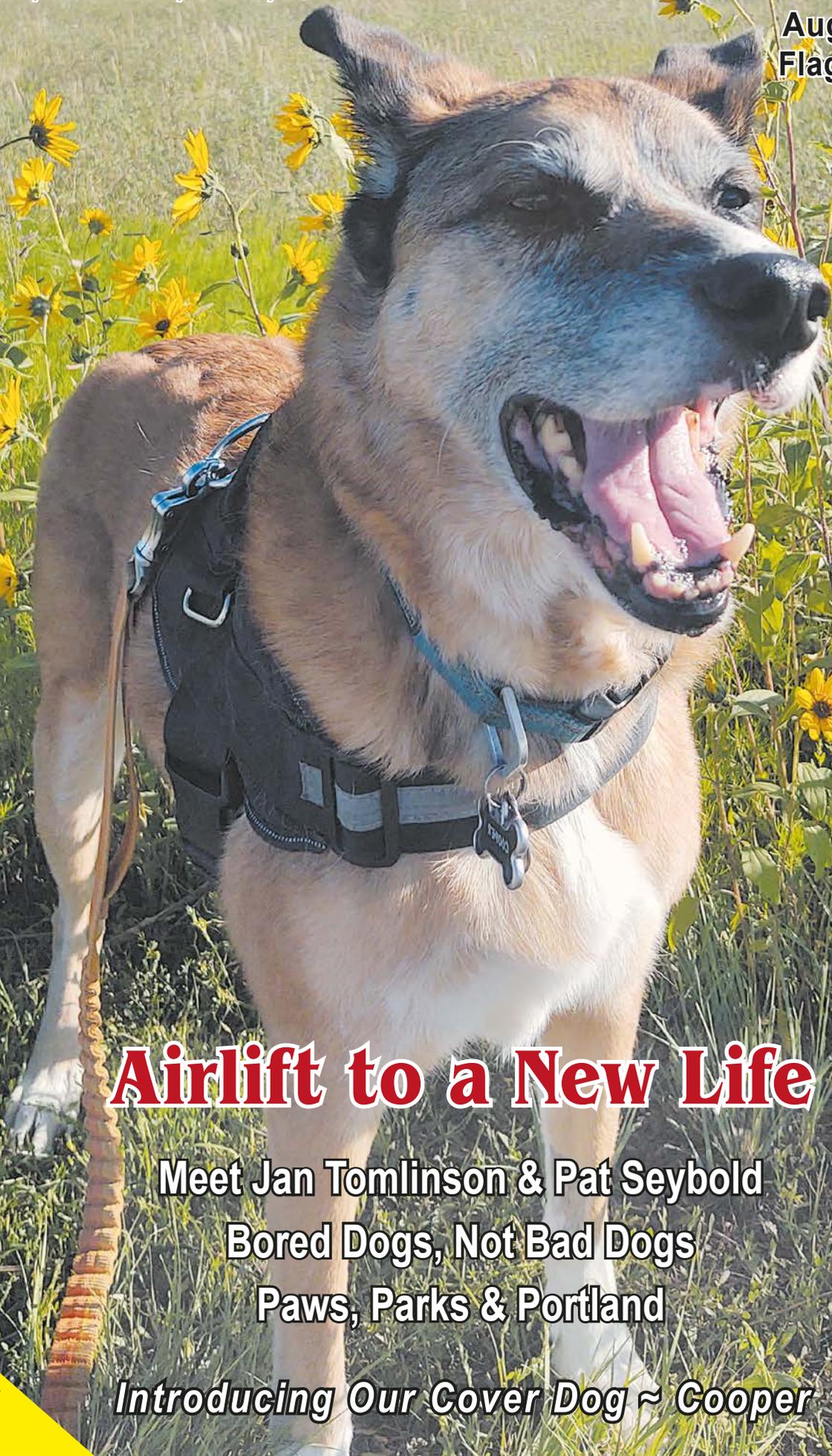


# Flagstaff-Sedona Dog magazine

Also Serving Camp Verde, Cottonwood, Jerome, & NAZ

August/September 2025  
FlagstaffSedonaDog.com



## Airlift to a New Life

Meet Jan Tomlinson & Pat Seybold  
Bored Dogs, Not Bad Dogs  
Paws, Parks & Portland

Introducing Our Cover Dog ~ Cooper

TO A GOOD HOME  
**FREE**  
ALWAYS

# WOOF WORLD WAGAZINE

 A MUST-SEE FOR ALL DOGS LOOKING FOR AN OPEN HOME AND HEART 

## COVER STORY

Meet Loch and read his inspiring tale of a dog who dares to dream... of snacks, snuggles, and a forever home.

## HEALTH & WELLNESS

Five Ways to Convince Your Human It's Time for a Walk (Again)

## FASHION

Microchips ~ The Accessory You Can't See, But Absolutely Need

## LIFESTYLE

Manifesting a Forever Home: Loch's Vision Board ~ Every dog in a shelter has one

DON'T SHOP TILL YOU DROP... 

**ADOPT!**

Check out Yavapai Humane Society at [yavapaihumane.org](http://yavapaihumane.org)



YHS AVAILABLE DOGS

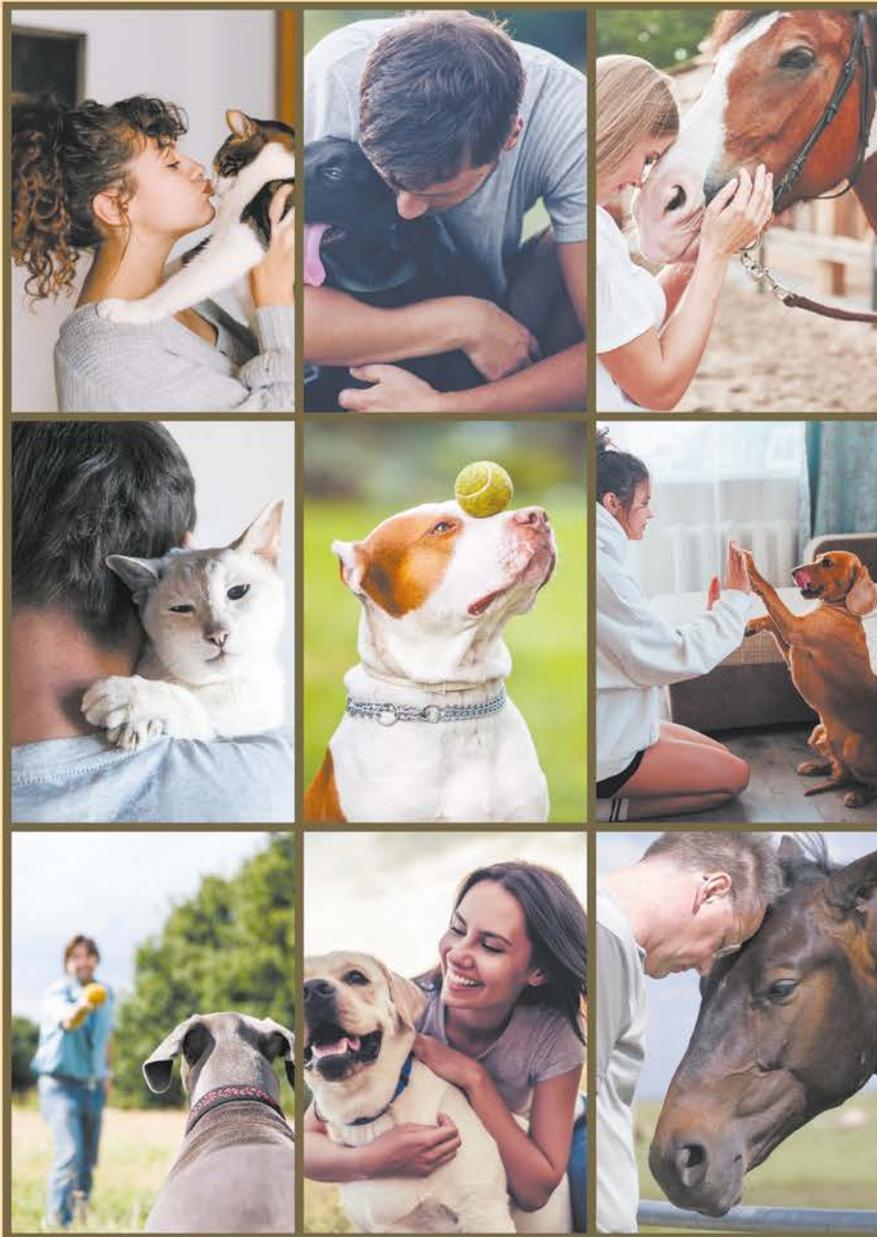
 **Yavapai Humane Society**

1625 Sundog Ranch Road, Prescott  
928-445-2666



# LET US CARE FOR YOUR PETS

*At Chino Valley Animal Hospital, it is our mission to provide the best patient-centered care to our community; through our commitment to encouraging a positive culture, showing compassion, and cultivating growth.*



