at both sites or write to JHS, PO Box 807, Jerome, Arizona 86331.



Morning Starr Animal Sanctuary.

For almost 19 years, our non-profit organization has, among many other things, rescued all types of animals, provided low or no-cost spays/neuters and educated

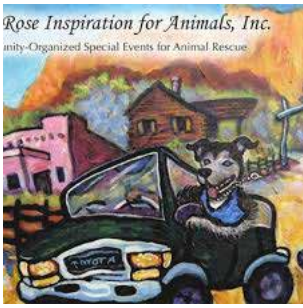
our local communities on the importance of spay/neuter. We began by housing animals from ferrets and bunnies to horses, goats and even an emu. From 2012 to 2018 our Spay/Neuter Clinic was able to assist or pay 100% of spay/neuter costs for over 1,300 dogs/cats. Our Mission remains — to conquer the serious issue of uncontrolled animal population. Our two new programs are The “Act of Kindness” for emergency medical treatment and the “Healthy Pet Project” for spay/neuter. Through grants and donations from our supporters, we can continue these worthwhile programs. Donate online at www.morningstarr.org. Mail: MSAS, PO Box 1363, Cornville, AZ 86325.



Northern Arizona Animal Welfare Coalition (NAAWC)

Our goal is to build and nurture existing animal welfare programs by offering opportunities for animal shelters, rescue groups, and sanctuaries to network, learn from each other, and participate in training, collective purchasing, professional development, and cooperative grant opportunities, as well as collaborate on projects and

programs designed by them and for them. NAAWC will provide peer support, encouragement, resources and recognition, while working to enhance the credibility and influence of animal welfare professionals and participating organizations across Northern Arizona. NAAWC and its members value integrity, education, compassion, quality of life, and the Five Freedoms. Participating organizations include: Verde Valley Humane Society, the Humane Society of Sedona, and Red Rose Inspiration for Animals. Community support for NAAWC is welcomed and donations may be made online on our website www.naawc.org



Red Rose Inspiration for Animals a small volunteer Sedona based 501(c)3 established in 2009. We are committed to spay and neuter. Animals left to reproduce are often abused, injured, neglected and euthanized as there are simply not enough homes. We focus on the whole community throughout the Verde Valley. General Spay and

Neuter, TNR Feral, Emergency Medical. We have spent a total of \$27,000.00 in 8 months. 90% of our money is raised through fundraising efforts. We do not receive city, county, or state funding. Fundraising: Red Rose Thriftique (2018 and 2019 voted "Best Boutique"), Red Rose Barkin Basement, West Sedona Art Shows, and Red Rose Yard Sales-Camp Verde. 100% of your donation goes directly to helping the animals, not administrative costs. Choose a program, future rehabilitation center, or spay and neuter clinic. Help by fostering, volunteering, donating, and shopping.www.redroseinspiration.org



Verde Valley Humane Society (VVHS) is dedicated to its mission to humanely provide for and protect unwanted, lost and abused animals; and to promote animal welfare through its policies and presence in the community. VVHS covers a huge area,

from Black Canyon City to Munds Park, including the Yavapai-Apache Nation and the VOC. In 2018 VVHS took in over 1400 animals. All animals, without exception, are spay/neutered and vaccinated. 90% of our intakes are unaltered. We are committed to social conscious shelter practices and a higher than national average of live release rates. Because of this, our animals stay longer and need more complicated medical care. VVHS is in critical need of medical funding for our animals and fosters to care for them while they recover. An average dental runs \$900 and a recent ACL tear cost us \$3000. We are committed to have no animal suffer, but without funding, we cannot always provide the medical care some animals need. To learn about the ways you can help and/or donate visit www.verdevalleyhumanesociety.org VVHS, 1520 W. Mingus Avenue, Cottonwood, AZ 86326.

Photos in this section courtesy of Kristy Meyers of Penny Lane Photography www.pennylanephotography.com

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We need you. They need you.
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October 31, 2019**



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Victoria Bresnan, Verde Valley Humane Society Board President

By Alice Klies



Victoria Bresnan, president of the Verde Valley Humane Society Board, has two major principles she lives by. Be kind and do the right things when no one is looking.

Victoria says, "Kindness is free and I taught my children to spread it around. I taught them to hold doors for others, invite all the children to your party, let people in traffic, if you see trash pick it up, check on older folks, don't let your door slam into a

parked car, pay for a military person's meal, and more. Being kind and expecting others should feel/think the same is probably my greatest asset and my greatest weakness. I continue to be naïve and am always shocked at people being unkind or not doing the right thing."

Victoria was born and raised in New York City one of five in a loud Italian family. Food was a big part of family life and gave her a love of cooking. With a father as a pastry chef, she learned to make a mean French Macaron! She met, Dan, the love of her, life at sixteen. They just celebrated their thirty-first anniversary... she still "likes" the guy! They are extremely proud of their three sons, men with strong foundations. Moving to Arizona in 2009, Victoria worked as a Sedona Police Department Dispatcher for eight years. She says, "I absolutely loved the work and the people. And I learned the ins and outs of the community."

Her family of dogs is an important part of her life. All are rescues: Ellie, a Golden Retriever, Meg, a Chi/King Cavalier mix, Tommy, a Doxie, and Daisy, a terrier mix. Loving animals, Victoria began volunteering at the Verde Valley Humane Society and then joined the VVHS board. Since then, she has fostered numerous cats, kittens, and special needs puppies. She has a soft spot in her heart for senior pets and those with disabilities, the very ones hardest to place in forever homes.



Victoria spends many hours a week at the shelter doing whatever she can to help, which may include transporting animals, cleaning kennels, doing laundry, or taking out the trash. "Being

on the front line helps me understand what VVHS is all about and gives me firsthand knowledge of what great things are happening and what is needed. And she finds time to make quilts for VVHS raffles!

"Of course, what we need most is money. Vet costs are skyrocketing. A simple dental procedure can run \$900 or more, an ACL tear costs close to \$3,000, and a tumor removal cost us \$800. The trend towards "no kill" means animals are often at the shelter longer, they cost us more, and require more care. And animals with severe behavior issues require training and care we are not always equipped to manage.



"We need fosters to take in pregnant and nursing mamas, and bottle-feed orphaned kittens. Sick, scared, and shy animals thrive in foster homes, making them more adoptable. A foster fail usually means one less person in the foster pool. So, we always need FOSTERS!"

Victoria emphasized volunteers are needed as dog walkers, cat socializers, and to work the front desk. She says, "We can always find things for a volunteer to do. We have volunteers who make phone calls and write thank you notes from home. There is something for everyone. We desperately need a handy person who is willing to do the shelter's "honey do" list. So many things need fixing!"

Verde Valley Humane Society

Victoria is passionate about the Verde Valley Humane Society. "Community support of VVHS is vital in the Verde Valley area. VVHS has the greatest responsibility of any animal welfare group in the area. We serve the towns of Clarkdale, Cottonwood, and Camp Verde, unincorporated Yavapai County (north of the mountains), and the Yavapai Apache Nation. I live in the Village of Oak Creek and most of my neighbors don't know that VVHS covers the VOC area.

"The majority of VVHS's funding comes from donations. Over 1,400 animals came into the shelter in 2018. We count on donations from animal lovers to continue to fulfill our mission. We have great plans for the future: low cost spay and neuter, expansion of our TNR program, education and training for pet owners, and support for a more conscious and loving treatment of all animals within our community. None of which can be done without the help of generous supporters."

Asked what she wants most, Victoria says "My dream is to one day know that no animal suffers, is cold, hungry, or unloved."

Verde Valley Humane Society
<https://verdevalleyhumanesociety.org/>

Alan and Linda Brecher: Donors and Dog Walkers

By Amber Polo

Alan and Linda Brecher of Sedona love animals. Zia, their beautiful rescue dog, now gets all the love at their home. But their caring reaches farther into the community to touch the lives of many dogs, cats, and people.

