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FLAGSTAFF-SEDONA DOG MAGAZINE

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2. Use the subject line: *Flagstaff-Sedona Dog Cover Dog*.
3. In the body of your email, include your dog's name and age; your address, phone number, and preferred email address.
4. For your entry to be considered for the October/November 2021 edition of Flagstaff-Sedona Dog Magazine, we need to receive your entry by 11:59 pm on August 31, 2021.



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Charlotte, Our Cover Dog



Name: Charlotte, but my friends call me Charlie!

Hometown: Dewey, Arizona

Age: 3

Favorite brand of kibble: Nutri-Source Chicken & Pea topped with a little bit of salmon oil. It makes for the best midnight snack.

Favorite people food: Tortilla chips and baby carrots. I love a good crunch!

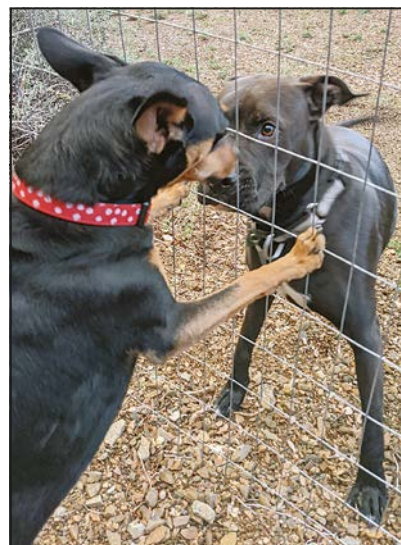
Favorite toy: My pink caticorn stuffy named Wilbur. She goes everywhere with me! Also, anything that comes from my monthly BarkBox. Those toys are the coolest!

Favorite outdoor activity: Bird watching and sunbathing. I especially love to bird watch while I sunbathe.

Favorite indoor activity: Napping and watching TV with my Mom. I also like to play with my sister and two brothers. We get the zoomies and chase each other around the living room.

Favorite nap spot: Anywhere the sun is shining, or as long as I'm wrapped in a nice warm blanket.

Fitness regimen: I have an intense cardio workout that consists of chasing the birds around my yard. If bird chasing were an Olympic sport, I'd bring home the gold medal.



Describe your perfect canine pal: My next-door neighbor Gunner is the best! He meets me at the fence in the mornings and we chat for a while. He always makes me smile! Other than that, I love making friends with just about any pup. I'm a little shy at first, but I open up after a few sniffs!

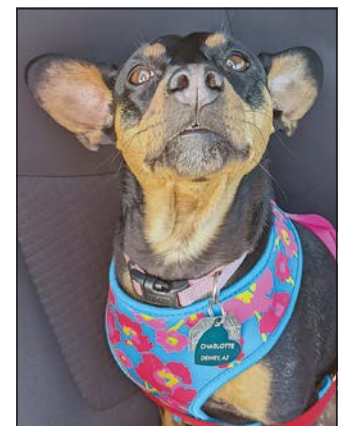
Describe your perfect day: What is my perfect day? I break into Tiffany's at midnight. Do I go for the vault? No, I go for the chandelier. It's priceless. As I'm taking it down, a woman catches me. It's her father's

business. She's Tiffany.

She tells me to stop. I say no. She gives me pets, and we snuggle all night. In the morning, the cops come, and I escape in a K9 uniform. I tell Tiffany to meet me in Mexico, but I go to Canada. I don't trust her. Besides, I like the cold.

Seven years later, I get a postcard. Tiffany has a BarkBox waiting for me. This is where the story gets interesting. I tell Tiffany to meet me in Paris by the Trocadero. She's been waiting for me all these years. She's never owned another pupper.

I don't care. I don't show up. I go to Berlin. That's where I stashed the chandelier.



Tucker's Take

Ladies and Gentlemen, Turn Your Attention to the Center Ring

How a four-legged pack of three can be broken down into so many sub-groups is a "wonderment" to me. We three four-legged's have very distinct personalities and "quirks" (as Dad calls some of our behaviors). Yet we fall into different groups on a regular basis. For instance;

First, we have the Folded Ear Group: Me and Keira

Second, Pointed Ear Group: Hazel

The 'Trier Group: Me and Keira

Curved Tail Group: Me and Hazel

Red Dog Group: Hazel, Keira (Golden, but red), and Mom, an honorary two-legged member, (hair color)

Senior Group: Me and Hazel

Law Enforcement Group: Me and Keira (deputized last week, but she's kind of on probation for a while), and Dad of course for unresolved disputes... and... Mom (final authority, 'nuff said)

Mealtime Vocal Demonstration Group: Hazel and Keira

Philosophers Group: Hazel and Keira (Hazel deputized her as an "intern of musing", but I think she's on probation there, too)

Forgot to Pee when I was Outside, So I Need to Go Back Out Again Group: Hazel and Keira

Forgot to Pee When I was Inside, So I need to Come Back In Again Group: Dad

Super-Happy-Shiny-Funtime-Excitement-Galore-Belly-Rubs-For-All-And-Toys Group: All of us

I was reflecting on how we act as a pack in different situations, and how we are so different but have unspoken solid connections at certain points. Hazel and I have one style of communication, but with Keira, a sister retriever, there's a different kind of camaraderie.

Being so much younger, I feel it's my duty to pass on what I know... to show her my "kung-fur" moves so she'll be brave and stand her ground if ever needed. Hazel on the other hand, having a Rez-dog lineage, isn't much interested in learning those kinds of skills from me. She's a freelance kind of dog who



Keira (L) and me.

doesn't stray too far from the concept of Indian-time (aside from meals). On my end, her philosophical stuff... I couldn't be less interested.

Sometimes Dad tries to bring me into those long discussions, but it all sounds like an excuse to forget to wag while thinking hard. Yes, I'm stoic, but wagging and watching are equally important to me. I call it courteous vigilance.

Back a few years ago, during Hazel and I's striped-cat episode, (Keira hadn't arrived here yet), we stood our ground together on one side of the chain-linked fence and collectively read that black cat the riot act in no uncertain terms. We were so effective together, scaring that cat so bad, she turned her back on us and sprayed us over and over again with the most noxious stuff. It was a costly battle, but I was proud to stand alongside Hazel, and I know she would be alert and protect the pack if it ever came to that. But... she and I are getting older.

I think Hazel's oblivious to her aging. As for Keira, she will probably have that 80% puppy brain for years to come. Picture large, full-bodied bucking-bronco style acrobatics, so that when she throws herself down on the carpet (for her lateral display), you'd think she was a horse trying to throw a saddle off her back. She does this with no outside stimulus, unpredictably, and it's not conducive to philosophical musing or moments when I'm performing my Sheriff's duties. Hence, her probation(s).

Yesterday, two new rabbits came a little too far down the hill towards our fence line. I

took my stance, announced myself, and was about to recite the distance rules when Keira threw herself down on her side next to me and waived her limbs in all directions and mumbled complaints about the lateness of lunch, and how deputy work is soooo boring, all the while pretending to absentmindedly kick pebbles and dirt at my flank at random intervals with her back foot.