## OUR SERVICES

**PET WELLNESS  
VACCINATIONS  
SPAY & NEUTER  
PET GROOMING  
PET BOARDING  
DENTAL CARE  
LARGE ANIMAL MEDICINE  
EMERGENCY & CRITICAL CARE**



**3601 N Hwy 89, Chino Valley  
928-636-4382  
[chinovalleyanimalhospital.com](http://chinovalleyanimalhospital.com)**

# Flagstaff-Sedona Dog

## CONTENTS

Cooper, Our Cover Dog .....5

Tucker's Take .....6

Honoring the 20th Anniversary of the  
Dog That Started It All for Me .....7  
*Cherie L. Dreves*

Calendar .....8

Rescue Resources .....8

Meet Jan Tomlinson and Pat Seybold ... 10  
*Jonelle Klein*

Investing in the Future ..... 12

Rescue Tales ..... 12

Airlift to a New Life..... 14  
*Jennifer Casey*

Dogs for Adoption ..... 15

Bored Dogs, Not Bad Dogs ..... 18  
*Solana Kline*

Cats for Adoption ..... 19

Paws, Parks and Portland .....20  
*Stacey Wittig*

All-Season Tips and Tricks  
from Kitty Kitty .....22  
*Kay Lockett*

### **FLAGSTAFF-SEDONA DOG MAGAZINE**

Cherie L. Dreves – Publisher/Owner

PO Box 11868, Prescott AZ 86304 • (928) 445-4811

[cherie@reddogpublishing.net](mailto:cherie@reddogpublishing.net)

Website: [FlagstaffSedonaDog.com](http://FlagstaffSedonaDog.com) • Facebook: [FlagstaffSedonaDog](https://www.facebook.com/FlagstaffSedonaDog)

Flagstaff-Sedona Dog reserves the right to editorial control of all articles, stories and letters to the editor. Flagstaff-Sedona Dog assumes no responsibility for errors within its publication. The views herein do not necessarily represent the policies of Flagstaff-Sedona Dog and should not be construed as endorsements.

Flagstaff-Sedona Dog was established in August of 2011 and is a nonpartisan publication published bimonthly in Feb/Mar; Apr/May; Jun/Jul; Aug/Sep; Oct/Nov; and Dec/Jan by Red Dog Publishing LLC. Entire contents copyright 2025 by Flagstaff-Sedona Dog. Layout and design by Kim Prosser, Graphics Manager.



### **PUBLISHER**

Cherie L Dreves

### **ADVERTISING**

(928) 445-4811

[Cherie@reddogpublishing.net](mailto:Cherie@reddogpublishing.net)

### **STAFF CONTRIBUTORS**

*Cover photo by Lisa Shea*



Pilar Henry  
*Feature Writer*



Stacey Dexter



Solana Kline



Jan Tomlinson



Rita Thompson-Tinsley



Stacey Wittig

## COVER DOG PHOTO CONTEST



### It's easy to enter your furry best friend!

- 1) Choose a backdrop for your picture. Set your camera on large or high and capture a quality shot of your canine pal.
- 2) Send your picture to

**INFO@REDDOGPUBLISHING.NET**

**Please include your name, dog's name, address and phone with your entry. Entries without owners info will not be accepted.**

### Winner receive:

- 1) A \$50. Gift Card
- 2) 50 copies of Prescott Dog
- 3) A personalized social media post congratulating your dog as the winner and an electronic copy of the printed cover

**All entries are judged for the edition submitted..**

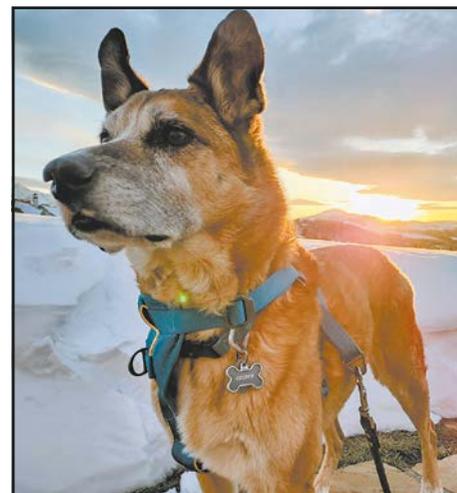
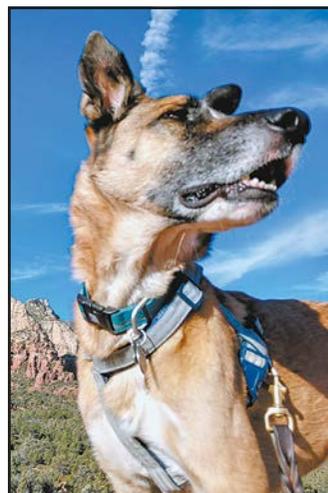
You can enter for EVERY edition! One entry per dog, per edition.

### Deadline Dates

**12/1, 2/1, 4/1, 6/1, 8/1 and 10/1**



## Cooper, Our Cover Dog



**Name:** Cooper

**Hometown:** Flagstaff, Arizona. I was adopted from Coconino Humane Association in 2012, when my Mom found me at the Rescue Round-Up at Wheeler Park.

**Age:** 14



**Favorite brand of kibble:** I don't eat kibble anymore since I've had some teeth pulled. I usually eat a blend of fresh, dehydrated or raw turkey.

**Favorite people food:** Apples, bananas, strawberries, and blueberries. My Dad makes fresh juices every day, and he shares.



**Favorite toy:** Sockies! I think it's fun to steal my Mom's clean socks and throw them around the room before she puts them on so they're just a little wet.

**Favorite outdoor activity:** Walkin' in the woods and lizard hunting.

**Favorite indoor activity:** Watching any version of Jeopardy. I love the sound of Triple Jeopardy on Pop-Culture Jeopardy.

**Favorite nap spot:** In Mom's office. She made a spot for me right behind her chair.

**Fitness regimen:** Daily walkin's. I like to keep a steady trot. We usually cover one to three miles each day. It really helps that Mom is a Reiki Master and doggy massage therapist, so I get all kinds of healing work.

**Describe your perfect canine pal:** Must have a sense of humor. Must be chill, grounded, and kind.

**Describe your perfect day:** The best dog days are when we get go to this small mountain-town in Colorado where all we do is sleep, eat, and hike every day.

## Tucker's Take

Finally. The house hold is quiet and the pack has wound down, having full bellies and finished their business outside. We on four legs are all bone-tired, and after checking on Dad one more time... I'm heading to the foot of the bed. I've tried to recall another time when I was this exhausted, maybe when I was a young pup on the ranch.

Right before Mom headed to bed, we were amusing ourselves watching Prudence yawn multiple times and almost falling asleep while she was standing. Of the members of our family, Pru would be the most tired now, and rightly so.

Dog and hoomans both experience the unexpected from time to time. Today was stellar in that regard.

Right after our breakfast, just as we were about to go outside, the doorbell rang. Dad and Mom were both surprised, and we on four sensed it. We raced to the gate in the foyer, which made Mom and Dad have to wade through our prancing excitement. After they wiggled their way through us while blocking us from squeezing past them and opened the door, our unbridled exuberance increased.

A woman we didn't know came in with her doggo. Mom was ecstatic when she saw who it was, and the two women couldn't stop hugging each other and chattering back and forth.

Our pack couldn't have wish for a more perfect break to our routine on a summer day. We had a new Hooman to check over... and... a possible playdate with one of our own. The woman's dog ignored our histrionics and quietly sat behind his Mom.

Our Mom invited her guest into her office while giving the canine introductions and care over to Dad.

"This is Bodie the Brave, and he loves to play," the woman wanted us to know before the gate opened and we could start the scrum of mutual inspection.



Bodie stood calmly to let us check him over after his Mom headed into the office. That's when Dad noticed Pru was standing off to the side, shaking. Little tremors in her hind legs meant she was very anxious.

Dad walked over to give her a pat and an encouraging word, but she shied away from Dad's hand so she could keep a wary eye on our visitor.

Bodie was obviously made from Heeler stock. He was silver-blue with a short scar on his right ear—which is probably why the tip of his upright ear pointed forward and gave him a slightly mischievous look. He was patient with our inspection and when he had had enough, he hopped past Pru a bit and sat with his back to the cautious pup.

Pru recoiled slightly at his approach and leaned away even more while she watched his strange gait.

Dad deftly closed the gate to separate Hazel, Keira and me from Pru and Bodie. Dad softly said things like, "Esta bien, loca... todo bien Pru... tu tranquilo."

