

Flagstaff-Sedona Dog magazine

Also Serving Camp Verde, Cottonwood, Jerome, & NAZ
February/March 2022 • FlagstaffSedonaDog.com

Winter Woes & Our Furry Friends

**Best Places
To Go With
Your Pet**

**A Dog
Named CALL**

*Introducing Our
Cover Dog ~ Riley*

TO A GOOD HOME
FREE
ALWAYS

Highlighting Our Local Rescue Community ♦ CANINE • FELINE • EQUINE

FULL SERVICE VETERINARY CARE

PET EMERGENCY?

**WE'RE OPEN UNTIL
MIDNIGHT
7 DAYS A WEEK
365 DAYS A YEAR**



**Don't pay ER prices for after-hours care,
we provide quality and affordable
urgent care until midnight every day!**

Regular appointments: Monday - Sunday, 8 am to 5 pm

Urgent Care & Walk-In Services:

Monday-Friday, 5 pm to Midnight • Saturday-Sunday, 8 am to Midnight
On-call daily from Midnight to 8 am



**CANYON PET
HOSPITAL**



Northern Arizona's Premier Veterinary Hospital

1054 E. Old Canyon Court, Flagstaff, AZ 86001

928-774-5197 • CanyonPet.com

**ORDER
YOURS
NOW**
CALL OR
VISIT TODAY!



SUBARU



OUTBACK WILDERNESS

A NEW KIND OF SUBARU IS HERE. A SUBARU THAT CAN TAKE YOU FARTHER, EQUIPPED AND UPGRADED FOR YOUR WILDEST ADVENTURES. EVERY WILDERNESS MODEL IS SPECIFICALLY ENGINEERED FOR OFF-ROAD EXPLORING WITH UPGRADES TO ITS GROUND CLEARANCE, DRIVETRAIN, AND ALL-TERRAIN CAPABILITIES, ALONG WITH RUGGED EXTERIOR STYLING AND A HIGH-TECH CABIN THAT'S AS COMFORTABLE AS IT IS PRACTICAL. BECAUSE IT'S A SUBARU, YOU CAN TRUST IT TO GET YOU PLACES YOU NEVER COULD REACH BEFORE - AND TO BRING YOU SAFELY BACK HOME.

FINDLAY AUTO GROUP AND FINDLAY SUBARU PRESCOTT AND YOUR FINDLAY SUBARU PRESCOTT PRODUCT SPECIALIST
AND YOUR FINDLAY SUBARU PRESCOTT SERVICE ADVISOR



928 - 771 - 6900

3230 Willow Creek Rd., Prescott, AZ

FindlaySubaruPrescott.com

Flagstaff-Sedona Dog

CONTENTS

- 5 Riley, Our Cover Dog
- 6 Tucker's Take
- 8 Rescue Resources
- 10 Winter Woes and Our Furry Friends
..... *Shari King*
- 12 Rescue Tales
- 15 A Dog Called CALL *Joseph Wilson*
- 16 Dogs for Adoption
- 18 Cats for Adoption
- 20 Best Places to Go with Your Pet in 2022
..... *Stacey Wittig*
- 21 Chase's Corner: Getting Ready for Shows
..... *Chase and Jan Tomlinson*
- 22 Pets & People Resource Directory

FLAGSTAFF-SEDONA DOG MAGAZINE

Cherie L. Dreves – Publisher/Owner

PO Box 11868, Prescott AZ 86304 • (928) 445-4811

cherie@reddogpublishing.net

Website: FlagstaffSedonaDog.com • Facebook: [FlagstaffSedonaDog](https://www.facebook.com/FlagstaffSedonaDog)

Flagstaff-Sedona Dog reserves the right to editorial control of all articles, stories and letters to the editor. Flagstaff-Sedona Dog assumes no responsibility for errors within its publication. The views herein do not necessarily represent the policies of Flagstaff-Sedona Dog and should not be construed as endorsements.

Flagstaff-Sedona Dog was established in August of 2011 and is a nonpartisan publication published bimonthly in Feb/Mar; Apr/May; Jun/Jul; Aug/Sep; Oct/Nov; and Dec/Jan by Red Dog Publishing LLC. Entire contents copyright 2022 by Flagstaff-Sedona Dog. Layout and design by Kim Prosser, Graphics Manager.



PUBLISHER

Cherie L Dreves

ADVERTISING

(928) 445-4811

Cherie@reddogpublishing.net

STAFF CONTRIBUTORS



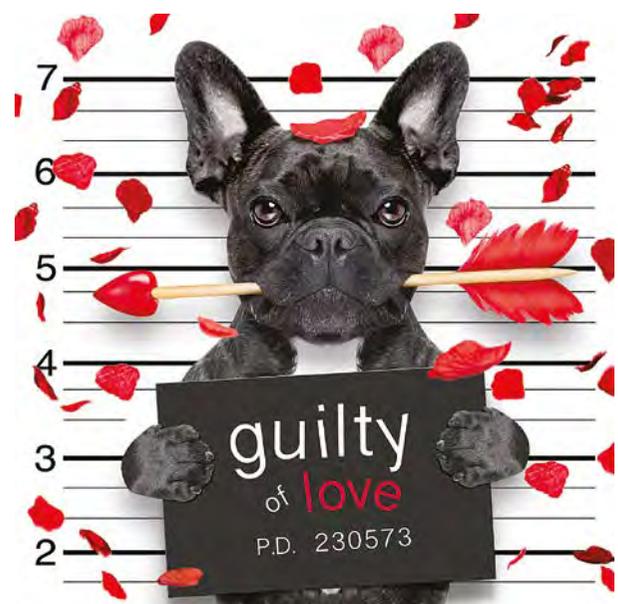
Shari King



Jan Tomlinson



Stacey Wittig





COVER DOG CONTEST

It's easy to enter your furry best friend!

- 1) Take a picture of your canine pal
- 2) Send your picture to info@reddogpublishing.net

Winner will receive:

- 1) A photo shoot with A Portrait Park by J in Prescott
- 2) 50 copies of Flagstaff-Sedona Dog
- 3) A personalized social media post congratulating your dog as the winner and an electronic copy of the printed cover

All entries are judged for the edition submitted..

You can enter for EVERY edition! One entry per dog, per edition.

Deadline Dates - 3/31/22, 5/31/22, 7/31/22, 9/30/22, 11/30/22 and 1/31/23



Riley, Our Cover Dog

Name: Riley

Hometown: Sedona, Arizona

Age: 18 weeks

Favorite brand of kibble: Science Diet Puppy, but Mom makes me ground turkey with rice and pumpkin.

Favorite people food: Carrots and ground turkey with rice.

Favorite toy: I love them all, but the squishy squirrel is my favorite! And the rabbit. And the chicken.

Favorite outdoor activity: Hiking with Dad by the river!

Favorite indoor activity: Playing with toys and chasing my sister Leah around.

Favorite nap spot: I have a bed right next to Mom's desk, and a bed in the bedroom, and a bed in Dad's office, and a bed the basement, and a bed in the car. I like to nap in all of them!

Fitness regimen: RUNNING and chasing my tail until I fall asleep.

Describe your perfect canine pal: My sister, Leah, is perfect. She lets me bite her neck and chase her from one end of the house to the other.

When she gets tired, she jumps up on the couch where I can't reach her.

Then I go play with my brother Tommy, who is much less patient with me, but will play for a bit.

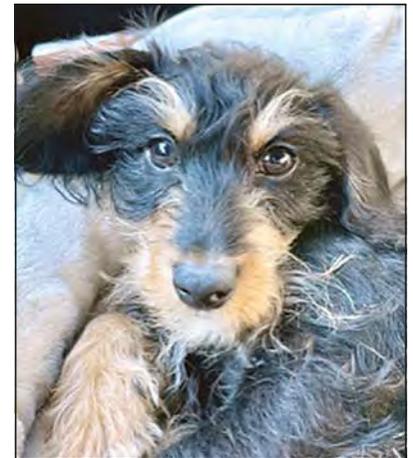
Describe your perfect day: I get to sleep in the bed with Mom, Dad, and my sister and brother. I wake Mom up around 5am by licking her face.

I have breakfast, and we go hiking.

After a hike, I'm tired and take a nap.

I get to play and hang out with Dad during the day. After dinner, I get to take a hike to the river with Dad.

Home in time for playtime, and soon to bed.



Tucker's Take

The Not Ready for Prime Rib Players

What began as perfectly good idea for Keira and me to pass the time in the brisk winter air became, well, something else entirely.

It started with passing the idea to Hazel. Well, actually it began the night before.

When Mom headed down the hall for bedtime, Keira and Hazel decide to follow since it didn't look like Dad was going to have any snacks while he watched a movie. Of course you understand that as a pack, it's our duty as four-leggeds to stay close and supervise any foodstuffs consumed by two-leggeds. I could explain more on the rules and application of our surveillance mode around food, but the most important part is that I decided to lay next to Dad on the couch and watch the movie with him.