Humane Society of Sedona Benefactors

Both Alan and Linda served on the Humane Society of Sedona's Board of Directors for many years and continue to support HSS. Linda is a dedicated shelter dog walker and loves to see close up how the staff cares for and loves the animals that pass through the shelter to new homes.

Military Dog Statues

Combining their love of animals with their love of art, the Brechers have created lasting legacies to recognize military service dogs. They have contributed to two statues of military working dogs: one in Sedona and another in the Verde Valley.



Verde Valley Military Park Sculpture

In Sedona's Jack Jamesen Memorial Park the Brechers donated a statue depicting a German Shepherd in WW II gear. The dog stands guarding the memorial to veterans who have lived or are living in Sedona.

A second statue stands in Cottonwood's Verde Valley Military Service Park along with memorials to the five branches of service, Rosie the Riveters, and soon USO workers. Linda and Alan spearheaded the need to add the military dog sculpture to the park, interviewed sculptors, and worked with the Planning Committee. Alan and Linda's contribution ensured that K9s were recognized for their service to veterans and to our country.



Sedona Military Dog Statue - Alan Brecher, Linda Brecher, Terrie Frank, and Lena Toritc

The latest sculpture supported by the Brechers is a bronze K9 and police officer statue unveiled November 21 in the Sedona Police Department courtyard. Sculpture Neil Logan depicts, Dalan, Sedona's recently retired K9, along with former canine officer Lt. Stephanie Foley, dedicating both to honor the dogs and police officers who work with them.



Anne-Marie Kraus and Linda Brecher

The Lily Collection

Two years ago Linda Brecher and Anne-Marie Kraus enjoyed beading and creating beautiful jewelry. They loved animals and decided to share their time with a shelter dog from the Humane Society of Sedona. They chose Lily, a 10-year-old German Shepherd, to join their jewelry making. Lily was unhappy with shelter life and became depressed waiting for a new home. Day trips took her out of the shelter but were not enough. A sad photo of Lily brought her an adopter and a new life. Inspired by Lily, Linda and Anne-Marie continue to make jewelry, photograph shelter dogs wearing the jewelry, and sell pieces to benefit the HSS Emergency Medical Fund-100%. See the Lily Collection jewelry at both HSS Thrift Stores (Paw Prints and Paw Prints West) and PetSmart.



Lily Collection

Asked why they support groups that work for animals, Alan and Linda both respond that giving to animals is the most important part of their lives. Linda adds "Animals have no voice, so we have the responsibility to speak for them." They both agree that supporting animals also brings friendships with many good people.

Jennifer Brehler, Humane Society of Sedona Executive Director says, "The Humane Society of Sedona is incredibly grateful for the support, kindness and love Linda and Alan Brecher have shown us over the years. Their dedication, compassion and commitment to the safety and care of homeless animals is exceptional."

Jennifer Brehler Credits Battlefield Dogs for her Passion for Animal Welfare Work

by Jacqueline Vaughn

Two decades after Jennifer Brehler served in the Army and was deployed to Bosnia and Herzegovina-Croatia, the Executive Director of the Humane Society of Sedona (HSS) says she still thinks of the dogs that took refuge at her base camp living quarters.

“I collected food and other comfort items for them,” she says. “We even smuggled one dog into an abandoned building after she gave birth to four puppies when outside temperatures were below freezing.” Several soldiers tried to bring dogs back to the U.S. and ignored orders to dispose of the animals, which were considered vermin. Jennifer grew especially attached to one dog, but when she returned to base from an assignment, she learned that the dogs had been rounded up and killed. “In a country where there had already been so much death, we saw life and companionship in these dogs and to have that destroyed broke our spirits.”

Jennifer Brehler, who started in her current position on May 30th, may be one the only, former military intelligence analyst serving in a civilian animal welfare organization. The Michigan native has a bachelor’s degree in Humane Leadership from Duquesne University, and has held positions in animal welfare organizations in Michigan, North Carolina, and most recently, as San Diego Humane Society’s Senior Vice President and Chief Operating Officer.

Former HSS Executive Director Austin Gates encouraged her to apply and Jennifer welcomed the opportunity to move to an organization that she considered progressive, with a compassionate staff. The September Gala raised a record amount of money, but she quickly credits the hard work of an experienced team. During her first six months, she has preferred to defer to the board on some decisions while finding out more about what Sedona not only wants, but needs. Despite more than 20 years’ experience in animal welfare, she wants to get to know the community and staff before planning big changes or making big promises.

She and her husband have three dogs (two German Shepherds and a tiny senior Terrier blend), four cats (including a three-legged senior), and two parrots. All were homeless shelter animals, and like the Balkan dogs, she recognizes how they influenced her decision to work in animal welfare. Olive, a 30-year-old Patagonian Conure, has been with Brehler the longest. She met the parrot

in her first field job as part of a hoarding case where 27 exotic birds were living in a basement in stacked padlocked cages. The birds were malnourished, and since they had no perches, forced to stand in their own filth for years. “This was my first experience with prolonged cruelty like hoarding and it has stayed with me and inspired me to learn more about cruelty and neglect and to assist wherever possible.”



Jennifer Brehler

Brehler notes substantive changes in animal welfare since she first started. Shelters are euthanizing fewer animals, and spay and neuter programs have reduced the number of puppies and kittens born each year. Yet this means more pets with complex medical and behavior problems need homes. “Affordable veterinary care is a significant challenge across the country and often results in animals being surrendered to shelters for rehoming, placing the burden of medical costs on the already resource deficient shelters and/or new adoptive families. This why I support programs that address both medical and behavior concerns, not just for adopters, but more importantly, to help keep pets and people together before an animal enters a shelter.”

HSS’s medical and behavior intake includes a complete physical, vaccinations, spay and neuter surgery, and microchips if needed, and establishes an individual care plan. About 65 percent have medical conditions requiring more than basic care, the cost of which is borne by the Emergency Medical Fund.

Several of Brehler’s pets were injured, ill, or orphaned strays considered “unhealthy” by the organizations she worked with at the time, but she looked at each of them as an individual. “They remind me to always look for alternatives when faced with difficult decisions and to take a chance. We can do a disservice to the animals and adopters if we rigidly apply restrictions to adoptions without considering all opportunities.”

While her comments might not sound like someone who has come from a military background, they also sounds refreshing to community members who hope Brehler will bring a new leadership style to an organization that has known five executive directors in less than a decade. Having already faced an extraordinary level of staff turnover in her first six months on the job, Brehler’s approach may be just what HSS needs in the evolving animal welfare field.



BERT is an active, talkative little fellow. He walks well on leash, cuddly with humans and will need to meet any potential doggie siblings. Dachshund Mix Verde Valley

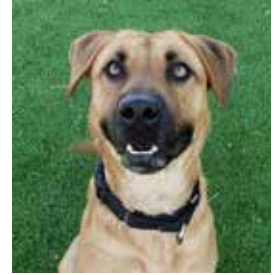
MARBLE is a fun, energetic puppy. He's sweet and playful and

likes other dogs but does have a rowdy play style. He loves belly rubs and chasing balls. Keep in mind that Marble is a young, very active dog when considering him for adoption. Young Male Labrador Retriever **Verde Valley Humane Society 928-634-7387**



ROSCOE I'm a goofy little guy! I love running and playing fetch, especially with my squeaky toys! I love chasing balls and going on walks! I love my people as much as my toys! I'm very loving and loyal once I get to know you. I do pretty well with other dogs, I would just want to meet them first! I'll bark at you in my kennel but that's just my way of saying hello! Give me a chance and I'll show you how good a boy I am., 2 year old Male German Shepherd Mix : Good With Children Microchipped, **High Country Humane 928-526-0742**

SOL - I'm Sol. I have lots of passion for life! I love being in the great outdoors but I'm just as happy on the couch as you read a book. I have pretty good manners and am working on learning more! I'm a super quick learner, especially if you have treats! I'm an adventurer and want to experience everything! I would love to go home with a person who feels the same! 5 year old Mixed Breed Female **High Country Humane 928-526-0742**



ROCKY is looking for his Adrian to spend his life with. Young Male Domestic Short Hair. **Verde Valley Humane Society 928-634-7387**