I looked back at the rabbits' hill in time to see them wander back up the hill partway, just to get a better look at the one-animal circus act in its final encore at my side. There was no way I could think of to reassert any sort of decorum, let alone garner any respect from the newcomers on the hill.

Heading back into the house seemed to be the only option at that point, and of course Keira leapt up to follow, asking me what we were going to do next.

Angry as I was at her, you know I could have answered in typical sarcastic fashion, but I let it go and just answered, "Let's go check on Mom in the office".

Mom immediately saw the disheveled look of Keira's hindquarters, wearing dirt, pine needles, and some small pebbles. Back outside we went with Mom, a brush in her hand. Keira and I both revel in brushings. It's a highlight in the 'Trier Club meetings. (Hazel always disappears when the brush comes out.)

So there Keira and I were with Mom in the sun, getting brushed together, so... how could I stay mad at Keira when everything was just... so... good at that moment. While Mom picked out a few pine needles from Keira's "bloomers", I went over to Keira, flipped up a folded ear and gave her a good washing.

I never gave the rabbits another thought that afternoon. Being in our small group, together, was for a moment in time, the center of our world.

"Groups, tribes, communities, friends, acquaintances... their boundaries change, ever expanding and contracting... they challenge and test... give us a give us a chance to grow, and at times are a safe harbor in the storms."

I just remembered Dad said that once to Hazel as I walked by. Funny how I still remember that.

~Tucker Oso

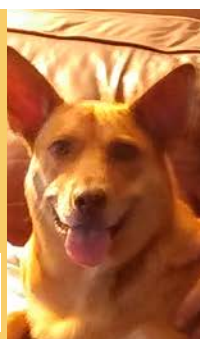


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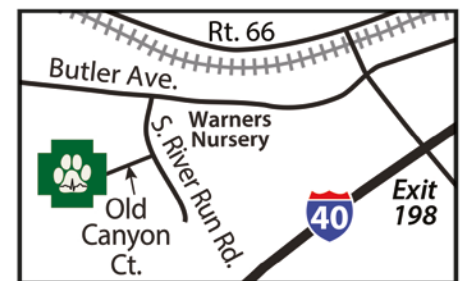
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When Rescues Become the Rescuers

In Yavapai County, Rescued Dogs are Now Helping to Rescue Lost People

By Heidi Dahms Foster

The Yavapai County Sheriff's Office has recently reorganized its Search Dog Unit, bringing it into compliance with State and National training and certification. "The Sheriff's Office wanted to get the dog unit to a place where we take the right steps from beginning to end, from training and testing statewide and nationally to doing searches," said Patricia Richardson, who is the public relations volunteer for the group as well as a "flanker," the person who accompanies and assists a handler and dog team.

The unit is part of the larger Yavapai County Search and Rescue Team that includes Backcountry, Quad, 4x4, Fire Observers and a Southern Unit. The Search Dog Unit currently has 11 canine members, most of them rescue dogs of all different breeds. The team includes a Border Collie mix, two Lab mixes, a German Shepherd, two Coonhounds; a German Shepherd Chow mix, an Australian Shepherd mix and the Richardsons' Belgian Malinois, Scout. As each dog joins the team, they find their niche in one of the search categories.

Patty said being a part of this team is one of the most exciting things she has ever done, other than raising her children. "It's fulfilling, and I'm learning a lot. I used to get lost in a paper bag, and now I'll never get lost again!"

The YCSRT dog team trains three times a week – one time with just the human members drilling on compass, and GPS, what Patty calls "not getting lost skills." The other two days are spent with the dogs both on weekdays and weekends to accommodate members who work.

The K9 unit has three types of dogs, she said. Trailing dogs are trained to follow a specific human scent, which may or may not approximate the path the person took. A trained trailing dog can follow the steps of someone who passed by several days earlier, discriminate between it and another's trail. An air scent dog takes the odor from the air to find a person. They don't need a "last seen" starting point, an article to work from or a scent trail, and time is not an issue and human remains detection dogs scent people who are deceased. They can locate entire bodies (including those buried or submerged), decomposed bodies, body fragments (including blood, tissues, hair, and bones), or skeletal remains.

Each dog/handler team has a "flanker," another person who goes out with the team



Handler Blair Burtan with his air scent dog.



The SDU Team from L-R: Jim Harrison, Tammi Harrison, Mark Richardson, Patty Richardson, Ann Schmidt, Mary Kay Peters, Janelle Hinesley, Corinne Harmon, Heather Lum, Blair Burtan and Kathy Blanco.

for safety. The flanker helps navigate, use the radio and watches to see what's ahead as the handler watches the dog. The flanker is also another set of eyes on the dog to help watch for the body and demeanor changes that signal an alert. Patty said the team always needs more flankers, people who may want to volunteer but don't have a dog.

The YCSRT teams assists with more than 95 searches per year, everything from people with dementia who become lost, to hikers who find themselves lost or injured. The K9 team works with all of the other units, depending on what the search requires.

When the Sheriff's Office receives a lost person call, a Sheriff's deputy in charge will evaluate to see what resources are needed. If it is something that cannot be handled by personnel on duty, then search and rescue units are called in, depending on the situation.

"Maybe it's just someone broke down on a trail, and YCSO can just send the Quad or 4x4 Unit, said Mark Richardson. "If it's a lost person, it's all hands on deck, and all the units are called out and assigned a

place to search, depending on what type of terrain it is. Everyone has a job."

Incident Command assigns each unit an area to search, he said. "We take our dogs to the area, and we may send the trailing dogs from the last known location of the person. If someone says they saw the lost person in an area, we may send the air scent dogs. We do a grid search of the area, divided into zones that are 40 to 60 acres. Each zone is given to a dog team and we search that area. If there is a person in that area, our dogs will find them," he said. "It may not be the lost person, but our dogs will tell us, maybe it's another hiker, then we'll move on."

If the team is searching for what the Sheriff thinks may be a deceased person, such as a cold case search, the human remains dogs will be sent in to find the body. These dogs have such a refined sense of smell that they can detect a buried person, or a body in water, because gases rise to the surface. In these cases, a dog may scent a body from a boat, and then divers are sent in.

Please read the rest of this story, with more photos, on our website at PrescottDog.com



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Sedona Pet Project Delivers More Than Just Petfood to Seniors

Story & photos by Shari King

It's no secret that there are many wonderful benefits to owning pets. For our seniors, it may be even more so. Pets provide routine and a sense of purpose, and numerous studies have shown that companionship with a pet reduces the sense of isolation and loneliness.

A dog gets a person out of the house and exercising in the fresh air and sunshine. Walking dogs helps our seniors to be more socially interactive and helps to make friends. Owning a dog provides protection and a feeling of safety, while petting a purring cat reduces stress, lowers cortisol levels and raises serotonin, the feel-good hormone.

But what if a pet owner on a limited budget or disability is unable to provide healthy pet food or healthcare to their beloved pets? That answer became crystal clear to some of the volunteers of the Sedona Community Center and the Meals on Wheels (MOW) program.