I usually nod off during long stories displayed on the moron's magnet (T.V.), but the main character caught my attention. He seemed to really understand the art of tail wagging in an expansive way (for a two-legged, that is).

As the movie progressed, which I think was called something like *Man of La Munchhausen*, I felt inspired to become a knight currant too.

What I liked about the main character was that he was older (like me), he loved adventure (like me), and he was thin (like me under my thick coat). I knew – I just knew – if I had a chance to talk with him about the highs and lows of life as Sheriff of the Pack, he would empathize and probably have good advice (and sing a song to me).

Most of all, I liked his willingness to run headlong into battle.

Laying there next to Dad, I began to make plans to challenge our own giant in the garden. In my mind, the whirly-gig-thing in the garden was now my most fearsome foe, and I could hardly wait till morning. One problem began nagging me: what would I use as a sword?

As I pondered my swordless conundrum over and over, Keira came into the living room, yawned, and took a long stretch. When she raised up, the character Aldonza was fussing with the men around her, and Keira was intrigued. Towards the end of the movie, when the main character, Don Coyote, seemed to be dying, Keira stood and wagged slightly when Aldonza spoke her part. Then Keira abruptly headed back to the bedroom mumbling to herself, while I was left pondering how to carry on the work of a knight now that my new friend appeared to have died.



The next morning right after breakfast, I explained all this to Hazel who flatly refused to directly participate as my amour bearer, Punchy, but she did agree to speak with Dad about getting me something to use as a sword.

I was so intent on eliciting Hazel's help that I didn't realize Keira was behind me until she piped in to demand that Hazel also get her something to wear as a skirt. She wanted to be Aldonza.

Keira said she would help me in my quest if I would enact the last scene with her. I told her I would do that, but I wasn't going to die. She said I just had to look old and sick, and she would do her lines. I felt kind uncomfortable having her do a scene like that with me – her pack brother, her senior, and her Sheriff – but she is the baby of the family.

Hazel must've done a good job convincing Dad of our good intentions because Dad called us down to the studio and showed me how to hold Hazel's plush shark toy to stick out of my mouth as a sword. Then Dad took a green bandanna and tied it around Keira's waist for a skirt. Keira responded with wide body wags and a quick lick of Dad's face.

I was anxious to rush headlong into battle, but of course Hazel had to ask a question, and of course Dad had to pontificate for what seemed an eternity.

Hazel: What's the Aldonza character all about?

Dad: Well...how can I put this? Hazel, do you remember when we were in Tuba City and that tourist couple got out of their rental car with their Afghan dog?

Hazel: Not really.

Dad: And the Afghan must have been coming into season, and a group of neighborhood rez

dogs appeared from all directions and surrounded the Afghan and her Mom?

Hazel: I remember you jumped out of the truck and helped the husband get his wife and the Afghan back into their car, and by then the car was surrounded. They could barely drive away.

Dad: That was Aldonza's life, nearly every day.

Hazel: Wow....

Dad: But Don Quixote believed better things about Aldonza, and called her Dulcinea

because he refused to see life as it was, but how it could be. That seemed like his failing, but it was actually his strength. In the end, Aldonza decided to believe in better things for herself and her future. Perhaps that was Don Quixote's greatest victory.

With that said, Keira raced out of the studio and down the hallway and out the back door. I followed with my sword firmly set in my jaws.

Blasting past Keira in her green skirt, I set my battle stance right in front of the whirly-thing which was not only spinning, but waving back and forth in the wind.

I realized then that I ought to speak (bark) my declaration of war, but my mouth was full of shark, so I decided to resort to my stomp dance before lunging forward to tilt at the windmill. Just before I lunged, Keira blindsided me and took the sword-shark right out of my mouth.

She ran back and forth across the yard and taunted me to the point that I was so frustrated at the interruption of my knight currant duties, I caught her by her skirt and spun her around so hard, the purloined shark shot out of her mouth and right over Hazel's head where she was waiting at the back door to say her line. Hazel thought that was her cue and barked loudly, "Aldonza"!

Keira ran back into the house barking, "I am Dulcimer, I am Dulcimer...."

When Dad appeared in the midst of our chaos, he ignored Keira's barking and asked Hazel how it went.

She replied, "There seems to have been a bit of improvising."

Dad, walking back to the studio, said to nobody in particular, "I am so glad I didn't watch *West Side Story*."

Like I mentioned before, sometimes a good idea turns into something else entirely.



HAZEL HOWLS

FROM REZ DOG TO SPOKES DOG READ HAZEL'S LIFE ADVENTURES
A COMPILATION OF HER FIRST 5 YEARS CONTRIBUTING
TO THE PRESCOTT DOG MAGAZINE

available at
amazon

amazonkindle



*There is no love truer, greater,
more pure or more unconditional...*



*Than the love our pets have for us.
We must never forget that.*



YAVAPAIHUMANE.ORG
928-445-2666

For the love of a DOG

10 YEARS LOYALLY SERVING NORTHERN ARIZONA'S RESCUE COMMUNITY

Flagstaff-Sedona Dog magazine

What we do?

Donate more than 8,000 inches of editorial space to area rescues each year.

Provide hopeful and informative stories about those making a difference in our community.

Match loving pets with their forever homes and match businesses with potential clients.



I'm thankful for Sponsors.
They helped me find my fur-ever home

Have a story idea?
Call 928-445-4811 or email info@reddogpublishing.net

Healthy Hemp CBD for the whole family.
Anxiety, Stress, Arthritis, Epileptic Seizures, Digestion, Nausea,
Chronic Inflammation, Pain, Skin Issues, Rashes, Damaged Foot Pads.

US Hemp Authority Certified
Tested ~ Pure ~ Organic ~ Safe



Pet Releaf Liposomes

- * Professional (Veterinarian grade.)
- * Wild Alaskan Red Pollock Oil
- * More Bio-Available
- * Full Spectrum Hemp CBD Oil

Drive Through, Local Delivery or Ship to your door Your Choice!

Pet Releaf Edibites
Soft Chews Now More Potent

- * Organic
- * Grain, Soy, and Dairy Free
- * Full Spectrum Hemp CBD Oil
- * (3) Flavors (Peanut Butter Carob, Sweet Potato Pie or Peanut Butter Banana.)



10% OFF
Your First Purchase!
Online, use code "HEALTHDI"
Or bring this ad to the store.



Canna Salve 100mg, 200mg & 500mg Oil Tinctures

My Health Etc.
www.myhealthetc.com

1515 Thumb Butte Rd. Prescott, Arizona 86305 Store Hours: Monday - Friday 9:00 - 4:30
Toll Free 844-779-2200 Or order online at www.myhealthetc.com Cash, Checks, Credit Cards accepted DD21



Rescue Resources

For an expanded view of Rescue Resources, visit FlagstaffSedonaDog.com



<p>AARF ANIMAL RESCUE 6639 S. Country Rd., Mayer aarfanimalrescue@gmail.com (928) 925-7219</p>	<p>BLUE MOON RESCUE & SANCTUARY 1851 E Perkinsville Rd. Chino Valley (928) 925-7724, bluemoonrescue.org</p>	<p>HIGH COUNTRY HUMANE 11665 N. US-89, Flagstaff (928) 526-0742 highcountryhumane.org</p>	<p>TUBA CITY HUMANE SOCIETY (928) 793-2364, tubacityhumanesociety.org</p>
<p>ANIMAL GUARDIAN NETWORK HEALING RIVER RANCH 2564 N Arena Del Loma, Camp Verde (623) 780-1604, animalguardiannetwork.org</p>	<p>BRADSHAW MOUNTAIN WILDLIFE ASSOCIATION 18200 S Wolf Run Trail, Mayer (928) 632-9559, bradshawmountainwildlife.com</p>	<p>HUMANE SOCIETY OF CENTRAL ARIZONA 605 W. Wilson Ct, Payson (928) 474-5590 humanesocietycentralAZ.org</p>	<p>UNITED ANIMAL FRIENDS Prescott, (928) 778-2924 unitedanimalfriends.org</p>
<p>ARK CAT SANCTUARY (928) 635-5909, arkcatsanctuary.org</p>	<p>CENTRAL ARIZONA ANIMAL SEARCH & RESCUE Camp Verde, (520) 921-9974 centralarizonaanimalsearchandrescuellc.com</p>	<p>HUMANE SOCIETY OF SEDONA 2115 Shelby Dr (928) 282-4679 humanesocietyofsedona.org</p>	<p>VERDE VALLEY HUMANE SOCIETY 1520 W. Mingus Ave, Cottonwood (928) 634-7387 VerdeValleyHumaneSociety.org</p>
<p>BETHANY'S GAIT RANCH (928) 499-9442, Prescott</p>	<p>CIRCLE L RANCH ANIMAL RESCUE & SANCTUARY Daytime (928) 925-1926, Prescott Valley</p>	<p>NOW THAT I'M SAFE EQUINE RESCUE Facebook: Now That I'm Safe Equine Rescue nowthatimsafe.org</p>	<p>YAVAPAI HUMANE SOCIETY 1625 Sundog Ranch Rd, Prescott (928) 445-2666 yavapaihumane.org</p>
<p>BIG LUCK CLUB Navajo Reservation Dog Rescue bigluckclub.org, bigluckclub@gmail.com</p>	<p>COCONINO HUMANE ASSOCIATION 3501 E Butler Ave, Flagstaff (928) 526-1076, coconinohumane.org</p>	<p>PETS RETURN HOME petsreturnhome.org (928) 793-2013 info@petsreturnhome.org</p>	<p>YAVAPAI HUMANE SOCIETY EQUINE CENTER (928) 515-4947, Chino Valley yavapaihumane.org</p>
<p>BLACKHAT HUMANE SOCIETY Native American Reservation Animals (928) 245-3890 blackhathumane@gmail.com</p>	<p>HEELING HEELERS HEARTS Surprise, (623) 226-2749 azblueheeler.com</p>	<p>SAVING PAWS RESCUE SHEPHERDS & MALINOIS Glendale, (480) 737-6089 savingpawsrescueaz.org</p>	<p>YAVAPAI HUMANE TRAPPERS ANIMAL RESCUE Chino Valley yavapaihumanetrappers.org</p>