SKY PRINCESS

is a sweet gal who loves attention. She is a little afraid of dogs and will

cover when they are around. Domestic Long Hair Adult Female Medium House-trained. **Verde Valley Humane Society 928-634-7387**



HARRIET - I am a spunky, curious young lady. I love to explore my surroundings but also love to sit in a lap and get lots of attention. I'm currently one of the office mascots and supervise the work of my office mate by lying on the desk and taking notes. I would love for you to come and give me furever home for the holidays. 4 year old Female Domestic Longhair. **High Country Humane 928-526-0742**

Humane 928-526-0742

RUBY - I'm rambunctious with other dogs but calm down when I get to know them. Meet and greet required if there are other dogs in the home, I probably wouldn't be good in a home with cats. Cream Female Australian Cattle Dog/Mix, 3 year old. ADOPTION FEE WAIVED through Pay it Forward! **Coconino Humane Association 928-526-1076**



BEYA You guys have to come meet Miss Beya! She is the absolute sweetest young lady. She is very active for her age. Talk about a trail dog! Beya has done well with other dogs and is gentle and calm with children. Come meet our special girl today! She can't wait to go home with you. 10 year old Female Tan/White Pointer/Mix. **Humane Society of Sedona 928-282-4679**

CADABRA I'm Cadabra and before you ask I am not a rabbit. I can be a shy little guy at first but do warm up quickly. I enjoy my time out walking and playing in the big park here at the HSS I get along with other dogs but they can scare me a little bit at first so a nice slow introduction would be nice, Come down and meet me today before I Disappear. 3 year old Grey/Black Male Australian Cattle Dog/Mix **Humane Society of Sedona 928 282-4679**



DONNER -, 2 year old Tan/White Male Labrador Retriever /Mix **Coconino Humane Association 928-526-1076**



LOUIE & THYMUS recently came into the shelter together and are a bonded pair. These two male kitties are very sweet but shy. They need someone who is patient and willing to spend time with them. We think they will do great in a home, but need some time to adjust. If these two boys sound like a good fit for you, give them a chance in a loving home! 9 year old male Black/White Domestic Shorthair/Mix & 4 year old Male Orange/White Domestic Shorthair/Mix **Humane Society of Sedona 928 282-4679**



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ADDDPTIONS

Can't Adopt or Foster? Not Made of Money? 10 Other Ways You Can Help

by Jacqueline Vaughn

Your heart breaks when you see photographs of animals in need. You're already at your legal (or spousal) limit of dogs or cats. Fostering isn't an option because your pet wants your complete attention. You've maxed out your credit cards and there's no loose change left in the sofa cushions.

Even if you can't adopt, foster, volunteer regularly, or donate, there are many ways you can support your local animal shelter or rescue group. It just takes some creativity, some time, and a desire to make a difference.

#1 Socialize Pets. Shelter staff rely on volunteers to give the one-on-one time that can turn feral into friendly. Dog walkers are a key to dog socialization to get canines out of kennels and keep their need to sniff active. Some facilities allow you to just drop in when you have time to walk a dog, others have specific hours. (Sedona City Council member Bill Chisholm and his wife Kim both walk dogs for the Humane Society of Sedona—time they dedicate each week to an animal and to each other.) It's even easier for cats. Curious cats don't need fancy toys—a box makes for a great game of hide-and-seek. Shy felines might take a while, but just being around a human is a start. Pet kitties, throw a small wad of paper their way, or just to sit with them. Children can help socialize animals, too. Many shelters allow kids to read to a dog or cat from outside the kennel, an activity that benefits both the reader and the audience.

#2 Be a Jack (or Jackie) of All Trades. With some basic carpentry skills, you can whip up a carpet-covered cat tree with hidey holes and perches. Maybe you can repair just about anything: a broken latch on a crate, replace all the old light bulbs with LEDs. Many facilities that have a van or car could benefit from someone who knows when the oil needs changing, or tire air pressure adjusted. Facilities have the same problems we do—toilets, faucets, electrical outlets that don't work. Projects for handy retirees may be time sensitive, but may not require a regular commitment.

#3 Be Creative. If you're into arts and crafts, or graphic design, there are a myriad of ways you can help. While a wall-size mural might be more than you can handle, perhaps someone can start the design and you can find a team of painters to fill in the rest. Have you seen those bandanas or vests that read "Adopt me"? If you can sew, this would be a project you can do at home. Does your favorite rescue need a logo or a flier? Can you make animal balloons or do face painting for an event?

#4 Workout for Your Muscles. Many hands make light work of spreading gravel on a dog run, pulling weeds, and planting a bed of perennials, pressure washing sidewalks, and adding fencing. For more experienced volunteers, a roof may need patching, a skylight needs scrubbing, or agility equipment needs repainting? Find companies that encourage their employees to take on a community service project and may even pay for the supplies. Ask where you work, or your

service club. A Flagstaff Eagle Scout as part of his final project assisted a local shelter by building donation bins and soliciting pet food and supplies.

#5 Write & photograph. Ever wonder why so many shelters don't tell adoptees more about an animal in need of a home? Maybe no one has the time or expertise to write up more than "just the facts, ma'am" for a dog or cat profile. Or take a photo that doesn't make pets look like they're in jail cells. You don't need a professional setup to show a pet's personality. Hang up a solid color sheet, bring a few props (baskets for puppies or kittens, a seasonal toy) and find a wrangler to get the animal's attention while you use your cell phone camera. Use your writerly skills to create profiles for social media, a group's website, fliers, advertisements, and press releases that tell potential adopters that one dog likes belly rubs and playing fetch, while another just requires a short walk and a place to cuddle. Profiles help potential adopters make a perfect match.

#6 BE A GLEANER. No matter how small your community, there are resources that rescues and shelters can use if only someone would ask. Does a hotel or motel have used towels or excess cleaning supplies or equipment they no longer use? Can you talk to the manager of your local grocery store and ask if they would donate dented or recently expired cans of pet food, broken bags of dry food, cat litter, or treats? If you're a Craigslist watcher, can you look for items such as unwanted dog kennels or crates, fencing, bedding, or igloo doghouses? Discover a great deal for supplies, such as Wal-Mart sales on fleece blankets perfect for puppies and kittens? Have a tennis-playing friend who might donate used balls. One shelter received a supply of pee pads when a local medical center realized it had too many of the pads used on patient beds. That same shelter received Nitrile gloves when a doctor's office ordered too many. Who do you know, and how can they help? Check with your shelter first!

#7 Become a Transporter. Rescues and shelters need people with vehicles, small ones or vans or trucks, to get animals from point A to point B. Give a rescued pet a ride to a veterinarian's office to be spayed or neutered. Transport an animal to a community where chances of being adopted are better. In addition to working directly with your local shelter or rescue, there are opportunities to drive a "leg" of a relay transport passing through your community or state. Kindred Hearts Transport Connection is one of the largest transport groups, that move animals throughout the US and into Canada where they are rescued or adopted. Susan Sabala-Foreman, who retired from Northern Arizona University and lives in Mountainaire, often enlists her husband Dirch as her co-pilot on local transports they drive between Holbrook and Flagstaff or Flagstaff and Sedona. "Finding drivers willing to drive along the I-40 toward Holbrook is difficult," she says, "but the rewards of getting an animal to safety or a new home is well worth the miles."

#8 Celebrate in Style. Instead of getting more “stuff,” ask your friends to bring a gift of an item needed by a shelter or rescue to your party. Most groups post a “Wish List” on Amazon.com, their website, or Facebook page, so you can purchase exactly what they need and have it delivered. For children, consider how meaningful it might be to ask partygoers to bring a leash, collar, or cat toy instead of an item that will be broken or forgotten. The birthday child can help deliver the gifts to the shelter in person to see how they will be used. Before you invite food donations, ask the shelter what particular brands they prefer. For adult parties, ask your friends to celebrate with you by bringing paper towels, copy paper, jars of peanut butter or baby food, or puppy or kitten milk replacement. Then at your gathering, tell them how these items are used and how they will help.