In 2008, Carolyn Bills overheard a phone conversation an elderly woman on the MOW program was having with the Operations Officer of the community center. The woman confessed that she was sharing her MOW meals with her dog. Thus began the Sedona Pet Project.

Bills brilliantly linked a monthly petfood delivery program to MOW. "The idea of a pet program quickly spread through the community center and is now an important part of MOW." Her brilliant idea has apparently caught on nationwide, too.

In 2019, PetSmart charities funded Meals on Wheels America for a three-year partnership. Their goal is to provide home-delivered pet meals and veterinary care to pets of homebound seniors,



Pet store amid pet food: Carolyn Bills (right) and her Kelpie mix, Maizie, and Kim Spangler (left) and her cattle dog Kenya amid the hundreds of types of dog food choices.

as well as fund research to understand the needs of their clients and the challenges they face every day. In fact, research done by Meals on Wheels America found that seniors with pets are less likely to exhibit depression, report feelings of loneliness or experience illness.

Bills said, "The great thing about combining these two efforts is that we see our seniors Monday through Friday, and we can get a peek inside [their lives] and ask how everybody is doing. Is everybody okay?" The program currently services ten to twenty clients at any given time and spends over \$500 monthly, which is paid through donations and grants.

Bills has spent hours scouring the local pet food vendors to find the best price for the highest quality foods, and with good reason. Feeding pets a good quality pet food is essential to maintain the health and well-being of an animal.

Good quality pet foods are unrefined, minimally processed, and balanced with whole grains and healthy

fats and proteins. Unfortunately, they can be costly for a senior on a limited budget.

Said Bills, "We could buy cheaper food, but good quality food helps cut down on the vet bills. The Pet Project does help with a small portion of veterinary costs—but just a portion—and we all know how expensive veterinary visits can be."

The less expensive, poor quality pet food Bills refers to are kibble loaded with preservatives, artificial flavors, fillers and dyes. These foods are directly linked to diabetes, obesity, urinary tract disease, arthritis and joint pain, and poor coat quality. Add expensive veterinary visits to a senior's limited budget, and one can immediately appreciate the need for a discerning shopper like Bills.

"It would be impossible to thank every single person or business who has helped us with this program throughout the years. We are so grateful to all of them," said Bills. She added that she frequently relies on the generosity of the Sedona Ace Hardware. "They've donated sample bags of different diets—food that was not selling well or foods close to expiration." She also said the Feathers and Fur Pet store in the Village of Oak Creek has been very generous and amazes her with their pet food contributions, and also Golden Bone for their help with specialty diets.

Debra Thomas, a recipient of the pet program since 2012, is undergoing chemotherapy and has a female yellow lab named Pond with an immune mediated disease that inflames the dog's mouth and throat and makes her unable to chew kibble. The Sedona Pet

Project is providing canned food for Thomas to keep Pond healthy and with her owner as long as possible.

"Pond is a rescue that was found in terrible condition," Thomas said. "She was starving in the desert after delivering a litter of puppies when she was only six months old. She then spent six months in isolation at a shelter after getting very sick from the pups. Even after all that she went through, she is the best dog we've ever had. When I am sick from the chemo, she is right next to me."

Thomas said that Pond recognizes the car from Thomas's MOW driver and gets super excited and barks and wags her tail while waiting for the delivery.

The program volunteers recognize the importance of even healthy pets maintaining their same diet since switching pet foods abruptly can result in diarrhea, which could be a nightmare for



Client Kim Spangler (left) with client Debra Thomas (right) is dealing with her health issues at the same time as her yellow lab, Pond.

someone confined to a bed or dependent on caregivers for their mobility.

Bills came up with a clever solution, saying, "Sometimes if a pet is on a special diet or prescription diet that just isn't available, I printed up flyers with instructions to mix half of the new pet food with half of what they have left over, and we have the driver leave that attached to the bag for the owner."

After a sad event with a client, Bills created a pet release guardianship form for MOW clients to post on their refrigerator. "We had an elderly man who was hospitalized for quite a long time, and animal control came and took his dog," she explained. "The man's neighbor went to get the dog but was unable to take the dog home because the neighbor didn't have any proof of guardianship. That dog was in the shelter for far too long."

So now the Sedona Pet Project volunteers are making sure that, in addition to having nutritious foods delivered to their home, their clients also have plans for their pets. Bills said, "We ask them what they would do with their dog if something should happen to them? Where would they want their cat to go? None of them ever want their animals to go to a shelter. We ask them to have a neighbor or friend sign a guardianship form and have them post it on their refrigerator."

The program is not limited to just dogs and cats owned by a client on MOW. Bills said, "We currently have a client with a cockatoo and a gentleman who feeds his back-



Client Arianna Caleesa (left) is blind, and her kitty Callie would be lost without the help of the Sedona Pet Project and Kim Spangler (right).

yard birds. Those wild birds mean everything to him."

In addition to the program providing free pet food to people on MOW, the program also includes limited vet care, pet transport, trips to the groomer, and other services.

Bills said, "We unfortunately have had to help clients with euthanizing their pets. As you can imagine, it's very sad, especially when you return to that home, and it's just so quiet and lonely. We do our best to help that client find another pet if that's what they want."

The program balances what's good for the pet as well as for the client, which can't be easy. Bills shared, "We had to make a difficult choice once with a gentleman and his dog. The man was no longer mobile and wasn't able to let his dog outside, and we had to find another home for the dog."

This year, Bills stepped down and Kim Spangler—a volunteer driver for MOW—accepted the position as Pet Project coordinator. Spangler said, "Our goal is to keep the human and pet



Super Dog mom Kim Spangler delivers meals with her sidekick and travel partner, cattle dog Kenya.

together in their homes, and to step in when a hardship occurs that makes providing for that pet difficult. We frequently refer our clients to other resources, and we try to answer any questions they have on the best way to provide care for their pets when their life requires change. If something isn't right or seems wrong with the pet, we will call animal control."

Spangler is also a volunteer for The Sedona Humane Society. "They've been hugely helpful for the program and are a very good organization."

Spangler notes that many of the recipients of pet food are only on a MOW program temporarily as a result of debilitation from a surgery or illness and are simply unable to get out to shop. Spangler said, "We really shop around to get the best prices, and we also actively collect donated coupons and rebates. We want to provide good foods to these animals, because you know what they say, you are what

you eat."

Spangler has recently contacted Chewy's, the online pet food and pharmacy giant, to pursue acquiring discounted pet foods and medications for client pets. And, most importantly, for the prescription diets, which can be very costly.

Spangler said, "During the height of the pandemic, we could not go into the client's house. Now, they can at least meet us at the door, and that way we can also see their dog. It's wonderful that, in addition to providing a hot nutritious meal, we are also able to do a welfare check on that individual and their beloved pets."

Client Sandy Merchant hasn't been out of her house in two years. She said, "This program is literally a lifesaver for me and my little dachshund. Ariel and I are inseparable, and I don't know how I would have managed without their help. These volunteers are all top of the line."