AREA DOG PARKS
FLAGSTAFF DOG PARKS
Thorpe Park – 788 N Thorpe Road, Flagstaff
Bushmaster Park – 3150 N Alta Vista Dr, Flagstaff

SEDONA DOG PARK
April 1 thru Oct 1: 6am-8pm • Oct. 1 thru April 1: 7am- 7pm
Turn north on Soldier's Pass Road off State Route 89A, Sedona.

COTTONWOOD DOG PARK AT RIVERFRONT PARK
Dawn to Dusk
Riverfront Park Drive & N 10th St, Cottonwood



GOLDEN BONE PET PRODUCTS

Healthy fun stuff for your pets

928-567-5555

Bringing Sedona a new way to shop for their canine and feline friends.

ECO FRIENDLY, SOCIALLY CONSCIOUS, ENVIRONMENTALLY AWARE, HEALTHY AND JUST PLAIN FUN. PET PRODUCTS AND PET SUPPLIES.

- GMO Free • Hormone Free • Antibiotic Free
- Free Range food and treats Sourced from known and trusted countries of origin.
- Natural and organic supplements, grooming, skin and coat care.
- Innovative and organic toys.



COME IN AND SEE WHAT EVERYONE IS TALKING ABOUT!

3080 W. State Route 89A, Suite A • Sedona, AZ 86336



Golden Bone
WELLNESS CENTER

GOLDEN BONE WELLNESS CENTER
CINDA RAJKOVIK, DVM
(928) 567-7387
GBWC4PETS@GMAIL.COM

Winter Woes and Our Furry Friends

By Shari King

With the hustle and bustle of the holidays behind us, we now embrace the quiet and serene days of winter. But for our pets and other animals, the cold can bring hazards and be quite dangerous, and for some animals, even life threatening.

Poisons

One of the most talked about and well know dangers for our pets in cold weather is antifreeze toxicity.

According to the Poison Control website, animals are attracted to antifreeze because of the sweet smell and taste. This chemical is absorbed very rapidly once ingested.

There is a narrow margin of safety when animals ingest these liquids, and even small amounts can lead to permanent damage to the kidneys. If a pet is suspected to have consumed antifreeze it is imperative that this pet be taken to a veterinarian immediately for treatment.

Something not often mentioned is pet exposure to carbon monoxide, an odorless gas. Carbon monoxide is poisonous to both humans and animals. Fires, car exhaust, generators, unventilated furnaces, and gas water heaters can emit the gas.

It's best to keep pets out of the garage, especially if your car has been running. If you think your pet has been exposed to carbon monoxide, head to your veterinarian so they

can administer oxygen and other treatments. Your pet may need medical attention if they have trouble breathing, or seem weak or lethargic.

Consider placing carbon monoxide detectors throughout your home to keep your family and pets safe.



Another poison not mentioned enough is ice melts. Most ice melts contain large amounts of sodium salts.

Some types can cause damage to the paw pads when stepped on. These granules can get stuck in the paws and between the toes and cause redness, cracking, or chapping.

Ingestion of melts can cause mild to severe toxicity resulting in upset stomach, vomiting, and neurologic signs.

There are "pet-friendly" ice melts that may help to minimize the chance of an injury or toxicity. Also, rinsing your pet's paws off when they come in from outside can be helpful.

During walks, your dog's feet, legs and belly may pick up deicers, antifreeze, or other chemicals that could be toxic. Check your dog's coat and paws frequently for signs of cold-weather injury or damage, such as cracked paw pads or bleeding.

You may be able to reduce the chance of ice and other skin irritants accumulating on your dog's feet by hav-

ing a groomer clip the hair between his toes.

Rodent poison is another potential hazard for our pets and other animals.

Mice and rats commonly come into homes more often in the winter to seek warmth. So, not surprisingly, rat poisons are used more during the colder months and can cause great risk for your pets.

There are different ingredients in the blocks or pellets, and many look the same or are the same color. Always keep packaging from rat poisons in the event your pet ingests it. This will help your Poison Control to quickly identify the toxin and be able determine the specific treatments.

Rat poisons can cause multiple symptoms depending on the ingredient in the bait (internal bleeding, brain swelling, and kidney failure). When using rodent poisons, place the bait in protective bait stations and try your best to keep in areas where your pet cannot go.

Mice aren't the only animals that seek warmth in the winter. Stray and feral cats will often rest on the hoods of warm cars and will even climb up under the hood and put themselves in grave danger should the motor be started while the animal is hiding under there.

A good rule of thumb is to thump the hood of your car before getting in or a quick horn tap before starting. Post a note on your dash to help to remind you to prevent this tragedy from occurring. A

warm vehicle engine can be an appealing heat source for outdoor and feral cats, but it's deadly.

Fires

Fires occur more often during winter months and puts our indoor pets at risk.



Space heaters cause more than 25,000 house fires every year according to the US Consumer Product Safety Commission. Space heaters run on electricity, propane, natural gas, or kerosene.

When investing in a small space heater know that the newer models have updated safety features. Select heaters that have the Underwriter's Laboratory label, which means the product has been tested, inspected, and certified.

If you have a permanent combustion space heater, make sure a professional inspects the ventilation every year. Space heaters should be kept on a level surface, up and away from where people and pets walk.

If you have a fireplace, be sure to cover it with a sturdy screen your pet can't knock over.

Cold weather also brings the risks of power outages. Prepare an emergency kit, and include your pet in your plans. Have enough food, water, and medicine to last for at least 5 days.



Exposure

Cats and dogs should be kept inside during cold weather.

It's a common belief that dogs and cats are more resistant than people to the effects of cold weather because of their fur, but that belief is false.

Like people, cats and dogs are susceptible to frostbite and hypothermia. Some thick-coated dog breeds like huskies and Saint Bernards are bred for colder climates and are more tolerant of cold weather. However, no pet should be left outside for long periods in below-freezing weather.

If you are unable to keep your dog inside, provide him with a warm, solid shelter against the wind. Make sure that they have access to fresh, non-frozen water.

The floor of the shelter should be off of the ground, and the bedding should be thick and dry. The door to the shelter should be positioned away from prevailing winds.

Super-easy cat shelters can be constructed from large plastic totes. Cut a 10-inch hole on the short side, 4 inches from the bottom and fill it with straw. Place in a sheltered area turned away from the wind.



Heated pet mats can be used but should be used with caution because they are capable of causing burns.

A dog or cat's cold tolerance can vary from pet to pet based on their coat, body fat stores, activity level, and health.

Be aware of your own pet's tolerance. You will probably need to shorten your dog's walks in very cold weather to protect him from weather-associated health risks.

Arthritic and elderly pets may have more difficulty walking on snow and ice and may be more prone to slipping and falling.

Short-haired pets feel the cold faster because they have less body protection, and short-legged pets may become cold quicker because their bellies and bodies are more likely to come into contact with snow-covered ground.

Pets with chronic diseases like diabetes, heart disease, kidney disease, or hormonal imbalances may have a harder time regulating their body temperature and can be affected from temperature extremes.

If your dog has a short coat or seems bothered by the cold weather and is reluctant to go outside, consider a sweater or dog coat. Be sure to hang it upon your return so you have a dry sweater or coat each time your dog goes out-

side. Wet coats can actually make your dog colder.

You can make a sweatshirt for a small dog with a pair of scissors and an old sweatshirt. Cut the sleeve off at the elbow and then two holes for the dog's front arms. Modify the length so the underneath ends at the belly and doesn't interfere with urination or walking.