Pru alternately looked at Dad, then back to Bodie on her right. Bodie for his part decided he had waited long enough and

stood up to stretch. That's when Pru's interest piqued. She turned to me with a question in her eyes.

Tentatively, she lowered her head to Bodie's backside trying to figure out a mystery. "Hey...where's you leg?"

Bodie turned to Pru. "Not exactly sure. I remember a flash of pain and woke up in a crate at the vet's, and my leg was gone. I was still a little pup at the time."

Seeing that Pru had overcome her hesitance, Dad decided to open the gate at the exact moment Bodie saw the patio door and trotted straight for it with Pru close behind. She was mesmerized by how he moved.

Before Dad could unlatch the gate, Keira—jealous of Pru getting first dibs to go outside with the new pack guest—decided to jump over the gate. Or try to. She only made it about halfway over, and got hung up.

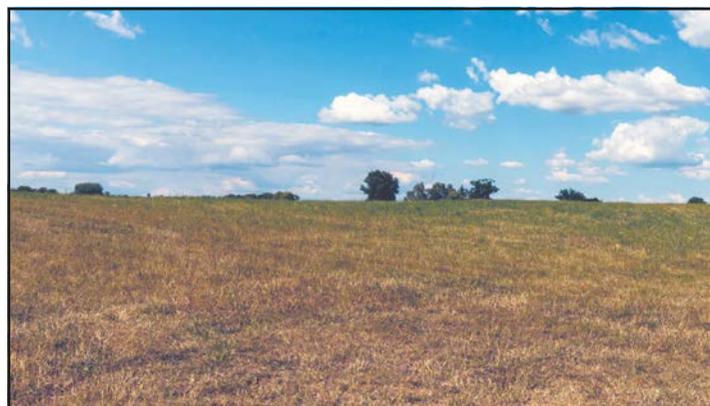
When Dad reached down to help Keira, Hazel made a premature move forward and took Dad out at the knees from behind. Dad folded in half and knocked open the gate on the way down.

Since Kiera was now free and out of our way, we raced to the patio door just as Mom popped her head out of the office to see Dad on the floor.

"What are you doing? Your supposed to watch the kidz."

Before Dad could reply, Mom went back to her friend in the office.

When Dad finally quit fooling around and got to what was important (i.e., opening the doggone door), our home-pack raced outside. Bodie waited at the opening and gazed up at Dad.



"Go ahead Mr. Bodie."

Bodie shot out the door.

After checking all the corners, plants, and trees (followed closely, of course, by the four of us), Bodie spotted a tennis ball under a patio chair. Scooping it up and testing it's squeezability, he ran—no, really, he RAN—to the big garden section around the corner.

Pru (amazed that a three-legged dog could move that fast, and slightly put out that he took her ball with him) took off in hot pursuit. The rest of us were determined to follow, but the pair returned at high speed and passed us, sliding and skidding around the big pine tree and past us again.

"I'm surprised we didn't hear a sonic boom," said Hazel under her breath.

The rest of the morning and long into the afternoon, we ran, wrestled, played tag, drank lots of water, ran more and laid in sun, and then in shade, and ran some more. Bodie, who seem so reserved at first, turned out to be quite an athlete. Pru, known for her constant energy and athletic prowess, couldn't believe how hard it was to keep up.

Dad even got in on the action for a bit making up a game he called, "Run from the Dingo", which is something like the two-legged game of tag. It entailed pretending Bodie was a dingo, and the goal was to run for our lives.

You know Dad is kind of older like me and Hazel, and he ran out of steam after a few rounds. Pru thought that when Dad couldn't keep up, he was sacrificing himself to protect the pack.

She thought it was pretty cool that he'd do that. All and all, it was a great day and will be long remembered.

So, like I said at the start, I'm heading to bed now after checking in with Dad. I hope he knows he would never survive in Australia. Just sayin'.

~Tucker Oso

# HONORING THE 20<sup>th</sup> ANNIVERSARY OF THE DOG WHO STARTED IT ALL FOR ME

*K.D. Bear Born February 1, 1993 - Passed September 9, 2005*

*By Cherie L. Dreves, Owner/Publisher*

You often hear people say, "I wouldn't be where I am today without...". Everyone's event which changed their course is personal, as is mine.

Whichever name she went by, she had many; Katie, Sugar Bear, and Bear Bear to name a few. She was my constant companion. Wherever I was, she was too. She was always right there. I often referred to her as my second child, she kind of was.

I had never experienced such anguish, as the days leading up to her passing. In my work, I called in every favor I could with my clients to get back home as soon as I could. Everyone knew what was happening.

Today, I still hold the utmost gratitude to all involved; clients, designers, bosses, for making that production week one of the easiest of my career.

After her passing, it wasn't easy either, as some how I managed to cry most days for almost six months, especially on Fridays. Which was the day of the week she passed. Like I said this went on for months. My thought was what am I going to do to honor her life?

The answer came on a cross country flight in April of 2006. Suddenly, my steno is open and I'm marking out space to lay out a Dog magazine, there was no thought to it, it just came together.

When I arrived home, I left my luggage by the bedroom door, and went to find some paper and some old magazines. I proceeded to play "paper dolls" on the kitchen table until the prototype was finished. Satisfied to get the idea cemented, I put it away in the file cabinet for future implementation. At that point I wasn't sure when that would be.

In 2007, I left the area and my idea, to go care for a friend and manage her businesses. When I returned in 2010, there in the news rack, was a similar publication to the one I had created years before.

In February of 2016, there was a major course correction in my life. I was afforded the opportunity to purchase the magazine that so mirrored my own. My deepest appreciation to Ann Herrington for allowing me to be the one that took our collective dream into the next decade and beyond.



*The painting of her above my desk*



*K.D. Bear taken August 2005*



*Our photo taken by an 8 year old with a film camera in 1995*



## Bear's Playlist

*Compiled as a tribute to her*

- |                                   |                         |
|-----------------------------------|-------------------------|
| 1. <b>State of Independence</b>   | By Mood Swings          |
| 2. <b>Been Caught Stealing</b>    | By Jane's Addiction     |
| 3. <b>Birdhouse in Your Soul</b>  | By They Might be Giants |
| 4. <b>Trip Through Your Wires</b> | By U2                   |
| 5. <b>Baltimore</b>               | By The Counting Crows   |
| 6. <b>Coyote</b>                  | By Better Than Ezra     |
| 7. <b>This Time of Year</b>       | By Better Than Ezra     |
| 8. <b>29</b>                      | By The Gin Blossoms     |
| 9. <b>Effortlessly</b>            | By Sister Hazel         |
| 10. <b>Around Here</b>            | By The Counting Crows   |
| 11. <b>Anchor Free</b>            | By Sister Hazel         |
| 12. <b>Until I Fall Away</b>      | By The Gin Blossoms     |
| 13. <b>Last Night</b>             | By Better Than Ezra     |
| 14. <b>Coming Home</b>            | By Collective Soul      |
| 15. <b>One Tree Hill</b>          | By U2                   |
| 16. <b>Uncloudy Day</b>           | By Don Henley           |



**Events are subject to change. Please contact the event sponsor to confirm date and details.**

**ONGOING ADOPTIONS & EVENTS**  
HIGH COUNTRY HUMANE

- Low Cost Vaccination Clinic. 1st Sat every month, 8a-10a. 11665 N US Hwy 89, Flagstaff. No appt necessary; 1st come/1st served; up to 40 cats/dogs total each clinic. Info: [tinyurl.com/2wp6yxf4](http://tinyurl.com/2wp6yxf4) (click on the calendar event); [highcountryhumane.org](http://highcountryhumane.org), 928-526-0742.
- Monthly Dog Adoption Event—1st Sat every month, 11a-2p. Corner of Babbitt's Backcountry Outfitters, 12 E Aspen Ave, Flagstaff. Meet, play, adopt.
- Monthly Dog Adoption Event—2nd Sat every month, 10a-2p. Flagstaff Mall (inside by fireplace), 4650 US-89. Meet, play, adopt.
- Monthly Dog Adoption Event—

Check calendar for dates/times: [tinyurl.com/2wp6yxf4](http://tinyurl.com/2wp6yxf4). Dark Sky Brewing Co., 103 W Birch Ave, Flagstaff. Meet, play, adopt.

- Pints and Poses—Puppy Yoga: monthly dog adoption event. Check calendar for dates, times, info & to register: [tinyurl.com/2wp6yxf4](http://tinyurl.com/2wp6yxf4). Dark Sky Brewing Co., 103 W Birch Ave, Flagstaff. All ages welcome at relaxing yoga session surrounded by wagging tails and playful energy. All puppies participating are looking for their forever homes.