#9 Laundry. Shelters and rescues need a lot of pet beds, towels, blankets, toys washed each day. Larger facilities use commercial washers and dryers, but it still takes work to sort, wash, dry, and again sort. It also takes detergent, bleach, and brooms and dustpans. And when a washer or dryer breaks down, the smell from day-old pee, poop, hairballs, and food is pretty overwhelming. Volunteer to help with the laundry (gloves recommended), or some facilities will welcome you to take a big load home. Pick up laundry supplies BOGO-one for your own household and one for the shelter or rescue.

#10 Use Technology. WoofTrax (www.wooftrax.com) is a way to walk a dog and raise funds at the same time. Download their free app onto your smart phone. Each time you walk for your selected organization with Wooftrax helps, the amount is based on the number of individuals walking at least once a week on their behalf. If you don't have a dog, use the WoofTrax app to walk a shelter dog, in memory of a dog, or choose the “Walk with (virtual dog) Cassie” option if you walk alone.

That's only ten! You can think of many, many more: Yard sales, bake sales, “percent of sales” days at a local business—there's no end to ideas. Talk with the shelter or rescue staff and ask what they need most and to be sure food and supplies fit their needs. Whether it's help at events or stuffing envelopes, it all matters.





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Flagstaff-Sedona Dog Cover Dogs – June/July 2018 through October/November 2019

Here are the cover dogs that graced the covers of the last nine issues of the Flagstaff Sedona Dog. Beautiful dogs and beautiful covers under the direction of Elaine Rigden.



Mr. June/July 2018

Pepe from Animal Guardian Network wears Doggles on his ATV pup ride. The 15-year-old Pomeranian is blind and requires medication and insulin monitoring for his diabetes. He lives at AGN's Healing River Ranch in Camp Verde.



Mr. August/September 2018

Turk, Bill and Debbie Johnson's Golden Retriever Service Dog, works at Cleaner Quicker Carwash in Sedona. He greets customers aided by Jake, the new dog in town.



Mr. October/November 2018

Pistol, a Corgi-Miniature Australian Shepherd mix, stars in his own TV show on DIY Network's Boomtown Builder.



Ms. December/January 2018/19

Happy Girl from Boxer Luv Rescue was photographed by Melissa Dunstan of Tangled Lilac, who photographs pets ready for adoption by local rescue groups.



Mr. February/March 2019

Kona, serves as "Big Brother" to the Apex Ambassador Pack that charmed attendees at Sedona Wolf Week (sponsored by the Apex Protection Project & Plan B to Save Wolves, dedicated to changing the way the world perceives wolves).



Mr. April/May 2019

Larry, the Boxer, works in the front office of Redrock Precision Motors, in Sedona, greeting customers and assisting Mike Newton.



Mr. June/July 2019

Barkley, the Old English Sheepdog from Just Got Scrubbed Do It Yourself Dog Wash in Cottonwood, is a lovable example of a clean well-groomed dog.



Mr. August/September 2019

Hercules, a Great Pyrenees, was Nadia Cailliou's dog and the inspiration for Golden Bone Rescue. He was photographed at Sedona's Red Rock Crossing.



Ms. October/November 2019

Treo is a Greyhound with only three legs, who doesn't remember having more. She was photographed with Clarkdale's iconic gazebo.

SPECIAL FEATURE

Gifts to Delight Your Pets from Golden Bone Pet Products

By Amber Polo

Giving to please your pets is one of the joys of having them in your life. Golden Bone Pet Products' owner Angela Windolph emphasizes, "Companion animals are family members and deserve the best we can provide for them." The store is eco-friendly, socially conscious, environmentally aware, and just plain FUN.

Golden Bone Pet Products was voted Best Pet Shop in Sedona for the 5th Year by Market Surveys of America. One visit will show you why. Find everything to delight the natural pet and pet parent. Discover unique gifts for pets and pet-loving friends that you won't find other places.

Some of the gifts include:

- Super-strong, fun and adorable toys
- Clever colorful cat toys and organic catnip
- Cute fashion-conscious and seasonal pet clothing
- Protective paw-wear for the hiking dog
- Beautiful comfy and locally made beds
- And so much more...

Tasty Trusted Treats – Every food product is carefully researched and selected for safety, ingredient sourcing, quality, palatability, and value.

Nadia Caillou's Fused Glass –A beautiful selection of handcrafted jewelry. A little history: In 2002 Angela Windolph and Nadia Caillou founded Golden Bone Rescue & Rehab, Inc. a non-profit dedicated to rescuing and rehabilitating abandoned, neglected, and abused animals and thoughtfully placing them in safe and loving foster and permanent homes. (For more see page xx) Nadia passed away in 2019 and the jewelry she made is sold as her legacy to support her dogs.

Now sharing the Golden Bone home is Golden Bone Wellness Center, Dr. Cinda Rajkovic's regenerative veterinary practice.

Bring in your new pet's adoption papers for 10% off your first purchase.

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Sedona bandanas



Cat Toys



Angela Windolph



Cat Beds



Nadia's Glass Jewelry



Donna and Tashi try out a bed

Oak Creek Small Animal Clinic Ribbon Cutting and Ice Cream Social



Oak Creek Small Animal Clinic

On November 8th Oak Creek Small Animal Clinic hosted an official Ribbon Cutting and Open House to celebrate their new building on Pinion Drive and Hwy 89A in West Sedona.

Dr. Jeannine Kinney, Marc Kinney, and their family and staff welcomed local dignitaries and lots of happy (human) clients. Attendees had the opportunity to tour 6 exam rooms (with stuffed animal models) and multiple dental tables. The facility also features an additional surgery room for specialists to do procedures at the same time as in-house procedures and humane society services, an outdoor therapy yard and a bereavement courtyard with private exit and a state of the art walk-in underwater treadmill (with a canine model) . Plus delicious ice cream and great views!



Walk-in underwater treadmill

Spay/Neuter Mobile Clinic

On October 19th, local volunteers from Northern Arizona Animal Welfare Coalition, the Midwestern University Shelter Medicine Team completed a marathon day providing free spay/neuter surgeries for NAAWC participating animal welfare organizations.

A dozen Midwestern University faculty veterinarians, interns and Shelter Medicine students brought the PetSmart Charities sponsored state of the art mobile veterinary clinic from Phoenix for the day. The Verde Valley Humane Society in Cottonwood played host. The NAAWC's mission was to assist local rescues and shelters by providing free spay/neuter surgeries and vaccinations, saving them hundreds of dollars that they can use to help more pets. Twenty seven pets were spayed or neutered that day. Participating organizations included Verde Valley Humane Society, Humane Society of Sedona, and Red Rose Inspiration for Animals.



Spay./Neuter Mobile Clinic

For more information on the Northern Arizona Animal Welfare Coalition, visit www.naawc.org .

SPECIAL FEATURE



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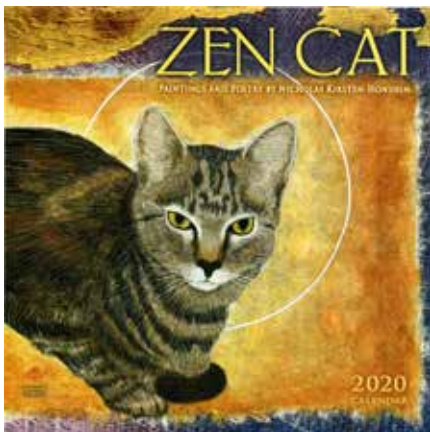
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Honshin's Zen Cat & Sahali

by Tom Vitron



Zen Cat Calendar 2020

“Zen Cat celebrates the oneness and compassion that is at the heart of Being.” Honshin (from the June entry of the 2020 Zen Cat calendar)

Long before Zen Cats became a much-loved part of his creative output, artist Nicholas Kirsten-Honshin (known as “Honshin”) crossed paths with the non-feline form of zen cats. During the rise of the 1950s

Beat movement, artists and intellectuals traveled the West Coast. Coffee shops were hubs for beatniks and musicians. Jazz artists were known as “cool cats.” When his father showed art at a coffee shop near the University of Washington, young Honshin received a close-up view of the counterculture.