Housebound client, Sandy Merchant, and her dachshund, Ariel, are more than grateful for volunteers Carolyn Bills (left) and Kim Spangler (right).

For more information about the Pet Project, visit the Sedona Community Center Website at sccsedona.org or phone 928-282-2844. Also visit mealsonwheelsamerica.org

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Get First-Aid Certified

By Lynn Passfield

It seems like I have always owned a dog or cat. I grew up most my life in Arizona, and after traveling a while, I decided to settle down and move home to Prescott Valley in 2011.

In the past, I have had pets with seizure disorders, one who choked on her food, injured pets, and other problems. Not knowing what to do, I helplessly stood by and watched my poor baby go through it, or panicked.

What got me interested in finding out more about pet health and wellness is when my thirteen-year-old dog, Karma, developed stomach cancer and passed. I took Karma to the vet, and she did not come home. After this happened, my little pup Twink (who considered



I share my home with:
Twink, Bella, Xena & Tiger
These are my babies

Karma her mom) started crying uncontrollably every time I left and when I came home. She became paranoid, crying and shaking to get in the car when before she enjoyed rides.

I enrolled in Canine Care and Handling at Yavapai College to understand the canine psyche and help her. Since then, I have received two certificates: one for Canine Care & Handling (psychology included), and Therapy & Service Dog Team Skills.

In September 2019, I became President of Animal Disaster Services (ADS). We are a temporary shelter for pets during evacuations due to fire, floods, or any disaster/emergency. My passion for helping pets in distress really grew. I wanted to know how to help pets in stress, injured pets, and other lifesaving techniques. I saw a class advertised by Pet Tech in Canine First Aid & CPR and registered right away. I was so impressed that ADS is

currently requiring each of our volunteers to take the five-hour course in order to help pets during an evacuation that are already in crisis mode due to the emergency.

Recently I became a Certified Pet Tech Instructor, so I can teach pet owners, volunteers and friends Pet First Aid, CPR and Wellness so they can help their pets live a longer and better life.

I now offer classes in my home, in a relaxed atmosphere where you can learn these valuable life saving techniques. Upon completion, you will receive a two-year certification and have the confidence you need to act and save a life.

If you are interested, please contact me at (928) 499-8857.



Siamese Cats Need Love

Animals have complex and heartfelt emotions, and we see these more than ever in the shelter environment.

When we received a beautiful senior Siamese cat named Cider, who was surrendered due to his health, we saw an individual who was confused, frightened, and stressed. For many of these animals, this is their worst time of their life, and we are honored to guide them, support them, and love them through it.

Cider was not only mourning the loss of his home but also



the loss of his brother, who was not surrendered with him. We knew they had been together their whole life and that both were depressed, refusing to eat, and searching for each other to no avail.

We reached out and asked his previous guardians to give us Bombon, Cider's brother. Thankfully, they did, and the brothers were reunited. But sadly, we now had two stressed and fearful cats in the shelter.

We consider our shelter the best of the best, but still, shelters are just inherently stressful for animals. While some animals can manage it, others just shut down no matter what we try to do. When we say "foster homes save lives," this is the perfect example.

Cider is FeLV+ but his body was able to manage it in his home. In the shelter, he stopped eating and was drastically losing weight. Bombon, who is not FeLV+, also stopped eating and began throwing up.

We had to act quickly and get this bonded family out of the shelter and into a foster home. We reached out to our community in search of a temporary home for them, and our wishes came true.

Within two hours in their foster home, both cats were out exploring their new surround-

ings, something they did not do in the shelter, and Cider was in his new foster mom's lap, happy and content. They both are now eating regularly and searching for that perfect permanent home.

We take bonded pairs very seriously here at the Humane Society of Sedona and do everything in our power to keep families together.

Cider and Bombon deserve a wonderful home that will allow them to grow old together. They are still searching far and wide. Can you help? If so, please call us about adopting these very special bonded brothers who want nothing more than a warm lap, an open heart, and a loving home.

*Humane Society of Sedona
2115 Shelby Drive
(928) 282-4679
HumaneSocietyofSedona.org*



...and then my soul saw you,
and it kind of went,
"Oh, there you are. I've been looking for you."

~Unknown



'It's raining puppies & kittens' has been the theme of this summer at High Country Humane! Last summer, we had an incredible increase in fosters & adopters due to many folks working from home.

With Covid restrictions lifted, and life getting a little bit back to 'normal', we had to say goodbye to many of our fosters who no longer had the time to feed hungry puppy/kitten mouths multiple times a day. We are currently

in desperate need of fosters for puppies, kittens, medical cases, and adult dogs.

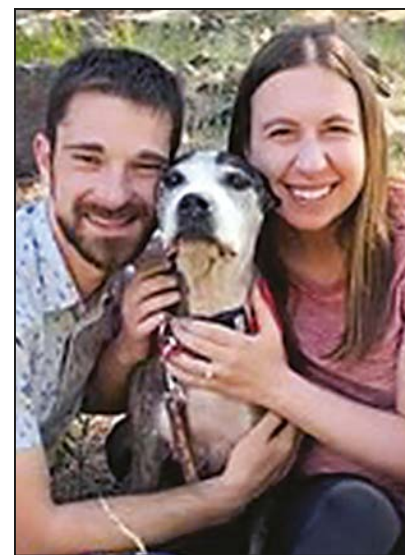
We recently had over 50 animals needing foster care. If you can open your home to a furry friend in need for a few weeks, please email us at foster@highcountryhumane.org to get started!

We are thrilled to have welcomed so many of our amazing volunteers back to our facility and, boy oh boy, has it made a difference! Laundry, dishes, organizing, events, transporting, dog walking, and then some; we have so much to accomplish and having extra hands on-site has been a game changer for our busy staff. We are always looking to train new

volunteers, so please consider spending your free time with us. More information can be found on our website: highcountryhumane.org/volunteer-opportunities/

Adoption Success Story

Betty, a 9 year old pittie, had been adoptable for over a year with our shelter. While she had a few medical concerns, her heart was made of pure gold. She loved everyone she met and stole the hearts of our staff members. A young couple brought her home as an adoptable foster and loved her day in and day out, waiting for the moment when she would meet her forever family. It turns out they were her forever family! In June, they made it official



and adopted this sweet senior. There was not a dry eye at HCH as we said goodbye to our longest resident.