50% ticket proceeds benefit High Country Humane.

**AUGUST & SEPTEMBER EVENTS**  
CHINO VALLEY EQUESTRIAN PARK EVENTS

For further info or to register online, visit [cvequestrianpark.org](http://cvequestrianpark.org), and click on EVENTS at the top of the page.

- Aug-Sep, Cowboy Mounted Shooting Practice every Thurs, 8a-12p, Arena 2
- Aug 23, 4H Schooling Show
- Aug 24, Western Dressage Assoc of AZ Western Dressage Show

- Aug 30, Open Schooling Show Buckle Series, 8a start.
- Sep 6-7, EXCA State Championship
- Sep 12, 13, 14: AZ Versatility Ranch Horse Assoc Trail Course & Obstacle Course Clinic
- Sep 13, Open Driving Show for Horses, Minis and Ponies

SUNSET RANCH OBSTACLE CLINIC & OBSTACLE CHALLENGE with Trainer Megan Bennett. Aug 23-24, Horses with Heart. Info: Megan 602-565-1514

— TO THOSE WHO SERVE US —

# Happy Labor Day

Forever Ready - Forever Faithful

## Rescue Resources

For an expanded view of Rescue Resources, visit [PrescottDog.com](http://PrescottDog.com) & [FlagstaffSedonaDog.com](http://FlagstaffSedonaDog.com)

<p><b>AARF ANIMAL RESCUE</b> 6639 S. Country Rd., Mayer <a href="mailto:aarfanimalrescue@gmail.com">aarfanimalrescue@gmail.com</a> 928-925-7219, <a href="http://aarfrescue.net">aarfrescue.net</a></p>	<p><b>COCONINO HUMANE ASSOCIATION</b> 3501 E Butler Ave, Flagstaff 928-526-1076, <a href="http://coconinohumane.org">coconinohumane.org</a></p>	<p><b>HUMANE SOCIETY OF WICKENBURG</b> 4000 Industrial Rd, Wickenburg 928-684-8801 <a href="http://wickenburghumane.com">wickenburghumane.com</a></p>	<p><b>SAVING PAWS RESCUE SHEPHERDS &amp; MALINOIS</b> Glendale, 480-737-6089 <a href="http://savingpawsrescueaz.org">savingpawsrescueaz.org</a></p>
<p><b>ARIZONA BORDER COLLIE RESCUE</b> Tempe, 480-422-5366 <a href="http://azbcr.org">azbcr.org</a></p>	<p><b>DESERT LABRADOR RETRIEVER RESCUE</b> Glendale, 480-899-5227 <a href="http://dlrraz.org">dlrraz.org</a></p>	<p><b>LITTLE ORPHAN ANIMALS</b> Mayer, 678-206-7505 <a href="mailto:orphananimals@aol.com">orphananimals@aol.com</a></p>	<p><b>TUBA CITY HUMANE SOCIETY</b> 928-793-2364, <a href="http://tubacityhumanesociety.org">tubacityhumanesociety.org</a></p>
<p><b>ARK CAT SANCTUARY</b> Parks, 928-635-5909 <a href="http://arkcatsanctuary.org">arkcatsanctuary.org</a></p>	<p><b>DOGTREE PINES SENIOR DOG SANCTUARY</b> 1525 S Dogtree Lane, Prescott <a href="mailto:olddogs@dogtreepines.com">olddogs@dogtreepines.com</a> 667-364-8733, <a href="http://dogtreepines.com">dogtreepines.com</a></p>	<p><b>MISS KITTY'S CAT HOUSE</b> 928-445-5411 <a href="http://misskittyscathouse.org">misskittyscathouse.org</a></p>	<p><b>UNITED ANIMAL FRIENDS</b> Prescott, 928-778-2924 <a href="http://unitedanimalfriends.org">unitedanimalfriends.org</a></p>
<p><b>BLACKHAT HUMANE SOCIETY</b> Native American Reservation Animals 928-899-3942 <a href="mailto:blackhathumane@gmail.com">blackhathumane@gmail.com</a></p>	<p><b>FREEDOM FRENCHIE RESCUE</b> Mesa, (630) 345-0493 <a href="http://freedomfrenchierescue.org">freedomfrenchierescue.org</a></p>	<p><b>PEOPLE FOR PAWS AZ RESCUE</b> <a href="http://peopleforpawsaz.org">peopleforpawsaz.org</a> <a href="mailto:Info@peopleforpawsaz.org">Info@peopleforpawsaz.org</a></p>	<p><b>VERDE VALLEY HUMANE SOCIETY</b> 1520 W. Mingus Ave, Cottonwood 928-634-7387 <a href="http://VerdeValleyHumaneSociety.org">VerdeValleyHumaneSociety.org</a></p>
<p><b>BLUE MOON RESCUE &amp; SANCTUARY</b> 1851 E Perkinsville Rd, Chino Valley 928-925-7724, <a href="http://bluemoonrescue.org">bluemoonrescue.org</a></p>	<p><b>HEELING HEELERS HEARTS</b> Surprise, 623-226-2749 <a href="http://azblueheeler.com">azblueheeler.com</a></p>	<p><b>PETEY'S PLAYGROUND</b> 22448 State Highway 89, Yarnell <a href="mailto:peteysplayground@gmail.com">peteysplayground@gmail.com</a> 928-713-1375, <a href="http://peteysplayground.org">peteysplayground.org</a></p>	<p><b>YAVAPAI HUMANE SOCIETY</b> 1625 Sundog Ranch Rd, Prescott 928-445-2666 <a href="http://yavapaihumane.org">yavapaihumane.org</a></p>
<p><b>CHINO VALLEY ANIMAL SHELTER</b> 1904 Voss Drive, Chino Valley <a href="mailto:cvas@chinoaz.net">cvas@chinoaz.net</a>, 928-636-4223 x7 <a href="http://chinoaz.net/164/Dog-Adoption">chinoaz.net/164/Dog-Adoption</a></p>	<p><b>HIGH COUNTRY HUMANE</b> 11665 N, US-89, Flagstaff 928-526-0742 <a href="http://highcountryhumane.org">highcountryhumane.org</a></p>	<p><b>RED ROSE INSPIRATION FOR ANIMALS</b> Thriftique: 31 Bell Rock Plaza, Sedona <a href="mailto:info@redroseinspiration.org">info@redroseinspiration.org</a> 928-282-5278, <a href="http://redroseinspiration.org">redroseinspiration.org</a></p>	<p><b>YAVAPAI HUMANE SOCIETY EQUINE CENTER</b> (928) 515-4947, Chino Valley <a href="http://yavapaihumane.org">yavapaihumane.org</a></p>
<p><b>CIRCLE L RANCH ANIMAL RESCUE &amp; SANCTUARY</b> Daytime 928-925-1926, Prescott Valley</p>	<p><b>HUMANE SOCIETY OF SEDONA</b> 2115 Shelby Dr 928-282-4679 <a href="http://humanesocietyofsedona.org">humanesocietyofsedona.org</a></p>	<p><b>RESCUE A GOLDEN OF ARIZONA</b> Phoenix, 602-404-9663 <a href="http://golden-retriever.org">golden-retriever.org</a></p>	<p><b>YAVAPAI HUMANE TRAPPERS ANIMAL RESCUE</b> Chino Valley <a href="http://yavapaihumanetrappers.org">yavapaihumanetrappers.org</a></p>

<p><b>AREA DOG PARKS</b></p>	<p><b>FLAGSTAFF DOG PARKS</b> Thorpe Park – 788 N Thorpe Road, Flagstaff Bushmaster Park – 3150 N Alta Vista Dr, Flagstaff</p>	<p><b>SEDONA DOG PARK</b> April 1 thru Oct 1: 6am-8pm • Oct. 1 thru April 1: 7am- 7pm Turn north on Soldier's Pass Road off State Route 89A, Sedona.</p>	<p><b>COTTONWOOD DOG PARK AT RIVERFRONT PARK</b> Dawn to Dusk Riverfront Park Drive &amp; N 10th St, Cottonwood</p>
------------------------------	--	--	---

Making Medicines Right for You!

# Mortar & Pestle

Professional Compounding Pharmacy



Our customers come in all shapes and sizes ~ so do our delivery systems. We customize medicines to fit your needs.