Zen Buddhism arrived at West Coast coffee shops with Zen Master, D.T. Suzuki. “As transcendent thought came into fashion, it offered an alternative view to spirituality and reality,” explains Honshin. “And if you were studying Zen Buddhism and also playing your jazz, you were a Zen Cat!” The resonance of Zen Buddhism, helped to shape and guide him to this day.

A Zen Cat Story

In 1976, a feline Zen Cat entered Honshin’s life. While living in a studio house next to his art gallery and Zen garden in Seattle, a young person came to his door with a box kittens. Honshin chose a black and white tuxedo cat, only to find it was named Mr. Crowley. “I had just finished reading the autobiography of famed occultist, artist, and writer Aleister Crowley,” recalls Honshin. Not unlike his namesake, Mr. Crowley would also take a physical-turned-metaphysical journey.



Honshin with Purba

As the cat matured, it found its way into the Zen garden, sitting in the contemplative setting for hours. Inspiration and insight struck Honshin. “This is THE Zen Cat and I must paint it!”. Over a period of 24 years he produced 11 feline-centric works, and in 1996 painted Miss Kitty, his wife Krystal’s tuxedo cat, who jumped in his lap when he read Buddhist writings.

Honshin believes that because cats were in their natural state – lacking disconnection with nature as well as the physical and mental barriers of humans– they allowed him to understand the intelligence and the inter-connectedness of all living creatures. “I think animals are a lot more aware than us,” he explains. “I thought the cat was getting more of the sutras, and getting the sutras in their wholeness because the cat’s mind wasn’t wandering.” Krystal suggested turning the original 12 Zen Cat works into a calendar.



Sahali

When Honshin moved to Santa Fe in 1995, Mr. Crowley came along. One night, a full moon beckoned the cat outside. Despite the danger, Honshin let him out, only to see him fall victim to equally excited coyotes.

Soon after Honshin adopted a Pyrenees dog. This ancient and venerable shepherd’s companion took no guff from local coyotes, seemingly embodying the spirit of the cat, as he lorded over the property. Though named Sahali, people often called the dog by the cat’s name, Mr. Crowley! A large and powerful animal of a different species had also auspiciously entered Honshin’s life, taking over more than just the passed animal’s place in the family by echoing his predecessor’s mellow Zen of Being.

“Sitting silently, looking deeply, the beauty of transformation is revealed,” Honshin (April poem in the 2020 Zen Cat mini calendar.)

Find more about Honshin and the Zen Cat calendars on page 23.

We wish you a very Merry Christmas and Happy New Year!

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Photo courtesy Sedona Hummingbird Gallery

Honshin, Tlaquepaque, & Cover Dog Floyd

By Amber Polo



Floyd and Honshin and Wendy

to Wendy Lippmann, Tlaquepaque's Resident Partner & General Manager, to honor her beloved Floyd.

Cover Dog Floyd

Floyd (as in Pink Floyd, aka Scooby) is the famous mascot of Tlaquepaque Arts and Crafts Village.

Floyd has lived and come to work with Wendy Lippmann since he was 8 weeks old. At thirteen, he knows he's important to the running of the property of over 50 specialty shops and galleries and 5 restaurants. The big Golden Retriever attends all meetings, takes his place on the couch, and usually likes to "hold paw" with Wendy because touch is important to him. He sometimes sits on the balcony outside the office to watch his fans. Whether walking in the Tlaq courtyards or in Sedona he's greeted by locals and Sedona visitors who recognize him or just miss their dogs. He's social and comforting and appreciative of his fan club.



Floyd and Wendy Lippmann



Floyd with Princesses

Honshin and Krystal his wife and business partner in Honshin Fine Art located in the Tlaquepaque Arts and Crafts Village are proud supporters of the Humane Society of Sedona and its mission and a sponsor of their fundraising gala. At the 2019 Gala, Honshin bid against himself and won a gala auction item donated by the Flagstaff-Sedona Dog magazine -- the cover of this issue!

Then, in the true spirit of giving, they donated the cover

to Wendy Lippmann, Tlaquepaque's Resident Partner & General Manager, to honor her beloved Floyd.

Wendy says, "Floyd is smart like a person and helped train Pixie, a Golden who now is a service dog for an autistic child."

Honshin Galleries

Honshin and Krystal have two galleries in Tlaquepaque Arts and Crafts Village: the Gallery of Wholeness, Harmony and Radiance in the Plaza of the Bells and the

Gallery of the Ascending Spirit. Using painting, print-making, sculpture, jewelry, and poetry as tools, Honshin's intention is to communicate the unity of consciousness and life in all things in the Universe. The message is from a pure heart - reflected in the grace and humble honor of his painter's name "Honshin" which means the original mind is the heart. This revered name was bestowed on him by his father Daiensai Kuden Bonseki Dojin, a renowned artist and ordained Buddhist Priest, after the approval of two Zen Masters in Japan.

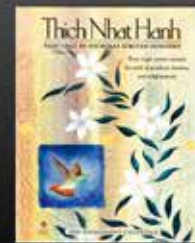
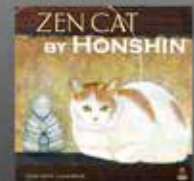
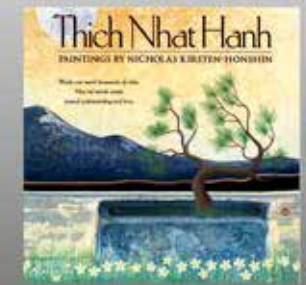
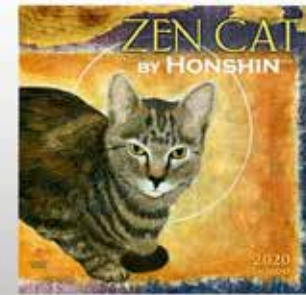
Honshin's annual Zen Cat calendars with his paintings and poetry have been best sellers for x years. He loves cats but no longer paints as many Zen Cats, partly because his inspiration flows from so many sources.

A true fusion of East and West, Honshin's art and poetry are a reflection of his experience with ancient Eastern spiritual practices and the philosophies of Christianity, Tibetan Buddhism, Zen Buddhism, and ancient Mesoamerican cultures. His work is a mythic amalgamation of ancient healing practices and present trends in spirituality, science and nature. He has received international acclaim for his work, which he sees as a mirror reflecting the true beauty and healing connectedness of all cultures.

Zen Cat Calendars at Honshin

Cat lovers, don't miss the First Friday in the Galleries at Honshin Galleries in Tlaquepaque. On January 3rd "The Return of The Zen Cats." 2020 is the 10th year for Zen Cats wall calendars and the 19th year for the Thich Nhat Hahn series of calendars and date books with Honshin images. A percentage of Zen Cat calendar sales are donated to the Humane Society of Sedona.

For more information about Honshin and his work, and other artists in his galleries, please visit www.HonshinFineArt.com or YouTube [HonshinFineArt](https://www.youtube.com/HonshinFineArt) or call the galleries at 928-282-5269.



CELEBRATING THE ARRIVAL OF HONSHIN'S 2020 CALENDAR SERIES ZEN CAT & THICH NHAT HAHN

4 Reasons Albuquerque Makes the Best Pet-Friendly Vacation

By Stacey Wittig

Albuquerque makes for some of the best woof-worthy vacations. Besides being only a five-hour road trip away, here are four other reasons you should put Albuquerque, New Mexico, on your travel list now:



Rose with her happy pooch Toby at Hotel Chaco.

1.) Luxurious Hotel Chaco Loves Dogs

This luxury hotel near Old Town Albuquerque not only welcomes your dogs but LOVES to meet and greet your four-legged traveling companions. Comfy dog beds and water bowls await your furry friends. Simply let **Hotel Chaco** know that you will be arriving with your pets, and they will have everything ready to make you all comfortable.