When walking your dog, stay away from frozen ponds, lakes, and other water hazards. You never know if the ice will support your dog's weight, and if your dog breaks through the ice, it could be deadly.



Taking walks each day is a good thing for you and your pet, but try to find iceless paths and trails. If you have to walk around water, keep your dog in control on a short lead.

Pets can become lost in winter because snow and ice can hide recognizable scents that might normally help your pet find his way home. Make sure your pet has a well-fitting collar with up-to-date identification and contact information.

A microchip is a more certain and permanent means of identification, but you must keep the registration and your contact info up to date.



If your pet is whining, shivering, seems anxious, slows down or stops moving, or seems weak, get them back inside quickly because they may be showing signs of hypothermia.

Frostbite is harder to detect, and may not be fully recognized until a few days after the damage is done. If you suspect your pet has hypothermia or frostbite, consult your veterinarian immediately.

Feed your pet well throughout the winter. Feed a high-quality pet food without empty calories and fillers to ensure that their energy needs are being met. Watch your pet's body condition and keep them in the healthy range.

Outdoor pets require more calories in the winter to generate enough body heat and energy to help keep them warm.

Every season has its dangers, and it's up to us to protect our pets as best we can. Being mindful and learning is always our best defense to keep them safe.

So, remember when Jack Frost is nipping at your nose, he's nipping at our pets too!

Airpark Animal Hospital



Dr. Celeste Flannery & Dr. Catherine Byrnes

515 Airpark Rd., Suite #103

Cottonwood, AZ 86326

(928) 649-8387 • www.AirparkAnimalHospital.com



A Shelter Dog's Tale

This is the story of an amazing dog named Lily. Spoiler Alert – yes, in the end, the dog does die, but that's not what this is about. This is the story of a dog that touched the hearts of all who knew her, inspired a line of jewelry, and ultimately got her happy ending.

Our story begins early in October 2017. Lily, a Shepherd-mix dog, is transferred from the Maricopa County shelter to the Humane Society of Sedona. She was guessed to have been born some time in 2009, which upon her arrival in 2017 makes her a "senior" dog.

As the weeks pass, staff and volunteers get to know Miss Lily. She is kind, affectionate with her humans and... absolutely hates other dogs.

Walking Lily was always a dance of trying to find places where she wouldn't see other canines. She was the loveliest of walking companions – good on a leash, loved being out and about for a gentle stroll but....

Another dog approaches and boy oh boy did you have to be prepared. She may have been a senior lady but she could sure dish it out when it came to scolding another dog for daring to show themselves to her. She would literally lose her mind.

We all just loved her. To say she had a big personality is putting it mildly.

More weeks pass, and we all start wondering why she is being overlooked. Why is no one wanting to meet her?

To us, she was a beautiful queen, but to others just seeing her for the first time they saw something else. They saw the dog with the somewhat shabby



coat due to alopecia (hair loss), the older dog that maybe didn't have a whole lot of time left, the dog that had a bit of a stiff gait due to her arthritic hips.

The Humane Society of Sedona did all they could to figure out what was best for Lily. After exhaustive research, a treatment for the alopecia was found – a simple dose of melatonin. Though she never regained all her fur, her coat did begin to fill in, and she looked much, much better.

Months pass and still no one for Miss Lily. She does, however, have an active happy social life. A long-time volunteer, Anne Marie Kraus, regularly comes to pick up Lily for the day and takes her to her home where Lily would relax and chill out while Anne Marie and another volunteer, Linda Brecher, would assemble beautiful pieces of jewelry.

Lily was such a big help in this endeavor (her modeling skills were beyond reproach) that Anne Marie and Linda came up with the idea to call the jewelry line "The Lily Collection". The ladies donated the beautiful pieces to the Humane Society to be sold – all proceeds from the sales to benefit the Emergency Medical Fund for helping with the care of the animals. Lily became a star – the face of the "The Lily Collection."

More months pass. It is now July 2018 (9 long months in the shelter with no prospects). Lily still goes to Anne Marie's, she still goes for walks with her favorite staff and volunteers, she still gets lots of attention but...

something shifts. She begins to get a little cranky with some folks, and she shows signs of kennel fatigue.

One day, I had returned from a long trip and came to the shelter for my afternoon shift. I was warned by staff to be careful with Lily, that she wasn't acting like her usual self with some people.

I went to her kennel and found her sitting with her face to the wall. I called to her and took a chance and entered her kennel.

She came to me right away and sat down next to me but it was different. Rather than sitting facing me as she usually would (she was a dog that engaged in a lot of eye contact with those she loved), she sat with her hips touching mine but her head turned away.

I noticed she was panting (sign of stress) even though it was cool inside.

Being very concerned for my friend, I took out my phone and videoed her behavior, which I then later sent to our shelter manager, Liz Olsen, and voiced my concern.

Liz listened and decided to post the video on Facebook as a plea to find a foster home for sweet Lily. It was obvious she had to get out of the shelter and into a home in order to save her life. She was going downhill fast and losing hope.

Thankfully the video was seen by Deb Grafe who had been following Lily's journey on the Humane Society of Sedona's website and Facebook page – plus her husband, Ron, was a long-time cat volunteer. Bless the Grafes because they stepped up immediately and offered to foster Lily in their home.

Now, mind you, the Grafes are not 'dog' people. They'd never had dogs as pets. They were more of the cat people variety and at the time had a lovely cat named Bert.

Deb and Ron took Lily into their home, and they all just immediately clicked. Lily followed Deb

around the house to the point where Deb would tell her "It's OK, you can stay there – I'll be right back."

At first Bert the Cat and Lily the Dog where not too sure of one another. There is a wonderful photo they took of Lily laying on the living room floor and Bert perched high up on a pot shelf. With time, however, Lily and Bert developed a great friendship – and Lily finally got to have an animal friend.

After a couple of weeks in "foster" a miracle occurs – the Grafes decide to make it official and adopt Miss Lily.

There was never a happier "Foster Fail" as far as all of us were concerned. It was such a joyous event that a party was thrown in Lily's honor. Staff, volunteers, friends all came to the shelter for a pot luck lunch to celebrate Lily and witness the signing of the adoption papers.

Lily was so happy to see everyone, she walked around the room visiting and "holding court" all the while wearing a party hat that she never tried to take off. What a gal!



Deb gave a beautiful heartfelt speech during which she said that "Lily filled the dog shaped hole that had been in her heart." There wasn't a dry eye.

For most of us, it was the last time we actually saw Lily, but every time we'd see Ron he'd fill us in on how well she was doing and the latest 'Lily' story. Deb and Ron Grafe gave Lily what she deserved: a home where she knew she was loved.

(Continued on Page 13)



Set Up for Success at Humane Society of Sedona

Every companion animal that enters the Humane Society of Sedona (HSS) has a story. Not all of these stories are happy, but the HSS Animal Care Team ensures that each animal starts with a clean slate where they can create a new future filled with hope and look forward to a new, loving family. None of this would be possible without the HSS staff, volunteers, and HSS's amazing supporters!

The key basics are taken care of—vaccinations, if needed parasite control, and a spay or neuter surgery with the help of local veterinarians. Behavioral and medical exams are also worked into the animals' first few days in between socialization or walks by HSS volunteers and staff.

All of these Shelter "basics" are covered by donations to the General Fund which pays for



the majority of HSS's expenses.

These funds come from sales at HSS's two thrift stores and lobby shop, general donations, grants, fundraisers, events, donation canisters at local businesses, and commemorative plaques.

More serious medical treatments are paid for by HSS's Emergency Medical Fund that is supported by specific grants and fundraisers including the Lily Collection volunteer-created jewelry line.

Dental procedures, surgeries, and tests are scheduled so that the health of all of the animals is better than when they arrived to HSS.

Each adopter can rest assured that every possible benefit is given to the animals to ensure they start their new life on the right paw and can write a paw-some future "happy tail"!

Stay safe and wash your paws.



High Country Humane: The City of Flagstaff's & Coconino County's Official Animal Shelter

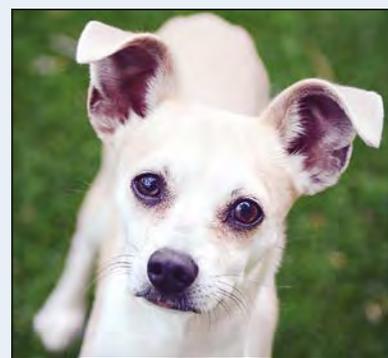
We're sponsoring onsite Low-Cost Vaccination Clinics on February 5 and February 19, and again on March 5 and March 19 from 8am to 10am. No appointments are necessary, and you can find all the information on our website at:

highcountryhumane.org/vaccination-clinic/

Volunteering is so rewarding and extremely beneficial to our animals, so please consider joining our team today! We have Volunteer Orientations every week, and you can find more information at:

highcountryhumane.org/volunteer-opportunities

We have Adoption Events at the Flagstaff Petsmart, Flagstaff Mall, Bookman's, and more! For ongoing dates and times, please keep an eye on



our Events page at Facebook ([tinyurl.com/4sf3djzm](https://www.facebook.com/tinyurl.com/4sf3djzm)), and on our website Calendar at:

highcountryhumane.org/calendar/

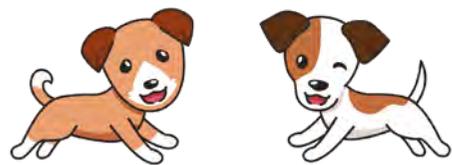
Please consider donating to our Pet Food Bank during our shelter's open house open hours (see last paragraph) or purchasing an item for \$5 or less from our ongoing Pet Supplies Garage Sale. The garage sale will be open during our next food-bank distributions on February 26 and March 26 from 1pm to 3pm.