High Country Humane
11665 N, US-89, Flagstaff
(928) 526-0742
highcountryhumane.org

RESCUE TALES & RESCUE RESOURCES

Rescue Resources

For an expanded view of Rescue Resources, visit FlagstaffSedonaDog.com

AARF ANIMAL RESCUE 6639 S. Country Rd., Mayer aarfanimalrescue@gmail.com (928) 925-7219	BLUE MOON RESCUE & SANCTUARY 1851 E Perkinsville Rd, Chino Valley (928) 925-7724, bluemoonrescue.org	HIGH COUNTRY HUMANE 11665 N, US-89, Flagstaff (928) 526-0742 highcountryhumane.org	TUBA CITY HUMANE SOCIETY (928) 793-2364, tubacityhumanesociety.org
ANIMAL GUARDIAN NETWORK HEALING RIVER RANCH 2564 N Arena Del Loma, Camp Verde (623) 780-1604, animalguardiannetwork.org	BRADSHAW MOUNTAIN WILDLIFE ASSOCIATION 18200 S Wolf Run Trail, Mayer (928) 632-9559, bradshawmountainwildlife.com	HUMANE SOCIETY OF CENTRAL ARIZONA 605 W. Wilson Ct, Payson (928) 474-5590 humanesocietycentralAZ.org	UNITED ANIMAL FRIENDS Prescott, (928) 778-2924 unitedanimalfriends.org
ARK CAT SANCTUARY (928) 635-5909, arkcatsanctuary.org	CENTRAL ARIZONA ANIMAL SEARCH & RESCUE Camp Verde, (520) 921-9974 centralarizonaanimalsearchandrescuellc.com	HUMANE SOCIETY OF SEDONA 2115 Shelby Dr (928) 282-4679 humanesocietyofsedona.org	VERDE VALLEY HUMANE SOCIETY 1520 W. Mingus Ave, Cottonwood (928) 634-7387 VerdeValleyHumaneSociety.org
BETHANY'S GAIT RANCH (928) 499-9442, Prescott	CIRCLE L RANCH ANIMAL RESCUE & SANCTUARY Daytime (928) 925-1926, Prescott Valley	NOW THAT I'M SAFE EQUINE RESCUE Facebook: Now That I'm Safe Equine Rescue nowthatimsafe.org	YAVAPAI HUMANE SOCIETY 1625 Sundog Ranch Rd, Prescott (928) 445-2666 yavapaihumane.org
BIG LUCK CLUB Navajo Reservation Dog Rescue bigluckclub.org , bigluckclub@gmail.com	COCONINO HUMANE ASSOCIATION 3501 E Butler Ave, Flagstaff (928) 526-1076, coconinohumane.org	PETS RETURN HOME petsreturnhome.org (928) 793-2013 info@petsreturnhome.org	YAVAPAI HUMANE SOCIETY EQUINE CENTER (928) 515-4947, Chino Valley yavapaihumane.org
BLACKHAT HUMANE SOCIETY Native American Reservation Animals (928) 245-3890 blackhathumane@gmail.com	HEELING HEELERS HEARTS Surprise, (623) 226-2749 azblueheeler.com	SAVING PAWS RESCUE SHEPHERDS & MALINOIS Glendale, (480) 737-6089 savingpawsrescueaz.org	YAVAPAI HUMANE TRAPPERS ANIMAL RESCUE Chino Valley yavapaihumanetrappers.org

AREA DOG PARKS	FLAGSTAFF DOG PARKS Thorpe Park – 788 N Thorpe Road, Flagstaff Bushmaster Park – 3150 N Alta Vista Dr, Flagstaff	SEDONA DOG PARK April 1 thru Oct 1: 6am-8pm • Oct. 1 thru April 1: 7am-7pm Turn north on Soldier's Pass Road off State Route 89A, Sedona.	COTTONWOOD DOG PARK AT RIVERFRONT PARK Dawn to Dusk Riverfront Park Drive & N 10th St, Cottonwood
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BANDIT: A 4-year-old mixed breed male who weighs about 50 pounds. He's white with wonderful eye spots. He's a very friendly guy who loves people, walks, and attention. High Country Humane 928-526-0742



SUNGLOW: A very sweet 5-year-old yellow lab mix. Calm, quiet, loves cuddles and walks. Her foster mom says she is just the perfect dog. High Country Humane 928-526-0742 Foster Family rad@caminobecky.com



BRUNO: A very friendly 2-year-old Shepherd mix. He's medium-sized and about 50 pounds. He loves stuffed animal toys, people, and lots of activity. High Country Humane 928-526-0742 Foster Family 714-331-9253



CHARLIE: A 2-year-old tan and white Carolina dog mix who weighs about 40 pounds. a 2 year old Carolina dog mix. He's funny, playful, and energetic, and he just adores people. Humane Society of Sedona 928-282-4679



BLOSSOM: An 8mo female red Hound/Rhodesian Ridgeback mix puppy who is the cutest little girl ever! She needs someone to love and to play with because affection and playtime are her favorite things. Humane Society of Sedona 928-282-4679



MISSY: A 4-year-old female Catahoula Leopard Dog mix who is about 48 pounds. She is incredibly sweet, wonderful, happy, loving, and perfect. Humane Society of Sedona 928-282-4679



SHELBY: A beautiful golden Dachshund mix, Shelby is gentle, quiet, and a bit shy but very loving. She is intelligent and devoted to her people. Verde Valley Humane Society 928-634-7387



COCO PUFF: A small golden Chihuahua male, Coco Puff is young, affectionate, and loves to be cuddled and sit in laps. Verde Valley Humane Society 928-634-7387



PHARAOH: A very handsome Anatolian Shepherd mix, Pharaoh has a regal look about him, but in private he is goofy, affectionate, and loves to play. He walks well on a leash. Verde Valley Humane Society 928-634-7387



LAYLA: An impressive fawn Bullmastiff mix female. She is 2 years old and loves people. Her tail never stops wagging. She is an affectionate and intelligent companion. Coconino Humane Association 928-526-1076



COOKIE: A small black-and-tan female Chihuahua mix, Cookie is looking for a lap she can sit in and someone to cuddle with. She is sweet, but lonely right now. Coconino Humane Association 928-526-1076



LAVENDAR: A 2-year-old Catahoula Leopard Dog/Australian Cattle Dog mix at best guess. She came off the reservation and is a bit shy, but gentle and affectionate, and very intelligent. Coconino Humane Association 928-526-1076

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Chase's Corner: I Am An Excellent Driver!

By Chase and Jan Tomlinson

How Life Can Change

One morning in early March, my mom woke up and discovered that she couldn't see anything up close. That meant she couldn't read, write, work on the computer (thank goodness I write Chase's Corner on it!) or use her Smart Phone. Her distance vision was also very blurry, but I was very relieved when she could see well enough to get my breakfast! I was thankful for that because I can't survive without my breakfast.

Oh, oh. Does that mean I now have to be trained as a seeing-eye dog along with all the other duties I have? I am a very busy Canine doing therapy work, agility, obedience, and always letting her know when the phone is ringing, even though she keeps telling me that her hearing is fine.

She has a great eye doctor who came in to the clinic that very Sunday to take care of her. He sent her to the specialist the very next morning, so this will turn out to be the posi-



tive ending to this story.

Later that day, I heard her say that she couldn't see to drive and that I was going to have to learn to drive! I hope it doesn't mean that I have to wear glasses! Now, I am too short to reach the pedals, so we are going to have to figure this out. Let's see... I could sit on her lap and steer, and she could work the pedals. I wonder if I can remember the way to the training field.