A dog-friendly park down the street, pet-welcoming dining at the fantastic Level 5 rooftop

bar and spacious guestrooms with comfy robes are part of the amenities. Sip New Mexico's favorite sparkling wine at the Gruet Bubble Bar while you chat with other dog-accompanied patrons watching the sunset from your rooftop perch. Only \$50 for one dog guest or \$75 for two. www.hotelchaco.com



Rosita hanging out at Level 5 Rooftop Bar at Hotel Chaco.

2.) Hang Out at a 'Breaking Bad' Film Location

Locals line up for the coffee, breakfast and lunch at the trendy **Grove Cafe & Market** in EDO – that's locals peak for "East Downtown," btw. The film set for 'Breaking Bad' is dog-friendly – on the patio, of course. You'll recognize the table where Lydia got her infamous Stevia packet... or was it Splenda? The café sources its food from growers and producers from Albuquerque and throughout New Mexico. www.thegrovecafemarket.com

3.) Eat Incredible New Mexican Cuisine and have a Bowser Beer with Your Pooch

Dine in one of **El Pinto's** intimate nooks and crannies at this large destination restaurant that serves traditional New Mexican food. You'll see local families gathering at long tables or other dog lovers enjoying margaritas on one of many dog-friendly patios. The restaurant situated on twelve acres of property includes the

most extensive tequila bar in southwest with 200 unique bottles. They buy Patron by the barrel, btw. Ask about a "Bowser Beer" for your four-legged drinking buddy. Owner John Thomas says,



Plenty of places to play around Albuquerque. Photo courtesy of VisitALB.org

"We're the only restaurant in the US that has laying hens on property." John, along with his twin brother Jim, bought the restaurant from their parents in 1994 and still use family recipes handed down from their grandmother Josephina Chavez-Griggs. If he's not back in the factory overseeing the restaurant's salsa production of 25 thousand jars per shift, he'll proudly show you photos of his dogs.

4.) Plenty of Doggy Day Care so You Can Ride Hot Air Balloons

Albuquerque has many highly-rated doggy daycare centers so you can take a ride in a hot air balloon knowing your furry friend will

be well cared for. Albuquerque is the home of the Albuquerque International Balloon Fiesta®, the world's largest hot air ballooning event. The largest city in New Mexico is the perfect place to plan a balloon ride because it has over 300 days per year of weather that is optimal for balloon flights. The area also boasts more resident balloonist than anywhere on earth. That's probably due to its unique weather phenomenon called "The Albuquerque Box," where low winds move in one direction, and the high-level winds move in another. The atmospheric anomaly enables balloon pilots to take off and land in the same place. You won't want to miss this chance at checking ballooning off your bucket list. We loved our adventure with **Rainbow Ryders Hot Air Balloon Company**. <https://rainbowryders.com>



Albuquerque is known for hot air ballooning. Photo by Stacey Wittig

Get more information about dog-gone fun Albuquerque vacations at www.visitalbuquerque.org

Like this article? Then follow travel writer Stacey Wittig at <https://UnstoppableStaceyTravel.com>

Tlaquepaque Arts & Shopping Village

By Amber Polo

Since the 1970s Tlaquepaque has provided a magical background for festivals, food, and fine art for locals and visitors to visit and revisit. Stroll streets and browse shops. Sit by the courtyard fountains. View the vibrant gardens. And inhale the mouth-watering aromas.

Modeled after an old Mexican village, Tlaquepaque is a unique experience, that appears far older than its years. Sycamores local and international artists and artisans.

Five Dog-Friendly Restaurants

Memorable food in unique atmospheres

- René of Tlaquepaque
- Oak Creek Brewery & Grill
- El Rincon Restaurante Mexicano
- Secret Garden Café
- Pump House Station Urban Eatery & Market

Plus Cream's hand made ice cream, Vino Zona wines, and the charming Chai Spot.

Galleries & Shops

Even the most dedicated shopper will need to work hard to visit more than 50 shops and galleries. In 2017 the addition of Tlaquepaque North increased the enticing shops.

Especially interest to animal lovers

- Rowe Galleries - Ken Rowe brings forth the inner life of local animals
- Mountain Trails - Western art and wildlife
- Renee Taylor Gallery
- Andrea Smith Gallery
- Honshin Fine Art

Shops for all Seasons

- Feliz Navidad Sedona
- Tlaquepaque Toy Town (Breyer Horses)
- Natural Wonders
- Showstoppers?

Visit any time, but don't miss one of the many festivals, shows, and events. One glorious favorite is The Festival of Lights which features On December 14th more than 6,000 luminaria will light courtyards and walkways following Tlaquepaque's 45-year tradition.

And if you're fortunate, you may meet Floyd, our cover dog.

Tlaquepaque Arts & Shopping Village

<https://www.tlaq.com/>

visitorinfo@tlaq.com

336 State Route 179, Sedona

Open daily 10:00AM-6:00PM

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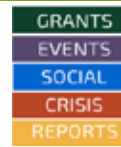
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To find issues of the Flagstaff-Sedona Dog, look on the Flagstaff-Sedona Dog website for locations all over Flagstaff, Sedona, and the Verde Valley. Try our interactive map to find a location near wherever you are! <https://www.flagstaffsedonadog.com/find-us/>



Flagstaff Call of the Wild - Plan B to Save Wolves

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BARK, BARK! NO BARK!

By Andy Lloyd

A very frequent complaint many homeowners or renters have is the nonstop barking that frequently happens any time someone passes the house, door or what seems to us as just because the dog wants to bark.

Keep in mind that barking indicates some concern. Often this is due to separation anxiety (Flagstaff Sedona Dog archives). Separation anxiety can be mild or extreme. It is best to manage it as soon as possible because all anxiety escalates if not overcome.

Often when someone adopts a dog that dog will become concerned when the new person leaves or perhaps they have already developed a habit of barking when anxious. Regardless of the reason the dog can learn what is expected and be helped to overcome the habit.

The trick for us humans is timing! We are often not quick enough in our response for the dog to understand or we unintentionally convey the message in a way the dog does not understand. (Flagstaff Sedona Dog archives Inadvertent Rewarding)

Take some time with your furry friend to learn what Bark means, to associate it with the sound he is making. He barks, you say GOOD BARK. Usually the dog will stop and immediately look at you and you say, "NO BARK" and reward with a yummy treat or something your particular dog thinks is wonderful.

You are capturing the bark so you can then manage it. This form of training is done with several unwanted behaviors and is a quick way to connect with your dog. Your dog thinks, "Oh he isn't stupid!! He sees it too!!! He is not just yelling with me or getting angry he really needs me to get on his side."

If you have followed this column, you will have read Let's Talk Dog and The All-Important Body Block. If not, there are several articles in the Flagstaff Sedona Dog archives to review.

The most important thing I can address to you is that your dog must be helped to understand what you expect of him. He is not a human and he will not relate as a human. Show him clearly. Make it your intention to help him understand what you expect.

An example of that is mentioned above regarding Bark and No Bark. Consider that your dog may be frightened when alone. He may feel the need to resource guard his surroundings. If he is frightened his bark will be saying, "Go Away." If he is resource guarding his bark will be saying the same thing. If he is lonely his bark will be saying, "Come Here or Someone, Anyone COME HERE!"

You must help him by firstly understanding what he is needing, wanting and saying.

Citronella Anti Bark Collars can be a great help and will not hurt the dog. However, they must be associated with the thing you wish to correct, like the bark. It is a non-toxic stinky bitter tasting hissing spray that dogs want to avoid. Unless they are too anxious and will

bark right through it.

Often simply using canned air can correct the issue and help the dog learn that it is this sound I am making that gets sprayed. This means that you leave the dog for 30 seconds and return. If no barking, praise. If barking say, "Eh, NO Bark" and leave for another 30 seconds or after you say, "No Bark" or even during the barking you spray with, "EH, NO Bark!!!" Slowly the amount of time you leave the room or home is lengthened. This is true even within the confines of a crate.

So, what about back yard barking? Generally if the dog has the freedom to bark in the yard then he may have more freedom than he can handle and you may have to manage that freedom so you can capture the bark. He is on a long lead or leashed. He barks, you acknowledge what he is barking at, you body block, you say, "No Bark".