People • Pets • Horses  
Farm and Exotic Animals

**NEW LOCATION!**

1928 N 2nd Street  
Hours: Mon-Fri, 9:00 am - 5:30 pm  
(928) 526-2446 • Fax (928) 526-2245  
[www.mortarpestleflagstaff.com](http://www.mortarpestleflagstaff.com)



## OAK CREEK SMALL ANIMAL CLINIC

Jeannine Kinney, DVM Christina Bertch, DVM Holly Johnson, DVM

### A FULL SERVICE ANIMAL CLINIC



### OFFERING A WIDE RANGE OF SERVICES

COMPREHENSIVE PREVENTIVE CARE  
DIAGNOSTIC TESTING  
ADVANCED DENTISTRY  
ADVANCED SURGICAL SERVICES  
INTERNAL MEDICINE & ONCOLOGY  
DIGITAL RADIOGRAPHY  
ULTRASOUND & LASER THERAPY  
AVIAN & EXOTICS  
UNDERWATER TREADMILL THERAPY



OPEN 6 DAYS A WEEK!  
MON-FRI 8:00AM- 5:00PM SAT 9:00AM- 4:00PM

5 PINON DR. & HWY 89A, WEST SEDONA  
928-282-1195 OAKCREEKCLINIC.COM

VOTED BEST VETERINARY CLINIC SINCE 2003



Find yours at more than 150 locations or always online at [flagstaffsedonadog.com](http://flagstaffsedonadog.com)



### Stay Connected

 [flagstaffsedonadog.com](http://flagstaffsedonadog.com)

 Flagstaffsedonadog

 (928) 445-4811

 P.O. Box 11868  
Prescott AZ, 86304

**Flagstaff-Sedona Dog**  
magazine

# Meet Jan Tomlinson and Pat Seybold

By Jonelle Klein. Article courtesy of The Faces of Sedona and the Verde Valley.

Today, I'd like to introduce two incredible women, Jan and Pat, and share the organizations they've established here in the Verde Valley.

Q: Pat, let's start with you. Tell us about your organization called "Paws for a Cause".

A: Verde Valley Paws for a Cause is a pet therapy organization where we send out trained teams and their dogs to facilities and schools in the community to share some dog love. We service facilities such as nursing homes and assisted living, and any location that calls us for our service.

Q: What does training look like for the dogs in your organization?

Pat: Jan does the training.

Jan: I first do an initial evaluation of the dogs enrolling to determine their potential to become qualified therapy dogs. This is an important step as the dogs will be public-facing and we want to make sure that we prepare them for their therapeutic duties. Then, each dog goes through a six-week class which includes basic obedience training, modified behavioral training, such as teaching them to not pick up a medicine bottle if it falls to the ground, and finally, the last two classes are trial periods where I take the dogs out to a facility, where they are observed to gauge their preparedness. If the dogs do well and pass, then they become certified as a team with their owners to begin volunteering.

Q: Great. And do you organize the teams as well?

Pat: Jan does that as well, I am just the administrator behind the scenes.

Q: And Pat, do you also have a therapy dog?

(Laughing)

Pat: No.

Jan: I think Pat is a great example of having a dog but not forcing the dog to do something it's uncomfortable with. We took her dog through our course and she did ok, but she just didn't take to it, and we discovered that she became nervous and unhappy. It's not for every dog.

Q: Got it. So tell us, how did you get involved with dogs?

Pat: Oh gosh, that goes back to my youth. I've always had a dog. I first



Pat Seybold and Jan Tomlinson. Photo courtesy Gary Glenn.

began doing therapy with dogs through an organization in Kentucky. I was on a crisis-response team and we traveled all over the country following the aftermath of devastating events in the nation. While these were heartbreaking circumstances to witness, I was amazed at how my dog at the time would actually pick out people to pet him when we arrived on the scene.

When I moved out here, I realized that there are several organizations, however during Covid, none of them were serving our area and they left the Valley. That's when Jan and I decided to create our own. We went through organizing our non-profit status and figuring out what we needed to do to be established here in the Verde Valley. The demand was very high off the bat: from libraries and schools, everyone was asking for us. I am very passionate about this work and I know that dogs bring a lot of stress relief to people. Studies show that cortisol levels drop when petting a dog, as an example.

Q: Ok, where can we find you and Paws for a Cause, especially if someone wants to join?

Pat: Our email address is vvp-fac4468@gmail.com. Or, you can go to our website: verdevalleyagilityclub.com and click the tap titled "Therapy Dog Program".

Q: Great. Now let's go to you, Jan. Tell us about the Chase Project.

Jan: Chase was a therapy dog, he did the reading program at the elementary school with kids who had trouble reading, and most recently, he was at the hospital. He loved the hospital and was very famous, especially in the PT room. When Covid hit, and we experienced the shutdowns, the hospital requested a picture of Chase to be put in their PT room.

One day, I was browsing online for a stuffed animal Sheltie dog, and I had an idea to order a batch of them, and distribute them to all of the places we used to visit prior to the shutdown. I began with a small number, and donated to nursing homes, the hospital, and some local doctor offices in the area. That's how we got started. We began raising more money through service organizations such as the Rotary Club of Sedona, Kiwanis, and have grown from there. I love when people come up and tell me that they saw a "Chase Jr." during their day. Our latest contribution has been donating to the kids in foster care. Pat, can you share more about that?

Pat: I am a court-appointed special advocate for kids that have been removed from their homes and are in foster care, so I am appointed to go around and advocate for them.

There is so much trauma when a child is removed from their home; they don't understand what is happening most of the time. That's what prompted me to ask Jan about

spreading Chase Jr.'s to these kids as well. After getting approval and support from supervisors of these facilities, we've added this lane to our donation efforts for the Chase Project as well. These are tough positions to be in for the kids and faculty; we are in the process of raising funds to get a few more Chase Jr.'s. to these facilities.

Q: Wow, that is very touching. Jan, tell us more about your dog, Chase.

Jan: Chase was a phenomenal dog. He was the pick of the litter, and was with the breeder for almost a year. When I lost my other Sheltie prior, I got online to see what was available, and saw a gorgeous picture of Chase. I called immediately, and then drove to Palm Springs to pick him up. He had no training whatsoever. He picked up all the tricks immediately. He had a mind of his own, and he was very humorous.

I used him a lot in demos and he loved it. He was a great agility dog. He did agility, he did obedience, and in his later years I got him into scent work. He was really my heart dog. He was my seventh Sheltie. There was something very special about him, and that's why this Chase Project is very near and dear to my heart. I love helping the Verde Valley and giving them something positive; I know that he would too. That was his nature.

Q: Well, he certainly lives on. Jan, how did you fall in love with dogs?

Jan: Like Pat, our family had dogs growing up. My first dog just walked up to the house, this was eons ago of course, and I'm sure it was part Sheltie. Our neighbors had Shelties too. They chased the cars that went by, but never left the sidewalk. There was always something about them, like Lassie. My first dog was actually a Poodle, but once I experienced having a Sheltie, that was it.

Q: Alright, is there anything I haven't asked you, that you would like someone to know? Pat: I'm good.

Jan: I'm good too.

Q: So in order to donate to the Chase Project, where does someone go to get the info?

Jan: They would have to send me an email, which is: jtomlinsonx@mac.com



# Prescott Valley Healing Field of Northern Arizona



September 5<sup>th</sup> - September 12<sup>th</sup>, 2025

**Flag/Field Installation**

Friday 9/5/2025  
7:00 a.m.

**Blessing of the Field**

Saturday, 9/6/2025  
9:30am

**Flag/Field Take Down**

Saturday, 9/13/2025  
7:00a.m

**Volunteers Needed**

**9/11 Patriot Day Ceremony**

Thursday, 9/11/2025  
6:30 p.m.

Prescott Valley Civic Center, 7501 E. Skoog Blvd, Prescott Valley  
**Pilar Hemry, Event Chair & Volunteer Coord**



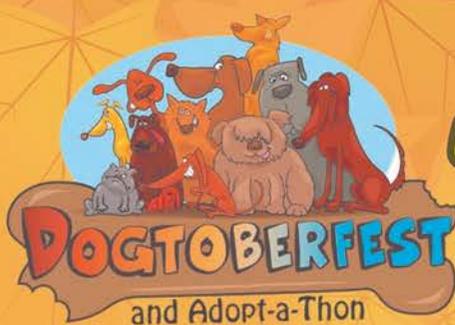
HealingFieldPV@gmail.com



HealingFieldPV.com



/PrescottValleyFlags



# SAVE THE DATE!

**Sunday October 5th 10-3PM**  
**Watson Lake Park, Prescott**



Brought to you by these fine sponsors



**DOGTOBERFEST HOSTED BY PRESCOTT DOG MAGAZINE,**  
**DETAILS AVAILABLE BY CALLING 928-445-4811 OR PRESCOTTDOG.COM**

# Investing in the Future: How Findlay Subaru Prescott and YCEF Are Fueling Education in Yavapai County



In a time when educators are asked to do more with less, meaningful community partnerships can make all the difference. One such partnership—between Findlay Subaru Prescott and the Yavapai County Education Foundation (YCEF)—is proving that when local businesses invest in education, the entire community benefits.