Hey! I have another solution. We could get a golf cart because then I COULD reach the pedals. I would certainly need sunglasses, but wouldn't need



to get a driver's license. I have seen the Golden Retrievers on television who drive all the time, so they must have a doggie driver's license. I wonder how much a license will cost?

Three weeks went by with friends and students helping transport me and my mom to the training field and to other places. Thank goodness, because I certainly didn't want to run out of my dog food. I took my GPS to the agility course so I could help her find her way around the course! I am so glad that I ordered one last month.

There is something about Sundays because three weeks to the day, my mom got up and had her eyesight back! Whew! What a relief for her and especially for me. I have been studying the doggie driver's license manual, but now don't have to study it anymore. Thanks to the great work of the doctor and positive attitude of my mom, our lives have now returned to normal. I put my agility GPS in my toy box in case I need it for another time.

We always have challenges in life, and how we meet them can make a big difference. My challenges have been to learn lots of obedience exercises and how to run a perfect agility course. I have met them with a positive attitude, having fun along the way. Having fun is a key element in learning new things in the dog world. I hope you will meet YOUR new challenges in the same way. Challenges help us grow and be strong. The dog world is full of opportunities for you.

~Sir Chase



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REEPICHEEP: A cute 2-month-old tuxedo male kitten with big green eyes. He is charming, funny, loves cuddles and playtime. He also has a tremendous purr, which he uses frequently. High Country Humane 928-526-0742



MYRTLE: A 1-year-old domestic shorthaired tortoiseshell lady with the most unique face ever. She is a sweet girl who is gentle and affectionate. High Country Humane 928-526-0742



PUMPKABOO: A 2-month-old female red tabby with copper-colored eyes. She is funny, playful, and very loving. And a bit unique as most orange cats are male. High Country Humane 928-526-0742



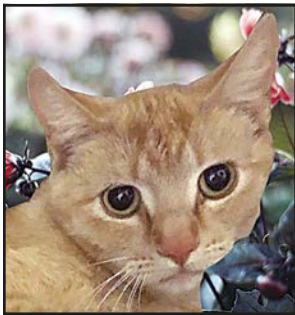
WINTER: A beautiful 1-year-old tortie-point Siamese mix. She has the biggest, most beautiful blue eyes, and she is a most affectionate lap cat supreme! Humane Society of Sedona 928-282-4679



MIO: A most dignified 12-year-old red tabby male shorthair with the most intense green eyes. He is gentle, affectionate, and loves attention, rubbing your face and sniffing your hair. Humane Society of Sedona 928-282-4679



NILLABEAN: A 2-year-old female cream shorthair cat. She is a beautiful color with big green eyes and a sweet, gentle, affectionate nature. Humane Society of Sedona 928-282-4679



PUNKINHEAD: A 3-month-old cream female kitten with huge green eyes. She is very cuddly and playful. Verde Valley Humane Society 928-634-7387



DISNEY: A lovely brown tabby lady with big golden eyes. Disney is very gentle, enjoys the company of her people, and a good game with toys. Verde Valley Humane Society 928-634-7387



BLEEKER: A truly elegant house panther, Bleeker is black with remarkable golden eyes. He is dignified, affectionate, and a wonderful companion kitty. Verde Valley Humane Society 928-634-7387



CELESTE: A 1-year-old gray and white shorthaired lady with lovely green eyes. She is confident, loving, intelligent, and playful, not to mention elegant! Coconino Humane Association 928-526-1076



CHEVETTE: A 1-year-old tuxedo female with big green eyes, and the most unique (and cute!) little black dot on the end of her pink nose. She is gentle, quiet, and affectionate. Coconino Humane Association 928-526-1076



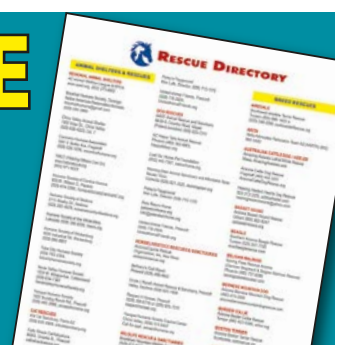
BRUCE: A 3-month-old classic brown tabby male. He is funny, active, playful, and very good company. Coconino Humane Association 928-526-1076

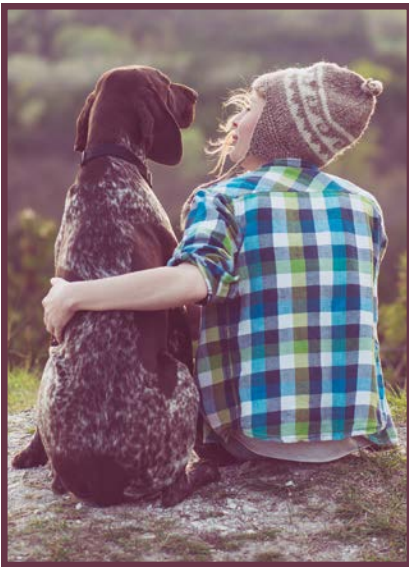


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God gave us dogs because
He knew we'd need
guardian angels
we could hug.

~Unknown

Book Review: Finding Home

By Heidi Dahms Foster

A Glimpse of the Emotional, Physical, and Worthwhile Commitment of Adopting a Shelter Dog

One of the ways people have found to help rescue dogs find their forever homes is to publish endearing photos that capture their unique personalities. Many times the person who highlights these distinctive canines is a volunteer photographer who has a heart for the animals that need a permanent, loving home. The concept has found great success in helping to place rescue pups, and some of these wonderful photos have found their way into coffee table books. Gazing at these quirky canines is a fun way to pass some time, and the books make great gifts!

One of these artists is Traer Scott, who began photographing shelter dogs in 2005 as a volunteer. Her first book, Shelter



Dogs, was a huge success, and now she has followed up with a new batch of distinctive dogs in her book entitled, Finding Home: Shelter Dogs and Their Stories. Her stories and photos include Morrissey, a pit bull, who suffered from anxiety-related behaviors brought on by shelter life until adopted by a family with four children; Chloe, a young chocolate Lab mix, surrendered to a shelter by a family with allergies; Gabriel and Cody, retired racing greyhounds; and Bingley, a

dog who lost his hearing during a drug bust but was brought home by a loving family that has risen to the challenge of living with a deaf dog.

Because Scott has included the stories with her photos, readers can learn about each dog and see how they experience their way into new and loving homes. Perhaps one of the best things about this book and others like it is that people who are thinking of adopting a shelter dog can get a little taste of the emotional and physical investment of that commitment.

Traer Scott and Princeton Architectural Press are donating a portion of the proceeds from Finding Home to two dog rescue organizations: Providence Animal Rescue League and Handsome Dan's Rescue.

Finding Home is available at Amazon in both Kindle and hardcover.

BOOK REVIEW: FINDING HOME

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Hiking with Annie - Bryce Canyon National Park

by Melissa Bowersock

Bryce Canyon National Park in southern Utah is an absolute wonderland... if you like rocks. I happen to love rocks, so of course I love Bryce. Annie, my Airedale, does not love rocks. Well, she likes them enough to sniff them, read the recent posts, maybe leave a comment, but that's about it. When I get involved looking for interesting rocks, Annie is like boooooooooooooo.