If barking continues use the air spray, a can of citronella spray or perhaps an air horn.

I once called six dogs off a herd of antelope using an air horn. The dogs had learned that the air horn meant STOP WHATEVER YOU ARE DOING! They were too far off to hear me but they certainly heard the air horn and all six quickly returned to me.

Often when a dog is extremely excited, they are over their threshold point and simply cannot respond as they don't pick up on what is outside of their point of obsession.

All this is a lot to take in for an inexperienced handler. Please do consider though your dog's 'dogness' and not expect human species type of response or understanding. They deserve the chance to live in our wacky human world with all its strange boundaries and expectations. It is up to us to assist them to understand.

What works for Fido might not work for Rover. So respect the dog you are working with or as other's have stated, "Work with the dog in front of you." We owe them the responsibility of our assistance. After all, they would not be in existence if it were not for us.

Andy Lloyd owns Dandy Dawgs Training and instructs the classes for the Yavapai College Canine Care Programs. www.dandydawgs.com



Pet Safety during the Holiday Season

By Jenny Seiss, DVM, Westside Veterinary Clinic

There's nothing more scrumptious than gathering with friends and family for the holidays, but many of the ingredients in human fun can result in distress for furry family members. Certain goodies and décor can pose potential hazards. ASPCA poison control experts offer these essential tips keeping our pets safe during the holiday season.

Avoid Too Much of a Good Thing

While the holidays are a time for giving, there are some foods you should not share with your furry friends. A taste of mashed potatoes or a lick of pumpkin pie shouldn't pose a problem. However, alcoholic beverages, coffee, onions and garlic, fatty foods, yeast dough and macadamia nuts can all lead to stomach upset, diarrhea or even worse—an inflammatory condition of the pancreas known as pancreatitis. A special no-no is chocolate; which if ingested, in some cases, can lead to death. Beware of other sweets as they may contain Xylitol as a sweetener and can be toxic to pets. You may also want to skip sharing the turkey—poultry bones can splinter and cause blockages or perforations. If your celebration includes adult holiday beverages, be sure to place your unattended alcoholic drinks where pets cannot get to them. If ingested, your pet could become weak, extremely ill, or may even go into a coma depending on the quantity they get a hold of, which could possibly result in death from respiratory failure.

Put Medications Away

One of the most common holiday-related emergencies is the consumption of human pharmaceuticals. Make sure all medications are securely locked away. And be sure to tell your guests to keep their medications zipped up and packed away also.

That Holiday Glow

Don't leave lighted candles unattended. If pets knock candles over, they may burn themselves or cause a fire. Use appropriate candle holders placed on a stable surface. If you leave the room or go to bed, put the candle out!

Oh, Christmas Tree

Cats often see trees as fabulous climbing posts. Securely anchor your tree so it doesn't tip and fall, causing possible injury to your pet. Also keep in mind that tree water may contain fertilizers that can cause stomach upset if ingested; especially when you add solution to the water to prolong tree life. Stagnant tree water can also act as a breeding ground for bacteria, and, if ingested, a pet may suffer nausea, vomiting and diarrhea.

Go Tinsel-less

Kitties love this sparkly, light-catching "toy" that's easy to bat around and carry in their mouths. But a nibble can lead to a swallow, which can lead to an obstructed digestive tract, severe vomiting, dehydration and possible surgery. Brighten your boughs with something other than tinsel.

Decorations Can Be Dangerous

Holiday decorations such as breakable ornaments, string, ribbon and dreidels should be kept out of paws' reach. These traditional decorations can cause choking or severe intestinal problems if swallowed. All holiday light strands, loose wires, and electric cords can also pose serious dangers to your pet, especially puppies, who may chew on them.

Forgo the Flowers

Be careful with holiday floral arrangements. Lilies are commonly used this time of year and all varieties, including Tiger, Asian, Japanese Show, Stargazer and Casa Blanca can cause kidney failure in cats. In addition, common Yuletide plants such as mistletoe and holly berries can be potentially toxic. Holly, when ingested, can cause pets to suffer nausea, vomiting, and diarrhea. Mistletoe can cause gastrointestinal upset and cardiovascular problems. Safe alternatives include artificial flowers made from silk or plastic, which still need to be kept at a safe distance.

New Year's Noise

As you count down to the New Year, be alert to pet hazards such as noise-makers and confetti. Noise-makers can frighten your pets, causing them to bolt out an open door or window. Confetti, if ingested, can wreak havoc on the digestive tract. You may even want to consider giving your pets their own quiet space in a room that is away from all the chaos so they can feel safe.

Dr. Jenny Seiss started working at Westside Veterinary Clinic in 2008 as a veterinary technician. After finishing veterinary school at Western University of Health Sciences, Dr. Seiss to come "home" to Westside as a veterinarian. In March 2018, Dr. Seiss became the owner of the practice. She enjoys surgery, exotic animal practice, and wellness/disease prevention. She resides in Flagstaff with her husband, 4 dogs, 6 cats, and ball python.

SPECIAL FEATURE

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Let's go
for a ride!



Plan B to Save Wolves - Update on Wolfdog Rescue & 2019 Work

In 2018 Plan B to Save Wolves worked with rescues and partnered with many individuals and groups to rescue 185 wolf dogs in just over 2 months from the High Desert Wolves facility in northern California. Transporters, veterinarians, food suppliers and sanctuaries worked together until every single animal was rescued. Plan B is grateful to donors and to all who made this possible. They continue to work with some of the rescuers as the wolf dogs are rehabilitated and rehomed.

Plan B is now partnering with Eagle Tail Wolf Sanctuary in Tonapah, Arizona. Founder Kelly Reed came out of retirement to take the 46 remaining HDW wolf dogs. Plan B has “adopted” Eagle Tail and is making much needed repairs and improvements to the sanctuary, providing food and veterinary care, and planning for the future.

In addition they continue to help rescue individual wolf dogs in danger, provide veterinary care for ill and injured animals, and support and promote educational projects and awareness events. In 2019 Plan B played a vital role in the historical ruling when Arizona became the fourth state to ban killing contests, including all predators and fur bearers.

The Call of the Wild mural has begun its journey! This amazing participatory art for advocacy project is made up of individual wolf silhouettes. At each stop people write, draw, and paint their messages in support of wolves, wildlife, and saving the Endangered Species Act. After two events in Sedona the “wolves” traveled to Flagstaff and will continue on to Phoenix and Prescott, and ultimately to Washington DC.

Mark your calendars for the 4th Sedona Wolf Week Nov 10-15, 2020 at Poco Diablo Resort.

www.planb.foundation



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Calendar Of Events and Regional Shelters, Rescues, and Sanctuaries

SPECIAL EVENTS

Dec. 1, 11-3 **Bark N Wine Dog Friendly Wine Tasting** at Oak Creek Vineyards & Winery, Page Springs Road, Cornville. Wine tastings, small bites, adoptable pets, raffle, holiday cheer, Special Flights to benefit the Verde Valley Humane Society.

Dec 1; 1: 5:00 pm - **Paintin' Paws** Meow-Mimosa Bar and Beef Broth Pops! Painting classes, and pet adoptions. Proceeds benefit the Verde Valley Humane Society. Old Town Cottonwood Muse Gallery, (928) 634-0003

Dec 7 10-4; **Humane Society of Sedona Open House & Bake Sale.** Meet the animals and the shelter team; Holiday selfies, Kids can do a craft, Buy a gift from the Lily Collection. Homemade baked goods. 2115 Shelby Dr. Sedona.

Dec.7-9 **Jerome Humane Society Holiday "Name Your Price" Flea Market.** Spook Hall Jerome .

Dec. 14; 11-3 **Verde Valley Humane Society Open House & Bake Sale.** Meet Santa! Complementary cookies and Cocoa. Buy gifts at the Lobby Gift Shop. Tours of the Adoption Center. Verde Valley Humane Society, 1520 W. Mingus Avenue, Cottonwood.