For more information, or to download a pet food bank enrollment form, please visit:

highcountryhumane.org/pet-food-bank/

High Country Humane
11665 North US Highway 89, Flagstaff
Hours: Mon-Sun 11a-5p
Phone: 928-526-0742

RESCUE TALES



(Shelter Dog, continued)

The last few years of Lily's life were, we dare say, most likely her happiest. For a dog that had bounced around the shelter system probably for years, and Lord knows what kind of life she had prior to that... well, she had won the lottery.

Sweet Lily passed away on December 15, 2021. In her own bed, in her own home, in the arms of the people who loved her the most.

As I write this the tears are flowing. Everyone who knew her I know feels the same: it was an honor to share her journey and



be a small piece in the puzzle that led her to the happiness and the loving home she deserved.

Rest in Peace, Lily
2009? to 2021



Be Their Voice

We've all seen the photos and heard the stories about the dogs tightly chained to a tree in the heat of summer or the frigid cold of winter. The dog shivering outside in the cold hoping to be brought inside to the warmth of a home and its family. The dog that is driven out to a remote area and dumped....

The dog running after the car and then sitting there for days waiting for their person to come back for them. The couple that lived next door and had their great dog, but they had to move because of "landlord issues" with the dog, so they just leave the dog there and drive away.

Sadly, this happens every single day of the year! These animals have no idea what they've done wrong, why they're being treated like they are, and what is going to happen to them. It's heartbreaking!

I must confess: I'm writing this article because during the last couple of years I've been TRYING to figure out why some people can be so callous and cowardly when it comes to their pets.

Most recently it was a situation where a local family moved out of their home and



left their family dog they'd had for 10 years, chained inside their living room with no food, no water, no heat, and nobody there.

After a couple days, someone heard this dog crying and immediately called Animal Control to check out his cries for help.

This precious pup was brought to Yavapai Humane Society where it was treated medically, given food, water, warmth, and love, and has since found a new family that loves him beyond all belief!

This dog is alive and prospering because of a caring person who decided to act and advocate for an animal that was in need.

So why is it that when some families have a dog that they've had its entire life and then get a new puppy, and the puppy and the family dog don't get along, they decide to surrender the dog they've had for all those years? Do you think that dog isn't confused, sad,

and heartbroken...wondering what it did wrong?

I just don't understand how some people can be so heartless. Some of these dogs are old, in poor health, some deaf or blind, and now they are away from the only family they've ever known.

Dogs are some of the most loyal animals around. We've all seen the pictures of dogs that lay on the sidewalk outside of a hospital waiting for their person to come out.

Or the dog that lays at the grave of his person, grieving and yet continuing to be loyal even into eternity.

I don't know what we did as humans to deserve this kind of love and loyalty, but what I do know is those dogs deserve our love and loyalty in return for what they give us!

Believe or not, here we are in 2022 and there are still people who think that animals don't have emotions, feel pain or loss, or get con-



fused. There are still people who think, "Oh, it's just a dog."

No, it's not "just a dog." It's a life, and moreso, it's a life that MATTERS!!!

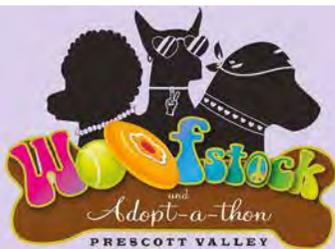
That's the message I'm trying to share with you. Be their voice, be their advocate, be their hero, be the person that may even save their life.

If you see something, call and report it. If you hear something, call and report it.

Even if you're not sure that something might be wrong, be willing to take the chance and make that call. It takes all of us to make this world a better place not only for ourselves but also for other people and for the animals who share this amazing place that we call earth.

I had some t-shirts made for us at the shelter that say "Caring for animals isn't just what I do... It's who I am". If you're still reading this, I know it's who you are too. For that, I say THANK YOU!

RESCUE TALES



Saturday June 11th, 2022
Prescott Valley, AZ

CHOOSE *Life* ADOPT

Upcoming adoption event details at prescottdog.com and flagstaffsedonadog.com



Sunday October 2nd 2022
Prescott, AZ

A Dog Called CALL

By Joseph Wilson

I love dogs. Always have. But I walk with a cane and thought my dog days were long gone. I went to Woofstock in Prescott Valley figuring I could get a dog fix with no commitment. Sort of like "It's Just Lunch". I had no idea what I was in for.

I stopped by the tent staffed by Saving Paws AZ. They described their fostering program called Seniors for Seniors. I qualified for one half. Not long afterwards they called with the canine half – a female German Shepherd.

Off I went to Glendale and, with the staff's help, got the big dog up and into the backseat. Just in case she got away from me the first day, I had an ID tag made up that said: CALL with my phone number.

This dog had a rough beginning. She toiled in a Phoenix puppy mill until she could no longer breed. She was then dumped in a remote area and fended off attacks by feral dogs and coyotes.



When Maricopa Animal Care and Control got her, she was covered with bite wounds. I can feel the scars. She also had an ear infection that was so severe that both ear canals were removed. Skin was harvested from each of her ears and sutured over the holes where her ear canals had been. Consequently, her ears droop and she's stone deaf.

We had a rough beginning. She would wake up at 1a.m. and bark until dawn. This went on for three weeks, I was so sleep deprived the bags under my eyes looked like carry on. Then she started at 2a.m. Then 3, then 4 and then stopped.

With the barking, another issue was eating. She hated commercial dog food, kibble or canned.



I experimented with all types of inducements. Then discovered she liked what I eat. So, mornings we have poached eggs on toast together – hers in a bowl on a bed of fancy trout kibble. Evenings she cleans her bowl of chicken vegetable stew made in a crockpot.

We have made fair accommodation of each other's frailties and idiosyncrasies. I don't walk well. She doesn't like going for walks. I can drive. She LOVES going for drives. She can't hear but can read my hand commands, lips and mind.

Hands down the smartest dog I've ever known. This dog is thriving. It makes me so happy to see her trot across the backyard dragging her extra large dog bed. Chase her tail.



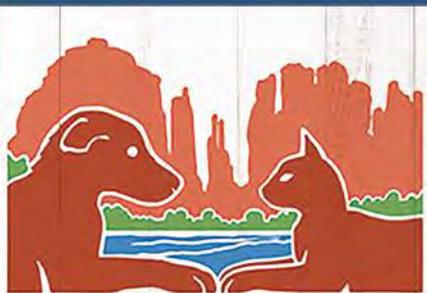
I have a lot of mismatched socks because she has taken to burying them in the backyard. And, best of all, we are each other's biggest fans!

When she wakes from a nap I can hear her barreling around the house crashing into door jambs, walls, furniture and appliances hell bent on finding me. I get her. She gets this three legged man. The initial aggravation pales against the dividend of unconditional love and friendship. I love this dog to smithereens.

When I picked her up at Saving Paws I learned her name was Mary Anne. But she's deaf. No point in getting a new ID tag. She's CALL. Warrior dog.

NOW OPEN 7 DAYS A WEEK

MON-FRI : 8:00AM-5:00PM ⌚ SAT-SUN : 9:00AM-4:00PM



OAK CREEK
SMALL ANIMAL
CLINIC



WELCOME DOCTORS FORBES & PAGE!