This year, as part of the Subaru Loves Learning initiative, Findlay Subaru

Prescott is donating \$12,500 to support 25 classrooms and 535 students across Yavapai County. But the impact goes beyond dollars. Each of those classrooms will also receive a school supply kit, filled with essential materials that help teachers create engaging, well-equipped learning environments.

Since 2021, this partnership has grown into a powerful force for good. In just four years, Findlay Subaru Prescott has contributed \$60,000, delivered 100 school supply kits, and supported 120 classrooms and 2,900 students. These numbers tell a story of sustained commitment—one that reflects a deep belief in the power of education to transform lives.

“Education is the foundation of a thriving community,” says Jason Jenkins, General Manager of Findlay Subaru Prescott. “We’re proud to support the teachers and students who are shaping the future of Yavapai County.”

To celebrate this year’s

recipients, Findlay Subaru Prescott and YCEF are planning a special recognition event where teachers will be honored and presented with their grant certificates and school supply kits.

The event date is still being finalized, but the intention is clear: to shine a spotlight on the educators who go above and beyond for their students every day.

Equipping teachers with the tools they need is more than a gesture—it’s a direct investment in the quality of education. When classrooms are stocked with basic supplies, teachers can focus on teaching rather than stretching limited resources.

These kits help reduce out-of-pocket expenses for educators and ensure that every student has access to the materials they need to learn, create, and succeed.

The Subaru Loves Learning initiative is part of the

broader Subaru Love Promise, a nationwide effort to make a positive impact in the areas of education, the environment, health, and more. Locally, that promise is being fulfilled in tangible, heartfelt ways.

In a world where headlines often focus on what’s going wrong, it’s worth pausing to celebrate what’s going right.

When businesses like Findlay Subaru Prescott step up for education, they’re not just writing checks—they’re writing a better future for all of us.



Subaru Loves Learning with Yavapai County Education Service Agency Tim Carter



Subaru Loves Learning Teacher Supply Kit Event



## Nellie and Her Babies

Sometimes a story is too sad to start at the beginning, so you simply start in the middle. When his original home burned down, Brian, an assistant professor with the Navajo Technical University, moved into temporary faculty housing. A number of stray dogs hang out at the university in hopes of getting a meal now and again.

One such dog, whom Brian called Nellie, caught his eye. She was a beautiful cattle-dog mix, but typical of adult dogs on the Rez, she was wary of people getting too close. Brian left water and often food out for these dogs, and they

probably sensed that he was on their side.

Nellie soon grew bigger with pregnancy, and she took to sleeping on Brian’s front porch, which was unusual for a feral dog. Maybe Spirit Dog Cinnamon, who had been lost

in the tragic fire, was nudging her along and assuring her it was safe.

When Brian came home on Easter afternoon, Nellie presented him with nine beautiful babies—two of which had rolled away from mama. Brian quickly reunited them. He then put together a

cardboard whelping box to keep everyone safe, but still allow Nellie to move around freely. At that point Nellie allowed Brian to be her doula, to gently touch and feed her and handle her babies.

Nellie was a devoted mama. As her puppies grew, she tried to start their training as feral dogs. She would kill small wildlife, such as

rabbits and gophers, and present them to her growing brood. Luckily, the universe and Brian had an alternate plan, which would allow the babies to have a much better life away from the street scene that mama only knew.

When Brian’s former residence in an adjacent community was nearly ready, and the babies were bouncy six week olds, he piled them into the backseat of his vehicle. They seemed to know that this was a good plan, as they all settled down for a nap during the move to Brian’s rebuilt home.

Blackhat had been providing vaccines and wormers to keep these chubby fluffballs healthy, and Brian was providing the love that allowed them to blossom with their own personalities.

There are seven girls and two boys. The two tiniest girls, Lucy and Tippi, characteristically are the biggest troublemakers. The other girls try to keep the two outnumbered boys, Scooby and Francis, in line.

Unfortunately, mama Nellie could not be convinced to go with the pack, but she waits on campus at

the university for Brian’s regular visits and sniffs his shoes as if to confirm that her babies are in good hands, and happy.

Brian’s long-term hope is to eventually convince Nellie, and one of the likely fathers, Winston, to be taken in and sterilized and maybe live freely near his new home. Spirit Dog Cinnamon must be smiling down on all of them and the good job done to save them.

Brian’s story doesn’t end here, either. He plans to adopt two of the pups, and a relative is going to adopt another. Blackhat is searching for fosters for the remaining six pups, so they too can grow up as family pets and not strays dependent on scraps and the kindness of strangers.

This story reminds us all of the power of kindness to animals, which enriches everyone’s lives. If you’d like to be part of a dog or cat’s success story, please consider learning more about us at [blackhathumanesociety.org](http://blackhathumanesociety.org). We’re always looking for fosters, and we have some beautiful pets waiting for their chance to be adopted, too.



## From a Ranch to a Second Chance

We're not strangers to the idea of second chances in the rescue world. In fact, that's pretty much our modus operandi. So, when dogs are adopted from us here at the Humane Society of Sedona and end up being returned, we don't let it get us down. We know every home isn't a perfect fit, and we'd rather get a second chance at finding the right place for our beloved babies.



Bolt was brought to us in 2024 as a wide-eye fuzzy puppy, and no one could resist his cute face and sweet demeanor. He was adopted within a few short weeks and was off to a happy life on a ranch. We received updates on Bolt and how well he was doing.

Bolt thrived as a ranch dog for about eight months. He went through training and learned the ropes quickly, mastering basic commands and beyond. His herding instincts came alive in that wide open space, and while his enthusiasm sometimes got the best of him, his heart was always in the right place.

Though life on the ranch suited him in many ways, sometimes the path to the best home has a few detours. Bolt was eventually returned to the shelter, but he didn't let it dim his spark. True to his nature, he stayed upbeat, goofy, and ready for whatever came next.

The staff and volunteers at the shelter loved seeing how Bolt had grown and changed in his time away, and were impressed by all his skills. He loved long games of fetch (even if he hoarded the balls in a tidy pile instead of bringing them back), stayed close to people instead of wandering, and had a contagious zest for life.

One spring day at a local race event, fate stepped in. Bolt was there representing the shelter, charming passersby with his sweet face and joyful demeanor. That's when his future family spotted him.

It wasn't just a quick glance—they saw something special. Bolt's energy, his playfulness, and his gentle affection spoke right to their hearts. They spent a little time with him at the race and came to the shelter once the event was over to make the adoption official.

Now, Bolt is back to doing what he does best—being the life of the party. He splits his time between Sedona and Idaho, and loves his adventure-filled life with his new family. From shelter pup to ranch dog, back to the shelter, and finally into the arms of his forever family, Bolt's story is a joyful reminder that it doesn't matter if it's a second or third chance that sticks. All that matters is he is very loved and is exactly where he's meant to be.

If you're interested in adopting, fostering, or getting involved with the Humane Society of Sedona, please visit our website at [humanesociety-ofsedona.org](http://humanesociety-ofsedona.org) or give us a call at 928-282-4679. We'd love for you to be a part of our animals' success stories.



## Let's Work Together For the Animals

If you've spent any time in the world of animal rescue or sheltering, you know just how emotional and passionate it can be. Most of us didn't get into this work for recognition or praise. We did it because we couldn't stand by and do nothing when animals needed us. And at the end of the day, that's what matters most... the animals.

But sometimes, in the middle of all that passion, things can get a little messy. Misunderstandings happen. Frustrations build. And sadly, that can lead to criticism, conflict, and finger-pointing—especially online.

Once it's out there, it's out there, whether it's accurate or not. Even if something gets deleted, it's already been seen, shared, and absorbed. And let's be real: how often do people assume something's true just because it's on the internet? Please do your research before you decide what to post or repost.

We've all heard the whispers: "That place doesn't care about animals."

## Let's Work Together For the Animals

If you've spent any time in the world of animal rescue or sheltering, you know just how emotional and passionate it can be. Most of us didn't get into this work for recognition or praise. We did it because we couldn't stand by and do nothing when animals needed us. And at the end of the day, that's what matters most... the animals.

But sometimes, in the middle of all that passion, things can get a little messy. Misunderstandings happen. Frustrations build. And sadly, that can lead to criticism, conflict, and finger-pointing—especially online.

Once it's out there, it's out there, whether it's accurate or not. Even if something gets deleted, it's already been seen, shared, and absorbed. And let's be real: how often do people assume something's true just because it's on the internet? Please do your research before you decide what to post or repost.

We've all heard the whispers: "That place doesn't care about animals." "They turned me away." "I'd never work with them." And while those words are being exchanged—on social media, in conversations, in reviews—animals are sitting behind kennel doors. Waiting. Hoping. Depending on all of us to keep showing up.