ONGOING EVENTS

Sedona Yappy Hour Winter Hours – 9-10 am through March; Posse Grounds Park Sedona Parks & Recreation.

VVHS Volunteer Orientations Continues 2nd Thurs and Saturday of each month. Download application at www.verdevalleyhumanesociety.org/volunteer/ Questions call the Verde Valley Humane Society, 928 634-PETS or email MClark@VerdeValleyHumaneSociety.org

HSS Volunteer Orientations Thursday December 12 - 10:00 -12:00, and December 14 10:00 12:00 pm. Learn about volunteer opportunities. A \$15 donation covers the cost of the manual, name badge, and t-shirt. Complete the volunteer application on the HSS website and select the date you would attend. Questions contact Sarah Porter at sporter@humanesocietyofsedona.org or call (928) 282-4679

Yoga with Cats - Continues the first Thursday of each month 4:00-5:00 pm. Experience the most unique yoga class in Sedona! Shelter cats roam around to help you reach Zen. at the Humane Society of Sedona shelter. Call for questions or to pay for your ticket by phone: 928-282-4679. Or register and pay online.

REGIONAL SHELTERS, RESCUES, AND SANCTUARIES

Animal Guardian Network
Healing Ranch & Farm Sanctuary
Camp Verde, AZ (602) 568-5636
www.animalguardiannetwork.org

Ark Cat Sanctuary
Parks, AZ
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www.arkcatsanctuary.org

Central Arizona Animal Search & Rescue (CAASR)
Offsite adoptions
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(520) 921-9974
centralarizonaanimalsearchandr.godaddysites.com

Coconino Humane Association
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3501 E. Butler Ave.
Flagstaff, AZ
(928) 526-1076
www.coconinohumane.org

Golden Bone Rescue & Rehab
Offsite Adoptions
Sedona, AZ (928) 567-8994
www.dogadoptionrescue.com

High Country Humane
Onsite & offsite adoptions
11665 N. Hwy 89, Flagstaff, AZ
(928) 526-0742
www.highcountryhumane.org

Humane Society of Central Arizona
Onsite & offsite adoptions
605 W. Wilson Ct., Payson, AZ
(928) 474-5590
www.HumaneSocietyCentralAZ.org

"Breed Rescues" and "Equine Rescues and Shelters" listings can be found on the Flagstaff-Sedona Dog website. At www.flagstaffsedonadog.com under "Pet Adoption Agencies"

Humane Society of Sedona
Onsite & offsite adoptions
2115 Shelby Drive
Sedona, AZ 86336
(928) 282-4679
www.humanesocietyofsedona.org

Humane Society of the White Mountains
Onsite & Offsite Adoptions
3212 N. Porter Mountain Rd, Lakeside, AZ
(928) 368-5295
www.hswm.org

Jerome Humane Society
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Appointments: (928) 235-5960
www.jeromehumanesociety.com

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www.morningstarr.org

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ravenpines@commspeed.net

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Sedona, AZ (928) 282-5278
www.redroseinspiration.org

SAVE Meant to Rescue
Williams, AZ (928) 635-4726
www.williamspetrescue.com

Tuba City Humane Society
Offsite Adoptions
(928) 793-2364
www.tubacityhumanesociety.org

Verde Valley Humane Society
Onsite and offsite adoptions
1520 W. Mingus Ave.
Cottonwood, AZ 86326
(928) 634-7387
www.VerdeValleyHumaneSociety.org

Northern Arizona Pet Resource Guide



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SEDONA DOG PARK

Turn north on
Soldier's Pass Road
off State Route 89A, Sedona.
Park fenced, parking lot, shade
structure, paver walkway and
entry areas, canine and human
water fountains, info kiosk and
a "wild" area of native plants,
shrubs.

(April 1st – Oct 1st 6am-8pm,
Oct. 1st – April 1st 7am – 7pm)



COTTONWOOD DOG PARK AT RIVERFRONT PARK



Riverfront Park Drive &
N. 10th St., Cottonwood.
Park has 3 separate areas:
large dogs, small/shy dogs,
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Northern Arizona Pet Resource Guide



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Reese's - Forever a Piece of My Heart

By Kristy Meyers

I grew up in a home that some would label an animal sanctuary. It's one of the reasons animal welfare is so important to me. Our home was bursting at the seams with dogs, cats, birds, fish, and rodents, but we always seemed to find space for the next beloved pet.

When my siblings and I stumbled upon a box of kittens in a strip mall, it was no surprise that we won mom over. A sweet little tortoiseshell cat curled into my mom's neck and purred gently, but Mom insisted we did not need another animal. A few minutes later, while enjoying an ice cream cone, Mom looked at the sweet cream dribbling down my chin. "I think you need a cat to clean that up!"

We brought the kitten home as the new family pet, but she quickly adopted me as her human. She scampered by my side or snuggled on my lap most of her waking hours. We named her Reese's because she resembled a bag of Reese's Pieces. She was just as delightful, and as dangerous, as the candy.

Reese's was unlike any cat I had ever met. She was rambunctious, yet tender. Her antics included zooming down the hall to climb the framing, sneaking out any open doors under foot, and opening kitchen cabinets. She was always finding trouble! We installed child safety locks on our cabinets, not because of any child in the house but because Reese's had learned to help herself to all our favorite snacks and several bags

of catnip. She also crawled under the covers with me just to chase my toes as I squirmed. This turned into a nightly routine, ending with her face against the pillow beside me. As she grew in age, she grew on me with these sweeter moments.



I headed off to college, but Reese's stayed. She outlived my childhood as if she was truly eternal. I can say without a doubt that my love for her is eternal, and to this day whenever I see a tortoiseshell kitten, I expect it to be as incredible as her. Though cats seem to have a special way of breaking into our hearts, none will share the piece of my heart that will forever belong to Reese's.

People ask me, "Are you a cat person or a dog person?" I have become an equal-opportunity pet lover. Reese's was as much my playful pet as a lifelong friend. I'll always miss her crazy antics and cuddly spirit. If only cats had more than nine lives.

Kristy Meyers is the owner of Penny Lane Photography. She specializes in pets, portraits, and more. Kristy's pet photography captures the bond between humans and their beloved pets. She continues to give back by taking photos at the Verde Valley Humane Society and giving back to animal welfare organizations nationwide. www.pennylanephotography.com. Look for her photos in the Non-Profit Directory in this issue.

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Veterinary Emergency & Specialty Center of Northern Arizona Welcomes a New Doctor and Hospital Manager!



Dr. Amos Kidandaire

Dr. Amos Kidandaire joined the Veterinary Emergency and Specialty Center of Northern Arizona as an Associate Emergency Veterinarian in September 2019. Amos was born and raised on a small farm in

Uganda in the sunny town of Jinja. Amos has three dogs, two German Shepherds, Goofy and Simba, and a Dachshund named Police.

Amos graduated from Veterinary school in 2012 at Makerere University in Kampala, Uganda. He moved to the United States in 2014 where he studied Animal Nutrition at the University of Minnesota. He completed the ECFVG program in 2019 and is licensed to practice Veterinary Medicine in Arizona and Minnesota. Amos is extremely passionate about Emergency Medicine, Soft Tissue and Orthopedic Surgery as well as Internal Medicine. He derives great satisfaction from smiling owners reunited with their furbabies who may have arrived earlier in a worrying state.

Linsey Beckner Hospital Manager

Linsey joined the Veterinary Emergency and Specialty Center of Northern Arizona as Hospital Manager in November 2019. She was born and raised in Annapolis, MD. Prior to moving to Flagstaff she lived in Houston, TX for six years. Linsey has an extensive

background in executive management specializing in multi-unit management for specialty retail companies. She has her bachelor's degree in Business with a focus in Management Studies from the University of Maryland. She also has her Project Management Certification. Linsey is passionate about providing exceptional customer service to each guest. She is committed to ensuring that each guest has a positive experience and is treated like part of our family. Linsey is very excited to explore Northern Arizona. She loves the outdoors and cannot wait to experience the different seasons in Flagstaff.



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