But Bryce can still be interesting to dogs. Like the Grand Canyon, dogs are not allowed on trails, which limits where you can go with your pet. Luckily, there are plenty of turnouts and overlooks where dogs can go, and of course campgrounds, picnic areas, and over 35,000 acres of back country, many crisscrossed with social trails where dogs can go. There are also some spectacular places close to Bryce that deserve exploration, as well. More on that later.

From the entrance to Bryce to the far southern end is an 18-mile drive that rides the ridge above the eastern slope. It's this eastern slope that holds all the hoodoos. What's a hoodoo? It's a tall, thin column of rock found in arid basins or badlands. Typically, hoodoos are composed of soft rock but are capped by a harder stone that protects them from erosion, resulting in balancing rocks or weird-looking "hats." The collection of hoodoos at Bryce is stunning, and from many vistas seem to go on forever.

Stopping at the various turnouts along the main road provides an ever-changing



view of the grandeur. You'll see every shade of red, orange, and pink imaginable, along with white, gold, brown, and yellow. Depending on the time of day and the angle of the sun, some of these colors seem to actually glow from within. The play of shadows as the day progresses provides a moving kaleidoscope of light and dark, hiding and revealing the weird shapes by turns. This is not a place you can appreciate in a five-minute stop. You really need to invest some time to soak in the wonder.

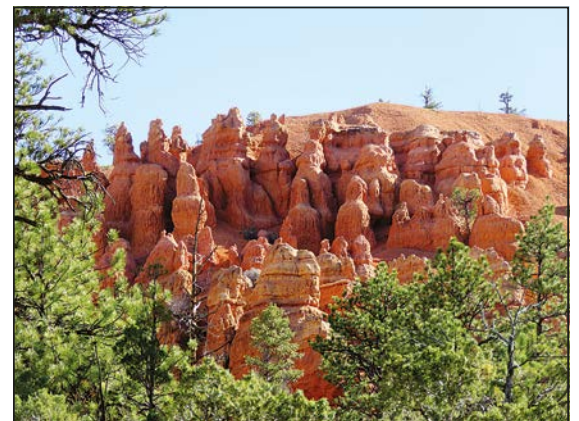
While your dog may not appreciate the views, they will certainly appreciate the unfamiliar territory, the smells, the people and their fellow dogs. When I was there last May, we ran into a trio of Yorkies at one overlook, who of course strutted around like they owned the place. Keeping three Yorkies on leashes is a job in itself, but it's imperative to keep your dog leashed at all times, since a simple slip can be deadly.

When planning a trip to Bryce, keep in mind that it sits at the 9,000-foot level of elevation. During the winter, Bryce gets plenty of snow, and because of the elevation, snow events can occur as early as fall and as late as spring. When I was there in May, the daytime temps were very comfortable mid- to upper-70s, yet there was still some snow in the protected shadows that never got any sun! To complicate things further, the lower basins will

heat up rapidly at the lesser altitude, plus the sun reflecting off the rocks multiplies the heat factor considerably. Be prepared for anything with lots of layers and lots of water.

If you're coming to Bryce from a long way off, it would be worthwhile to explore the surrounding areas as long as you're there. Just 22 miles southeast of Bryce is Kodachrome Basin, a small state park with colorful hoodoos and plenty of dog-friendly trails. You might think of it as a red-haired stepchild of Bryce: not as big, not as grand, but much more accessible. Kodachrome is at a lower altitude than Bryce, only 5,800 feet, so you'll have less chance of running into snow but a greater chance for hot weather. Plan accordingly.

Another area that is smaller but no less spectacular, is Red Canyon. If you're approaching Bryce from the west on Highway 12 off of Highway 89, you'll go right through Red Canyon. Red rocks and hoodoos abound on both sides of the road, and there are hiking trails aplenty as well as campgrounds and a nice visitors' center. We stopped there just briefly on our way home, and ran into Sprig, a cardigan Welsh corgi, and his people, exploring the trails as we were. He was a Florida dog, but he was definitely enjoying the red rocks of Utah.



As always when hiking in the great outdoors, watch the weather, plan your hike and take good care of your pups. There's a lot to see and do, and being prepared will make the trip much more enjoyable for you and your dogs.



Bear Gets Her Wings

by C.L. Dreves

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Travels with Pets: A Better Way to Experience Horseshoe Bend

Story by Stacey Wittig

While leashed dogs are allowed at Horseshoe Bend—one of those places made uber famous by Instagram—a better way to experience it with your pooch is by kayak. The flat water that meanders through Horseshoe Bend is easy to navigate and reveals the serene side of the popular destination.



Kayaking with a four-legged pal. Photo courtesy of Roxann Shepard.

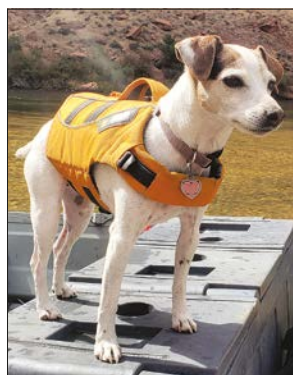
We recently paddled the Colorado River from near Glen Canyon Dam to Lee's Ferry.

Five rustic campsites are available along the 15-mile stretch of peaceful water fre-

quented by fly-fishing anglers and outdoorsy folk. Because no reservations or permits are necessary to camp on this section of the Colorado River, it's easy to pack your bags and head out on a whim.

You and your four-legged traveling companion will need to reserve spots on a speedboat that hauls you and your kayaks upriver.

We used *Kayak the Colorado* and were very happy with the ease of making reservations and the friendly service delivered once we arrived. We even rented kay-



Xena, Warrior Princess, sports a properly fitting life vest in Glen Canyon. Photo courtesy Stacey Wittig.

aks from them, and they provided paddles and lifevests.

Of course, you'll have to bring a properly fitted life vest for your furry friend. They rent sit-in kayaks, sit-on-top kayaks, blow-up kayaks, canoes, paddle-



Horseshoe Bend south of Page, Arizona. Photo courtesy of Sean Walker, Unsplash.



Family includes the four-legged variety on the Colorado River. Photo courtesy of Stacey Wittig.



Petroglyph panel near the river's edge at Horseshoe Bend. Photo courtesy of Stacey Wittig.

boats, oar boats and standup paddleboards.

Backhaul service is what river runners called the taxi-like shuttle service that took us from our vehicle parked steps away from Lee's Ferry boat launch south of Page, Arizona, and transported us and our kayaks up the river. On the swift boat ride up the canyon, Brady, one of the company owners, pointed out herds of Desert Bighorn Sheep, a gaggle of turkey vultures and geologic features. Brady helped us decide how long we wished to kayak and then dropped us at one of the stops along the way. We opted for being dropped at 11-Mile Ferry Swale.