ALLISON FORBES, DVM | JEANNINE KINNEY, DVM | JENNIFER KRESS, DVM | MARSHALL PAGE, DVM

A FULL SERVICE ANIMAL CLINIC

COMPREHENSIVE PREVENTIVE CARE
DIAGNOSTIC TESTING
ADVANCED DENTISTRY
ADVANCED SURGICAL SERVICES
INTERNAL MEDICINE & ONCOLOGY
LASER THERAPY & ULTRASOUND
DIGITAL RADIOGRAPHY
AVIAN & EXOTICS
UNDERWATER TREADMILL THERAPY

THANK YOU READERS!
for voting us this year's "Best Veterinary Clinic"



📍 5 PINON DR. & HWY 89A, WEST SEDONA

📞 928-282-1195

➡️ OAKCREEKCLINIC.COM



TOBY: An 8-year-old male Dachshund/Chihuahua mix. He's a sweet older gentleman who loves to go for walks. He is also an expert cuddler and champion lap sitter. Humane Society of Sedona 928-282-4679



DAIKON: A 4-year-old red merle who looks to have a bit of heeler in him. He is very intelligent, affectionate, and loves adventures such as walks and hiking. High Country Humane 928-526-0742



HOUDINI: An 8-year-old sable chihuahua mix who weighs about 20 pounds. He is a shy but sweet, crate trained, housebroken, and very affectionate. He loves treats and playing tug of war. Humane Society of Sedona 480-448-6324



PEPPA: A 1-year-old female husky who is so much fun. She is intelligent, curious, and loves learning and adventures. If you want a good walking or hiking buddy, Peppa is your friend! High Country Humane 928-526-0742



CRASH: An almost 2-year-old Doberman Pinscher/Hound mix. He was born with only 3 legs, but it does not slow him down at all. He is active, smart, affectionate, and energetic. Humane Society of Sedona 928-282-4679



MARKY MARK: A white Cairn terrier male. He is a bit shy, but very affectionate once you win his trust. An active little fellow who enjoys people. Verde Valley Humane Society 928-634-7387



SABLE: A 1-year-old Shepherd mix who weighs 60 pounds. She is a smart and athletic lady who would love to be a hiking companion or active in something challenging like agility. Humane Society of Sedona 928-282-4679



SNOWBEAR: A sweet male Bichon Frise mix, this little fellow is quiet, affectionate, and the best cuddle dog ever. He gets along well with other dogs. Verde Valley Humane Society 928-634-7387



MADDEN: A 1-year-old brindle hound mix with soulful eyes and big floppy ears. He is a sweetheart and would love his own family, plus a few activities to keep him and his hound nose busy. High Country Humane 928-526-0742



ARCHIE: A medium-sized male Otterhound mix, about 2 years old. He is smart, energetic, playful, and super friendly! Archie has it all, looks and personality. Verde Valley Humane Society 928-634-7387



ZUCCO: A 3-year-old lab mix, this happy boy loves hugs, attention, and toys. He is a great hiking companion, and he is very smart. He already knows basic commands. Coconino Humane Association 928-526-1076



BLUE: A 1-year-old male black-mouthed cur. He is happy, energetic, and affectionate, and will play fetch for hours! He is a wonderful hiking companion as well. Coconino Humane Association 928-526-1076



Bear Gets Her Wings

by C.L. Dreves

*All dogs go to Heaven.
What do they do when they get there?*

For ages 9-12 and those who are young at heart.

Now Available in eBook and Paperback.



Human Food No-No's

Almonds
Apricots
Artificial Sweeteners
Asparagus
Avocados
Baby Food
Cashews
Cherries
Chocolate
Cinnamon

Cooked Bones
Corn On the Cob
Flavored Almonds
Flavored Popcorn
Fried and Fatty Foods
Garlic
Garlic Bread
Grapefruit
Grapes
Guacamole

Ice Cream
Lemons
Limes
Macadamia Nuts
Mushroom
Nutmeg
Onions
Pasta Sauce
Pecans
Pepperoni

Pistachios
Plums
Raisins
Raw Potatoes
Raw Yeast Dough
Salty Foods/Snacks
Sugar
Tomatoes
Walnuts
Xylitol

Dangerous Plants

Aloe Vera
Amaryllis
Angelica Tree
Apple Tree
Arrow-Head Vine
Autumn Crocus
Azalea
Baby's Breath
Baneberry
Barbados Pride
Begonia
Bird of Paradise
Bishop's Weed
Bittersweet
Black Cherry
Black Walnut
Bleeding Heart
Bloodroot
Burning Bush
Buttercup
Calla Lily
Carnations
Castor Bean
Chamomile
Cherry
Chinaberry
Chinese Evergreen
Chives
Chrysanthemum

Clematis
Climbing Nightshade
Coffee Tree
Corn Plant
Cyclamen
Daffodil
Dahlia
Daisies
Daphne Belladonna
Devils Ivy
Dock
Dumbcane
Elephant Ear
English Ivy
Eucalyptus
Fig
Flamingo Flower
Foxglove
Gladiola
Golden Chain Tree
Grapefruit
Heartleaf Philodendron
Holly Berries
Hops
Horse Chestnut
Hosta
Hyacinth
Hydrangea
Iris

Jack-in-the-Pulpit
Jerusalem Cherry
Jessamine
Jimson Weed
Kalanchoe
Karaka Tree Berries
Laceflower
Lantana
Larkspur
Leeks
Lemon Grass
Lenten Rose
Lily of the Valley
Lupine
Marijuana
Mayapple
Milkweed
Mint
Mistletoe
Morning Glory
Mountain Laurel
Narcissus Bulbs
Nicotiana
Oleander
Orange
Ornamental Bulbs
Parsley
Pathos
Peace Lily

Peonies
Periwinkle
Poinsettias
Pokeweed
Poppy
Prairie Lily
Primrose
Privet
Ragwort
Rain Lily
Rhododendron
Rhubarb
Sago Palm
Schefflera
Scotch Broom
Snake Lily
Snowdrops
Split-Leaf Philodendron
Star of Bethlehem
Stinging Nettle
Sweet Pea
Thorn Apple
Tomato Plant
Tulip
Water Hemlock
Wisteria
Yarrow
Yellow Oleander
Yew



ZEKE: A 2-month-old silver-gray male with the cutest white toes and bib. He's a precious, affectionate, playful little monster who will bring joy and laughter into your life. Humane Society of Sedona 928-282-4679



SARSAPARILLA: A beautiful long-haired female black house panther with big golden eyes. She is quiet, dignified, and affectionate. Verde Valley Humane Society 928-634-7387



SAM: A striking 3-month-old silver tabby male with big green eyes. He is affectionate, adventurous, playful, and so very handsome! Humane Society of Sedona 928-282-4679



LUNA: A beautiful brown tabby kitten who is affectionate, funny, and loves to play. Verde Valley Humane Society 928-634-7387



HARRIET: The most perfect little house panther ever! She is so very black, with big golden eyes, with a long, soft coat. Funny, affectionate, and loves people. Humane Society of Sedona 928-282-4679



TENNY: A big and handsome black house panther with golden eyes. For more information please contact Verde Valley Humane Society. 928-634-7387



SERGIO: A 1-year-old long-hair blue male. He is most handsome and affectionate, but a bit shy. With a little patience and love, he's going to be your best friend. High Country Humane 928-526-0742



KENRI: A dainty 1-year-old silver tabby female with big green eyes. For more information please contact Coconino Humane Association. 928-526-1076



CRUSH: The cutest orange tabby ever. He's 4 months old and charming. He's playful, affectionate, and he's going to be someone's best friend! High Country Humane 928-526-0742



BUDDY: A handsome senior fellow, he is gentle, affectionate, and would love a warm lap and a cuddle for his golden years. Coconino Humane Association 928-526-1076



JOSHUA: A 9yo black-and-white gentleman who fancies himself to be Adventure Cat who loves exploring. And he's a champion snuggler! He loves people and cuddles. And wet food. High Country Humane 928-526-0742



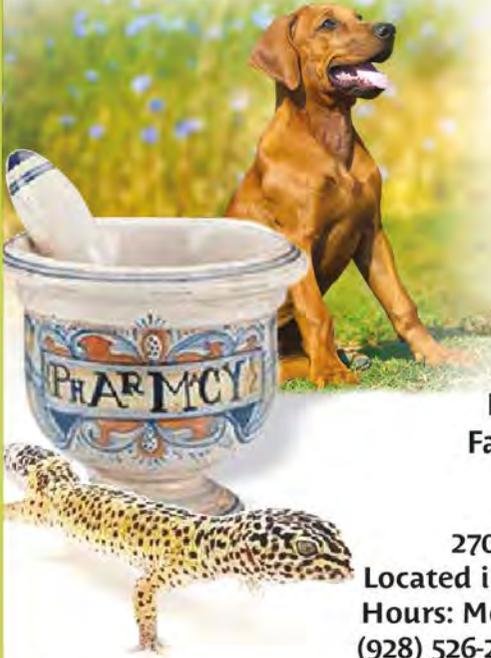
LUNA: A lovely little 1-year-old black and white lady. For more information please contact Coconino Humane Association. 928-526-1076



Making Medicines Right for You!

Mortar & Pestle

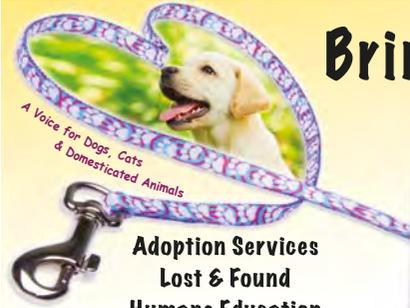
Professional Compounding Pharmacy



Our customers come in all shapes and sizes ~ so do our delivery systems. We customize medicines to fit your needs.