Here's the thing: when we divide ourselves... when we speak out in anger or make assumptions without having a real conversation... no one wins. And the ones who lose the most? The animals we all care about.

Rescue work is hard. And shelters? They aren't big-box stores with unlimited budgets and neatly tied-up outcomes. They're made up of people doing the best they can with what they have. Budgets are tight (no matter what you might hear), staff and volunteers are often stretched thin, and every day brings emotional highs and lows. This work is full of tough calls, heartbreak, and hope—all tangled together.

So, when something goes wrong, or even just feels like it did, it's easy to feel upset. And those feelings



are valid. But how we respond to those moments matters.

Instead of turning to social media or firing off a one-star review, what if we hit pause first? What if we reach out, give each other the benefit of the doubt, and try to talk it through? What if we choose grace over gossip?

Because the truth is, most of us—whether we're adopters, fosters, donors, staff, or volunteers—are

here for the same reason: we love animals, and we want to help. We want to make things better for the ones who can't speak for themselves. And doing better? It starts with all of us. With communication. With kindness.

With remembering why we're here in the first place.

Former staff and volunteers are part of this, too. If something didn't sit right with you, please say something, but do it with the intention of making things better.

Talk to someone at the organization. Ask questions. Share your thoughts directly before taking it public.

Sometimes there's more going on behind the scenes than people realize. And sometimes things that happened years ago are still being talked about as if they're happening now.

If there are issues, there are ways to address them through proper channels—but let's not make it harder for the animals still waiting for homes by spreading more hurt.

To our community: your voices matter too. Your support and your feedback are incredibly important.

If something doesn't make sense, or if you're concerned, we invite you to reach out. Come visit. Give us a call. Let's talk it through. Because behind every policy or decision, there's usually a reason.

More often than not, it comes from a place of trying to do the right thing with the resources we have.

This work isn't perfect, but it is personal. And I promise you, most of us are doing the very best we can.

Now just imagine... what if instead  
*(Rescue Tales cont'd on page 17)*

# Airlift to a New Life

By Jennifer Casey

United Animal Friends recently took in sixteen dogs from a hoarding situation on the Navajo Reservation in New Mexico after receiving a plea from a fellow rescue organization. The owners had so many dogs, they couldn't afford to feed them all or properly care for them, and the organization that contacted us couldn't take them.



Tulie and pups

We knew ahead of time that one dog, Reba, was coming with a litter of puppies, but it wasn't until the day they were due to arrive in Prescott that we discovered another dog in the group, Tulie, was not only pregnant but had given birth that very morning.

Both moms were fearful and very protective of their babies, making it difficult to get them settled into the segregated mom and pups buildings at the UAF Rescue Ranch. These poor mamas didn't understand that we were trying to help. They and did their best to keep us away from their pups, but eventually all were safely bedded down in their cozy quarters.

We soon learned that it wasn't just the moms who were fearful. All but one of the adult dogs were under-socialized due to their lack of exposure to people. They were also very confused at finding themselves in this new situation. Our caring staff and volunteers worked patiently to make them feel safe, acclimate them to their new life, and prepare them for adoption.

We gave the puppies plenty of interaction with a variety of people at our weekly dog enrichment sessions so they'd be ready for adoption once they were spayed or neutered. While we made good progress with most of the dogs, Reba, Tulie, and Teddy continued to be extremely shy and fearful.

Sometimes the best way to help another being is knowing when you need to ask for help. United Animal Friends has spent years cultivating relationships with a broad network of rescue organizations in the southwest, which lets us all work together for the greater good of animals.

In most instances, UAF is



Jared and David



Securely loaded

the one taking in adoptable pets from underserved areas so we can get them adopted into loving homes. This time, we were the ones needing help from an organization with vast experience in rehabilitating fearful dogs, so we reached out to Best Friends, the nation's largest sanctuary for homeless animals.

Best Friends is headquartered in Kanab, Utah, with additional lifesaving centers in Salt Lake City, Los Angeles, Houston, Bentonville, and New York. The Salt Lake City lifesaving center—which works collaboratively with animal rescue groups, city shelters, and individuals dedicated to making Utah a no-kill state—agreed to accept Reba, Tulie, and Teddy.

Thrilled that the dogs would receive the expert care they needed, we now needed to find a way to transport them to Salt Lake City—a ten-hour drive from Prescott. Because the dogs were so fearful and could quickly bolt in a panic, they would need to be kept in their carriers to ensure their safety for the entire trip. That would be an uncomfortable trip, and not the best start to the next chapter of their lives.

One of the UAF volunteers with flight experience started thinking of a better way: why not fly them?

Once again, we needed to reach out for help.

The cost of flying them in a private plane would have been prohibitive, but when Judy contacted Leighnor Aircraft at the Prescott Regional Airport and explained the situation to Jerred Clark, the office manager, he and another pilot, Nigel Legallet, agreed to fly the dogs to Salt Lake City for free.

A few days later, our ranch manager, Kris, brought the dogs to the the airport before dawn for their private flight, and soon they were off to their next step in getting the lives they deserve. We're thrilled that Best Friends will be providing the expert care these dogs need. We're also extremely grateful to these generous pilots for helping them get there.

After the flight, Jarred said, "I'm just happy that the dogs are in a better place, and that they're getting the help they need."

Because Best Friends allowed us to free up some space by taking these three, they asked if we could take in two dogs from the Kayenta, Arizona shelter located on the reservation.

Due to the lack of resources and demand, remote shelters like this one have a particularly hard time getting dogs adopted. They rely on organizations such as ours to bring the animals to areas where they can be seen and adopted into loving families.



Polly Ann

Jimmy Dean and Polly Ann soon filled the vacancies.

Jimmy Dean is a loving, gentle, two-year-old (our best guess) hound-dog mix who enjoys making new friends. He gets along great with other dogs and loves soaking up attention from people.



Jimmy Dean

Whether he's exploring the yard with his nose to the ground or just relaxing by someone's side, he's happiest when he's part of the action and surrounded by love.

Polly Ann is a mixed-breed beauty with a heart of pure gold. At around three years old (again, our best guess), she's the perfect blend of youthful energy and grown-up charm. She's super outgoing, incredibly friendly, and absolutely adores meeting new people. She's the kind of pup who thinks everyone she meets is her new best friend.

Could you be the new best friend for either of these wonderful dogs?

If you'd like to learn more about Jimmy Dean, Polly Ann, or any of our other adoptable dogs or cats, please visit [unitedanimalfriends.org](http://unitedanimalfriends.org). While you're there, please consider donating to one of our critically needed programs, including the Foster/Adopt Program, Spay/Neuter Program, Emergency Medical Program or Community Pet Food Bank. Your support makes happy endings happen.



Puppy enrichment



**GIMLI:** A 6-month-old male shepherd mix. He is super sweet, full of wiggles and affection. He has a quirky smile that will melt your heart. He needs love, affection, and puppy training. Humane Society of Sedona 928-282-4679



**LUANA:** A beautiful 4-year-old female with soft eyes and expressive ears. She weighs 50 pounds. She is potty trained, super smart, and very treat motivated. Her adoption fee has been waived. High Country Humane 928-526-0742



**BARNEY:** A most charming 4mo brindle male mixed-breed. Playful & affectionate, with big eyes & an even bigger heart. Loves making new friends and snuggling. Eager to learn, quick to love. Humane Society of Sedona 928-282-4679



**OSO:** A 2-year-old male Malamute. He is energetic, sociable, and loves romping with other dogs. He is very intelligent and is learning basic training. He is very strong and has a high prey drive (no cats). High Country Humane 928-526-0742



**THOR:** A 2-year-old male Great Pyrenees mix. Big dog who thinks he is a lap dog. He has the heart and playfulness of a puppy. Loves belly rubs and squeaky toys. Excellent hiking buddy. Humane Society of Sedona 928-282-4679



**BIG Z:** A 6-month-old black male mixed breed. He weighs 18 pounds. He is adorable, silly, and good with other dogs. He lives for playtime and thrives on snuggles. Adoption fee is waived. High Country Humane/foster 602-882-2703



**SPOT:** A 6-month-old male Border Collie/Australian Cattle Dog mix with a spot in the middle of his forehead. He is a sweet puppy who would enjoy an active family. Gets along well with other dogs. Humane Society of Sedona 928-282-4679



**PETUNIA:** A sweet 2yo female. She weighs 43 pounds. A lovely lady w/big soulful eyes. Looking forward to a loving family, endless adventures, playtime, and naps in her own bed. High Country Humane/foster 602-890-4416



**EVE BEAN:** A 1-year-old black smooth Dachshund mix. She is a bit shy, but once she warms up, she loves to cuddle. She would prefer a quiet home with no children. Humane Society of Sedona 928-282-4679