"Don't paddle next to the anglers," he advised. "They're working that spot, and if you go paddling through it, they'll have to spend another hour working someplace else." He also let us in on other etiquettes of the river, like staying out of the middle of the river where larger boats need to pass.

From Ferry Swale, we paddled downriver one mile to Petroglyph Beach. After beaching our boats, we hiked to a fantastic panel of petroglyphs that include pecked images of six Desert Bighorn Sheep descending the cliff face.

At 8-Mile Bar Camps, we hit the beach again and scrambled to the top of a mesa, the one directly below the overlook of Horseshoe Bend. People, who seemed like tiny ants high above us, looked down. We were solidly in the middle of Horseshoe Bend and very happy to enjoy the magical songs of the canyon wren and be socially distanced from the crowd above.

Remember that a leash law is in effect in Glen Canyon National Recreation Area. You must transport all waste out of the canyon. The five designated camping areas with self-composting toilets along the river from Glen Canyon Dam to Lee's Ferry are on a first-come, first-served basis.

Camp in designated spots only. You must pack everything in and out. All vehicles in the Glen Canyon Recreation Area must have Annual Parks Passes, which you can buy online, or Glen Canyon day passes that you can purchase at the roadside kiosk one mile down Lee's Ferry Road.

Glen Canyon National Recreation Area: [nps.gov/glca/planyourvisit/camping.htm](https://www.nps.gov/glca/planyourvisit/camping.htm)

Kayak the Colorado: kayakthecolorado.com

"UNSTOPPABLE Stacey" Wittig is a travel writer based near Flagstaff. Follow her adventures at unstoppablestaceytravel.com.

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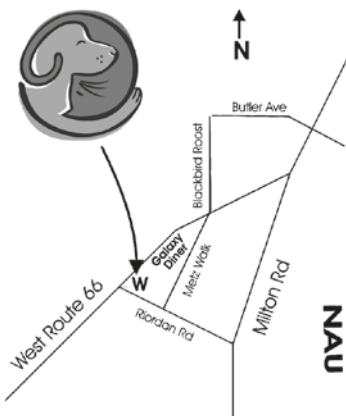
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Rehab For the Rescued Spirit: New Hope for the Misunderstood Horse

By Rita Thompson-Tinsley

Gone are the days of harsh training methods and bullying problem horses into submission. Today's trainers will tell you that true horsemanship is not cruel, it's clever and it's crafty and it's humane.

What started in youth as 'horse crazy' developed into an astute skill in horsemanship for Peg Millett. At 15, she started as a 'stable bum' doing odd jobs, and worked her way up to riding horses. In 1970, Millett rode for trainers including Marvin Roberts, father of the famous Monty Roberts, putting solid foundations on each horse and learning the value of horsemanship. She rode horses in Europe and ran a stable in Norway.

Peg's expanding knowledge with horses, her ability to read them, and her time as a diligent and determined Pat Parelli Natural Horsemanship student has led her to the role she has acquired working with troubled horses. Her current project, Bree, is an Arabian/Quarter Horse that came from a dressage barn.



Peg Millett with Bree (L) and the late Indigo (R). Photo by Rita Thompson-Tinsley.

This mare needed help, but it wasn't completely clear just how much help until her physical condition was revealed. Three-year-old Bree had a broken rib, her sacrum was out as well as were her atlas and axis vertebrae. Bree had become a fighter during her brutal training and was in enormous pain. Peg didn't ride Bree again until she was 4. "Bree is strong minded and quick thinking," says Peg, "so you have to stay a step ahead."

Now Millett is working on Bree's biomechanics. Her focus is on the art of getting the horse to 'carry you'; moving on its hind quarters with collection. "With Bree, however, there is an aversion to collection due to her past training," says Millett.

Smokey came as a true mustang from the Western Shoshone Tribal Territory confiscations. Rescued from a kill pen, he was just a foal and diagnosed with a second bout of strangles. He had five



Smokey (2nd from front) sad and sickly before adoption.

previous owners before Darlene Hayes acquired him at the age of four. She did most of his training, but because of his weak and gangly condition, she decided not to push him too hard.

This horse was so quiet that initially Darlene contemplated whether he may have mental issues. But, now that he truly has "a life and existence," as Darlene puts it, he's becoming more and more confident.

Early on, Smokey had issues with cinching, becoming unglued. He was panic stricken and claustrophobic. Then, at three months under saddle, Darlene rode Smokey through the Verde River trail. "He just did anything I asked of him," she reports. "He still has so much growing ahead mentally, but he's starting to come into his own powerful body and quick mind."



Darlene and Smokey in Eventing competition. Photo courtesy Rosenheim Photography.

Darlene and Smokey have developed a bonding relationship and are working on an extraordinary partnership as they participated in an eventing competition in May. "I love him so much", says Darlene, "and I hope he can show others that the story of the Ugly Duckling is not fiction."

Katie McAlister has been training horses before it was her profession. Growing up in Missouri, she not only rode, but found herself working with her friend's horses. She rode on the equestrian team at her



Katie McAlister and a super-relaxed Harley. Photo courtesy Katie McAlister.

university, and worked at dude ranches and guest ranches. Then Katie took residence in Wheatland, Wyoming, where she managed a 25,000 acre ranch. Her plate was full wrangling horses, doctoring and training, fixing fences, and maintaining pastures.

Now, at Granite Mountain Stables in Prescott, McAlister manages the operations and trains both horses and riders. Personally, her super love is working with project horses, and she finds this task to be the most rewarding.

Her current project is Harley, a Quarter horse off of an Indian reservation. The biggest challenge was how reactive he got. "If I picked up contact, he would rear. If I had no contact, he would spiral and run away until he was bolting uncontrollably." She continues, "He was reacting explosively to cues."

Harley's super talented in the arena, but there's a lot of anxiety that surrounds that. A big help was for Katie to have him do things that wouldn't make him anxious, lessening the anxiety and giving him things to think about.

Katie claims that communication is the big factor that's usually missing, not the lack of the horse's athletic ability. "Horses tend to whisper a lot before they shout," says McAlister. "They may brace in their hind quarters or in their neck. Or maybe they don't respond quickly. If you miss the signs, things may snowball into a bigger problem," she warns.

According to Katie McAlister, "This all takes time and patience. However, it doesn't take a lot of time if you have the timing and the feel to do it right. Things can change drastically. So, it's not a matter of putting a ton of time into training. It's a matter of commitment to learning to do things right and consistently. It doesn't take that much time to change a troubled horse's mind."

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Dr. Barnes earned her Doctorate in Veterinary Medicine at Colorado State University. She started her career in emergency medicine in Phoenix, Arizona at the Emergency Animal Clinic. She moved to Flagstaff and owned Westside Veterinary Clinic for twelve years. Dr. Barnes has a passion for internal and emergency medicine in small animals. She is also certified in Veterinary Acupuncture and has years of experience in alternative and Chinese veterinary medicine. In her free time, Dr. Barnes enjoys doing agility and hiking with her three Jack Russell Terriers, Petey, Reggie, and Babs. She loves gardening and relaxing around the house, as well as traveling both in and out of the United States.



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