People • Pets • Horses
Farm and Exotic Animals

2708 N. 4th Street, Suite C2
Located in Knoles Village Square
Hours: Mon-Fri, 9:00 am - 5:30 pm
(928) 526-2446 • Fax (928) 526-2245
www.mortarpestleflagstaff.com



Bring Love Home

from the Coconino Humane Association

A Voice for Dogs, Cats & Domesticated Animals

- Adoption Services
- Lost & Found
- Humane Education
- Animal Shelter
- Spay/Neuter Program
- 24-hour Ambulance Service



928-526-1076

3501 E. Butler • Flagstaff, AZ

DONATION FORM

Spay, Neuter & Emergency Medical Fund

Name: _____

Address: _____

Phone: _____

Amount enclosed: _____

Visa Master Card Exp. Date /

Your Donation is greatly appreciated.

P.O. Box 66 • Flagstaff, AZ 86002 • (928) 526-1076

Caring for our community,
one companion animal at a time.



ADOPT.
VOLUNTEER.
DONATE.

Make an appointment
to see the animals!

10am-4pm daily

928.282.4679

HumaneSocietyofSedona.org

Best Places to Go with Your Pet in 2022

By Stacey Wittig

With 2022 in full swing, you and your four-legged traveling companion might be looking for your next port of call. Here's a list of the best pet-friendly destinations for the upcoming year—let us know which one you choose!

Kanab, Utah

Be sure to put **Best Friends Animal Sanctuary** near Kanab, Utah, on your 2022 bucket list. The nation's largest sanctuary of its kind rests in the red rocks of Angel Canyon, just 30 minutes from Zion National Park.

The no-kill shelter houses over 1600 animals at any given time. Whether you love dogs, cats, birds, horses, rabbits, pigs, or wild animals, you're sure to meet them all on a weekend visit. Opportunities to volunteer, tours and workshops make this an educational and fun getaway.



Best Friends Roadhouse and Mercantile in Kanab.

Stay at **Best Friends Roadhouse and Mercantile**, purpose-built for pet-centric travel. Architects designed the lodging complex for the needs of our furry friends. While sniffing out its off-leash dog park, you'll find a dog splash water feature. The DIY pet spa, grooming table and stainless steel dog-washing stations make clean-up easy after fun times on nearby trails. Art celebrating pets and the outdoors is everywhere, making this memorable escape even more exceptional.

San Diego, California

Get your toes and paws in the sand at one of many dog-friendly beaches. First, go off-leash at the **North Beach Dog Run at Coronado**, with incredible harbor views. Alternatively, play fetch at renowned **Dog Beach**, one of the first official off-leash beaches in the country. This beach offers a 24/7 off-leash pleasure in the **Ocean Beach neighborhood**. After a day at the beach, head to **San Diego's Gaslamp Quarter**, where you'll find a multitude of dog-friendly restaurants.

St. Augustine, Florida

Another woof-worthy beach escape is **Florida's Historic Coast**, with 42 miles of dog-friendly beaches and handy outdoor showers that rinse



Windansea Beach, San Diego. Photo by Lisa Field, courtesy SanDiego.org.

the sand from two feet or four paws. At night, enjoy the local food culture, which includes ultra-fresh seafood, at almost 100 restaurants that offer pet-friendly patio dining.

St. Augustine, the oldest European city on the continent, welcomes four-legged guests at many of its historical attractions, which draw visitors from across the country. Don't miss drinking from the natural spring at **Fountain of Youth Archaeological Park**, exploring the **Oldest Wooden School House**, or poking around the **Spanish Military Hospital Museum**—all with your furry friend.



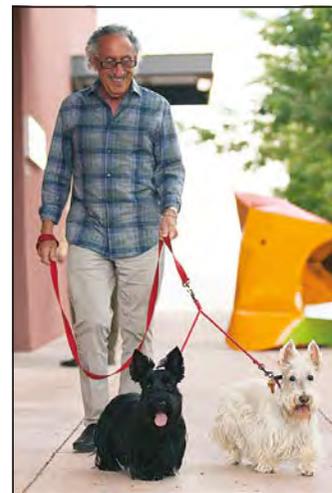
Castillo de San Marcos, St. Augustine, Florida. Photo by Leigh Cort, courtesy FloridasHistoricCoast.com.

Santa Fe, New Mexico

Santafeans love their pets, and that love transfers into making four-legged travelers and their humans feel exceptionally welcome to "The City Different." The foodie destination is known for its unique cuisine, a blend of Native, Spanish, and Frontier flavors. And the good news is, you needn't leave your canine companion behind during dinner.

With over **75 restaurants allowing pets at outdoor tables**, it's easy to explore the walkable city with your furry companion. Then, head to **The Cat resale stores** to sniff out designer and high-end

fashions, collectibles, Native jewelry, vintage clothing, and original art. Locals donate to the boutique, which benefits homeless cats and dogs at the Santa Fe Animal Shelter. Add the many trails perfect for getting outdoors and stretching all four legs under the enchanting New Mexican skies, and you'll find **Exploring walkable Santa Fe, New Mexico**. Santa Fe is an ideal destination for you and your pup.



Mesa and Queen Creek, Arizona

The East Valley, filled with wide-open spaces and water holes, is the perfect pet-friendly getaway. The area is très pooch-friendly with many restaurants and breweries that give a tail-wagging welcome. Don't miss **Queen Creek Olive Mill**, where food is spot-on, the Superstition Coffee is said to be the best in the Valley, and dogs are welcome on the patio under shady olive trees. Enjoy Olive Oil tours happening daily to blind-test the farmer's award-winning virgin olive oils.



Paddleboarding on Saguardo Lake, 30 miles north-east of Mesa, Arizona.

Hike the 3.5-mile, out-and-back **Wave Cave Trail** that climbs through Saguardo forests to a large cave with surprisingly comfortable sandy floors.

Pet-friendly accommodations include the unique glamping experience at **The Cozy Peach** located on **Schnepf Farms in Queen Creek**. **Vintage Airstreams** sport original light fixtures and crazy cool 70s features upgraded with Netflix on the flat-screen TV, microwave, comfy new mattresses, and 100% cotton robes. Hence the term 'glamping,' enjoyed when experiencing nature meets glamorous amenities.

Stacey Wittig is a travel writer who makes her home near Flagstaff. If you enjoyed this article, then check out her tips and travel inspiration at unstoppablestaceytravel.com.

BE ON THE SIDE OF GOOD NEWS!

BE ON THE SIDE OF LIFE!

BE ON THE SIDE OF VICTORY!



Support the news of area rescues

Sponsor a Feature Article!

Reach 23,000 area pet-parents

For More Information Call Cherie 928-445-4811



Chase's Corner: Getting Ready for Shows

By Chase and Jan Tomlinson

I have been so busy lately trying to practice again for my dog shows. And how does one do that? Well, let me tell you the ways.

Since my mom is the teacher, she can't put me in her class since I would have to do the exercises all by myself. Now, that's not possible. How could I hold the leash and still do the exercises?

So, the first thing we do is go to the training field and practice by ourselves. Sometimes there are other dogs there, and I get to practice with them. That's with my mom holding the leash!

Then, two weeks ago, she told me that we were going to attend a mini-seminar. I don't know what that is, but maybe all of the dogs are mini dogs? So, she signed us up and off we went.

It was at 8:00 in the morning, outdoors at our training field, and it was freezing cold! I could have slept another hour in my nice warm house. But no, we had to get in our car and go to the cold field!

When we got to the field, there were other dogs who were grumbling about the same thing. It's a



good thing that I have a thick winter coat to wear.

The first thing we did was a warm-up exercise heeling around a set of cones in a line. I had to keep my head up and totally focus on my mom.

Do you know how hard it is to walk with your head up? You can't see where you are going, and there might be an alligator lurking in the grass! Then she got out a super

delicious treat that I had never seen before, so it was worth keeping my head up and trying to walk.

I then had to walk into the ring paying total attention on my mom. I couldn't look at the judge to see who it was or at any of my friends sitting outside the ring.

Now, this was the most boring thing I ever had to do. There is so much to look at and do while you are in the ring doing your exercises. I always like to get creative and do something different like arranging my dumbbell with my foot before I pick it up. I really can't pay attention to her while I am doing that!

Then we practiced moving from one exercise to another while I kept my head up. She also had to focus on ME, but didn't get any treats for doing it. I guess I did a good job, because I got lots of praise from the teacher.

I also like to bark in the ring because I am really happy to be doing the exercises. But my mom says I can't do that because we lose points for every bark. I didn't know that barks are worth points. I could rack up a bunch of points in the ring! I thought lots of points were a good thing. Anyway, every

time I barked, she stopped dead, put her hand around my muzzle, and said "Quiet!" What fun was that?! I guess getting lots of points isn't the answer.

After my mini-seminar, we had a fun match at our field the next weekend. I thought fun matches were supposed to be fun, but now I had to practice what I had learned and keep my head up and focus on my mom. It really paid off though, because I did the best job ever! And I think I had more fun doing it.

Now my mom is taking a class on the computer on Focus for dog sports. She always comes up with these crazy ideas, but I just go along with them. She keeps telling me that I will be a super dog if I learn these things. I've always wanted to be a super dog so I could get a cape with a big S on it and learn to fly!

So these are the first steps to becoming a good show dog and being successful in the ring. And, having more fun while doing it.

Happy showing to everyone and until next time....

~Sir Chase

CHASE'S CORNER: GETTING READY FOR SHOWS



WESTSIDE VETERINARY CLINIC

WHERE EVERYONE IS FAMILY

Monday - Friday 8am-6pm



Jenny Siess,
DVM



Toni Barnes,
DVM, CVA



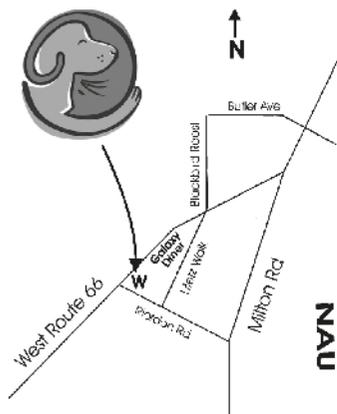
Chelsea Rae
Calhoun,
DVM, CVA



Amanda Gordon,
DVM



Ariel Maltese,
DVM



963 West Route 66
Flagstaff, AZ 86001

928-779-0148

Surgery, radiology, exotics, dentistry,
ultrasound, laser therapy, orthopedics,
acupuncture and more!

www.westsideveterinaryclinic.com





Pets & People Resource Directory

GROOMING, SUPPLIES & SERVICES

DOROTHY'S K-9 GROOMING

Juleen Henderson, Owner
Dorothy Dalegowski, Manager
2100 N. Fourth St., Flagstaff
(928) 522-0788



FARBENHOLT DOG TRAINING

Obedience, Protection, On-Site Training
Classes & Private Lessons
Dewey, AZ
(928) 632-7557



FINDLAY SUBARU PRESCOTT

3230 Willow Creek Rd, Prescott, AZ
(928) 771-6900
www.findlaysubaruprescott.com



GOLDEN BONE PET PRODUCTS

Everything to Delight the Natural Pet and Parent
Healthy and Fun!
3080 W. Hwy 89A, Ste A
West Sedona
(928) 567-5555



JAN TOMLINSON, OBEDIENCE, AGILITY, & THERAPY DOG TRAINING

Classes & Private Lessons
Affiliated with Verde Valley Dog Agility Club
(928) 649-1407 • jtomlinsonx@mac.com



MORTAR & PESTLE

Professional Compounding Pharmacy
For People, Pets, Horses, Farm, Exotics
2708 N. 4th St., Suite C2,
Flagstaff, (928) 526-2446



MY RADIO PLACE

Your online media center for
SIX radio stations in Northern Arizona and
VTV Sparklight 1056 and Suddenlink 2!
A service of Yavapai Broadcasting Corporation.

myradioplace.com



ADVERTISE HERE

- ONLY \$300 PER YEAR
- Reach 60,000+ Readers

CALL CHERIE

Office (928) 445-4811



ANIMAL CARE

ANIMAL MEDICAL SPECIALTY CENTER

Dental • Dermatology • Ophthalmology
2245 Highway 69, Prescott
(928) 778-1990
amscprescott.com



CANYON PET HOSPITAL

No. Arizona's Premier Veterinary Hospital
24 Hr. Emergency Vet, 7 days a week,
including holidays
1054 E. Old Canyon Court, Flagstaff
(928) 774-5197



PRESCOTT ANIMAL HOSPITAL EQUINE CENTER

2611 Avenger Rd, Prescott, AZ 86301
(928) 776-7669
https://prescottequine.com/



SEDONA ANIMAL CLINIC

Professional and Compassionate Care
Medical - Dental - Surgical
David A. Kovalik, DVM
100 Posse Ground Road, Sedona
(928) 282-4133
www.sedonaanimalclinic.com



THE VILLAGE VET HOSPITAL

Medical-Dental-Surgical-Laser
Reed Scudder, DVM
6376 State Route 179
Village of Oak Creek • (928) 862-4086
www.thevillagevetssedona.com



OUR DOG WASH AND BAKERY

Full Service Grooming
Self-Serve Dog Wash
Fresh-Baked Pet Treats
1800 E. Route 66, Flagstaff
(928) 214-9400
www.ourdogwashandbakery.com



RED ROSE THRIFTIQUE

Brand New & Slightly Used
Apparel, Collars, Leashes & Gifts
41 Bell Rock Plaza
Village of Oak Creek (928) 282-5278



PAW PRINTS THRIFT SHOP

Benefits The Humane Society of Sedona

SEDONA
6040 Hwy 179,
Village of Oak Creek
(928) 284-4635



WEST SEDONA
2081 W. Hwy 89A, Suite 1
(928) 282-1287

ADVERTISE HERE

- ONLY \$300 PER YEAR
- Reach 60,000+ Readers

CALL CHERIE

Office (928) 445-4811



GOLDEN BONE WELLNESS CENTER LLC

Veterinary Services, Stem Cell Therapy,
Platelet-Rich Plasma (PRP), K-laser
Cinda Rajkovic, DVM
3080 W. SR 89A #A, West Sedona
928 567-7387
www.GoldenBoneWellnessCenter.com



OAK CREEK SMALL ANIMAL CLINIC

Voted #1 Animal Clinic in Sedona • Full Service
Jeannine Kinney, DVM
5 Pinon Drive & Hwy 89A,
West Sedona (928) 282-1195
www.oakcreekclinic.com



VETERINARY EMERGENCY & SPECIALTY CENTER OF NORTHERN ARIZONA

1110 E. Route 66, Suite 201
(928) 779-5522
www.nazpetemergency.com
Open Weeknights 5pm-8am
Weekends & Holidays 24 HOURS

WESTSIDE VETERINARY CLINIC

Surgery • Digital Radiology
Dentistry • Orthopedics • Acupuncture
963 W. Route 66, Flagstaff
(928) 779-0148



TRAINING DOGS TO AVOID RATTLESNAKES

Snake Proofing for All Dogs
(480) 215-1776
Call for Appointment
vipervoidance.com



TRUE HARMONY DOG TRAINING

Semi-Private Group Class, Puppy Classes,
Obedience, Private Lessons, Trick Training
trueharmonydogtraining.weebly.com
(928) 848-4640



WADHAMS APOTHECARY

Your Hometown, Independent Pharmacy
Sheri Wadhams, Pharmacist/Co-Owner
3100 N. West St., Ste 200A, Flagstaff
(928) 774-5004
wadhamsapothecary@msn.com



THE FIERCE LOVE PROJECT

• DYNAMIC DOGGY DUOS!
Adopt two Dogs at the same time and
TFLP will pay one of the adoption fees!
go to: TheFierceLoveProject.org for details



WING SOUND

Adria Wind Horse Estribou
Animal Communication and Pet Medium
In Sedona & Virtual
105 Roadrunner Dr #1, Sedona
(928) 487-5500
adria@wingsound.com
www.WingSound.com



SEDONA INTERNATIONAL SCHOOL FOR ANIMAL & NATURE COMMUNICATION

Animal Communication Online University
Maia Kincaid, Ph.D.
AnimalCommunicationWorld.com



YAVAPAI BROADCASTING

MYRADIOPLACE.COM

Sit. Stay. Listen!



Arizona's Adult Alternative
100.1 KVNAFM
92.1 Prescott / 93.3 Cottonwood

KYRD
COUNTRY
105.7 FM



ESPN
104.7FM AM600
KVNA FLAGSTAFF

America's Best Music in Yavapai County!

KYBC
AM 1600
96.3 FM

Featuring Frank Sinatra, Tony Bennett, Neil Diamond, and more!



VETERINARY EMERGENCY & SPECIALTY CENTER OF NORTHERN ARIZONA

WWW.NAZPETEMERGENCY.COM

We are your Pet's Emergency Headquarters for all issues.
We are OPEN 24 HOURS EVERY WEEKEND, and MORE



*The best team. The best technology. The best medicine.
Here, your pet will receive the best care there is.
Because, sometimes, nothing less will do.*

*Northern Arizona's only CT Scanner directly at your fingertips.
CT Scans are available seven days a week, 365 days a year.*



928.779.5522
1110 E. Route 66, Suite 201
Flagstaff, AZ 86001

NEW HOURS
Mon, Tues, Wed & Thurs
5pm to 8am
Friday 5pm to Monday 8am