**BARQ:** A charming 6-month-old male puppy. Will probably weigh 35 pounds or less full grown. He is fun, playful, and active. History is unknown but he looks to have terrier in his DNA. Verde Valley Humane Society 928-634-7387



**VERA:** A 10mo female mixed breed. She weighs 27 pounds. She is super sweet with huge innocent puppy eyes. She is ready for her own family to enjoy playtime, adventures, and naps. High Country Humane 928-526-0742



**BUTTERSCOTCH:** A 2yo medium-sized female, about 60 lbs. She is lovely and well-behaved, walks nicely on a leash and loves to explore on her walks. She prefers to be around people. Verde Valley Humane Society 928-634-7387

*Airpark Animal Hospital*



**Dr. Celeste Flannery**  
**515 Airpark Rd., Suite #103**  
**Cottonwood, AZ 86326**  
**(928) 649-8387 • [www.AirparkAnimalHospital.com](http://www.AirparkAnimalHospital.com)**



**KRUFFS:** A 2-year-old male terrier who weighs 20 pounds. He is playful, cuddly, and goofy. He loves attention and prefers the company of women. He is polite with other dogs. Verde Valley Humane Society 928-634-7387



**MAGGIE MAY:** A 4mo female Chihuahua/Cattle Dog mix. Affectionate, curious, playful & athletic. Just a little bigger than a Chihuahua. Enjoys other dogs & is good with cats. BlackHat Humane Society/foster at 575-999-6236



**MARS BAR:** A 1yo female, 13 lbs. A bit shy at first, she's searching for adopters who will let her slowly settle into her new home, provide attention and patience and plenty of play time. Verde Valley Humane Society 928-634-7387



**FIFE:** An 8mo female Heeler, but looks more like an Australian Shepherd or Border Collie. Energetic & fun, loves playing w/ other dogs, people & toys. Very smart, learns quickly. BlackHat Humane Society at 575-999-6236



**SAMMIE:** A 6-month-old male. He is a fun, active guy looking for a forever home where he will receive plenty of exercise, training and attention. He loves to run and play. Verde Valley Humane Society 928-634-7387



**JUPITER:** A 6yo female black terrier mix. Very affectionate & playful. Loves people of all ages and cuddles. She is house trained and gentle. Humane Society of Sedona 928-282-4679



**MEEKO:** A 6-month-old female Australian Shepherd/Cattle Dog, white with black female. She is friendly, affectionate, and playful. She loves playing with other dogs and is good with cats. BlackHat Humane Society at 575-999-6236



**MILLIE:** A 4yo female English Staffordshire terrier mix. Mostly white w/black accents & one blue eye. Adores people, wants to be your one & only on long walks or quiet snuggles. Humane Society of Sedona 928-282-4679



**CHESTERFIELD:** A 4mo male Cattle Dog mix. Has a gorgeous fawn coat and amber eyes. Playful, smart, active and loyal. He loves playing with other dogs and is good with cats. BlackHat Humane Society at 575-999-6236



**SWEETPEA:** A 3yo black female mixed breed, weighing 57 lbs. Has a short, silky coat & is very affectionate, smart & learns quickly. A major cuddler and people pleaser. High Country Humane/foster TEXT 928-853-6265



**HARLEY:** A young yellow labrador retriever mix. Sweet, affectionate, active & very smart. Walks well on a leash and rides well in the car. Loves the park & playtime. Will end up being ~40 lbs. BlackHat Humane Society at 4lvdch@gmail.com



**VICTORIA SMILEY:** A 2yo mixed-breed female weighing 38lbs. A lovely companion, gets along with people & dogs. She is up for adventure or snuggling on the couch. High Country Humane Society 928-526-0742



**TILLY:** An affectionate 9-week-old female Red Heeler mix. Playful, affectionate, brave w/tons of energy. Loves to wrestle w/her littermates & play tug of war. BlackHat Humane Society/foster bcc.blackbird@gmail.com



**FRANKIE:** A 1-year-old female mixed breed with shorter legs. She weighs 40 pounds. She is silly and fun, good with other dogs. She enjoys her walks and being able to run and play. Verde Valley Humane Society 928-634-7387

(Rescue Tales cont'd from page 13)

of tearing each other down, we built each other up? What if rescues and shelters collaborated more? What if people left organizations with dignity instead of bitterness? What if we asked questions before jumping to conclusions?

That kind of shift could change everything. It could result in fewer animals waiting for their forever homes. More adoptions. More lives saved. Simply because we chose to lead with compassion, to listen, and to work together.

Because at the end of the day, this work isn't about who does it best or who gets the credit. It's about making sure the animals get the best we can give them. And none of us can do it alone.

So, the next time something feels frustrating or confusing, take a moment. Reach out. Ask. Listen. Let's not make this about blame or drama. Let's keep it about the animals. Together, we can do so much good. Together, we can give them the second chances they deserve.

Let's lead with kindness. Let's work together. Let's keep our hearts and our eyes on what really matters. Because the animals are the reason we're here. And they're worth it.



### Senior Pets for Senior Vets

Dogtree Pines Senior Dog Sanctuary is launching a new program called Senior Pets for Senior Vets (veterans and retired first responders). Senior dogs are being surrendered to shelters, abandoned on the streets, and euthanized in record numbers right now. The shelters are full, the rescues are full, and the streets are full of animals who have no place to go. They have been abandoned.

Many of these owners have passed or gone into senior-care living facilities with no plans for their senior pets. Senior rescues are especially hard to adopt out or rehome because they have limited time left and may have unusually large vet bills. Very few people go to a shelter looking to adopt an older dog that they will only have for a very short time. In addition, rescues face the same challenges.

Seniors cost more, require more time and effort, and in most cases the rescue can't recoup an adoption fee. Old rescue dogs usually sit at the shelter uncomfortable and in pain, get sick, and are eventually euthanized. That's no way to end the life of a dog who has been a loyal companion for their entire life.



Woody & Peanut

Dogtree Pines gives these dogs the safety and security, joy, love and health that they deserve and—when it comes time—a passing with love and respect.

In our program, we match an available dog with a veteran, and you can choose to adopt or foster. If, at any time or for any reason, you determine that you can no longer care for the dog, we take them back into the sanctuary, no questions asked.

This lets you enjoy the company of a senior pet without worrying what will happen to them if changes arise in your life.

### Benefits of Our Program

- No adoption fee!
- Adopt or foster (select dogs)
- If anything happens (medical or otherwise), we take the dog back, no questions asked. No need to worry about finding them a new home!

Please see our available dogs at [dogtreepines.com](http://dogtreepines.com).

### Dogtree Pines Fundraiser Event

This year's fundraiser celebrates our profound bond with dogs. Attendees will enjoy an afternoon of inspiration and fun at the Hazeltine Theater.

Your afternoon begins with live music and cocktails while you peruse exquisite silent-auction items and shop at the DOG Duds booth in the beautiful outdoor courtyard of Hazeltine. You'll indulge in tasty tapas from El Gato Azul and delicious desserts provided by Theodore's Fine Foods while anticipating our headliner—the famous Dion and Gobi from the New York Times bestseller, *Finding Gobi*.

Dion, an accomplished motivational speaker, will share a fifty-minute presentation with a slideshow on the epic true story of their journey, challenges, and enduring bond to get to where they are today. They'll share their story together as Gobi sits by his side.

It's all followed by a meet-and-greet with Dion and Gobi and leaving with a gift, thanking them for their support of Dogtree Pines Senior Dog Sanctuary.

So please join us on Saturday, September 13 from 1:30 p.m. to 4:30 p.m at the Hazeltine Theater, 208 N. Marina Street in Prescott. Tickets are \$125. For more information, please visit [dogtreepines.com/events](http://dogtreepines.com/events).



**GOLDEN BONE PET PRODUCTS**  
Healthy fun stuff for your pets

**20 Year Anniversary**

- Eco Friendly
  - Socially Conscious
  - Environmentally Aware,
  - Healthy
- ...and just plain Fun.

**Pet Products and Pet Supplies**

**928-567-5555**

Find us on

@goldenbonepetproducts

**COME IN AND SEE WHAT EVERYONE IS TALKING ABOUT!**

3080 W. State Route 89A, Suite A • Sedona, AZ 86336

[www.goldenbone4pets.com](http://www.goldenbone4pets.com)

# Bored Dogs, Not Bad Dogs: Neuroplasticity and New Adventures

By Solana Kline, four-legger and grateful packmate to Dr. Betty Sausage and Dr. Mickey Wiggles



*Basquing in the 14ers*

"You guys, seriously, COME ONNN!"

I attempt to cajole the furry duo to hurry the heck up on the trail for our morning walk. I tell them how cute they are, convince them how many sniffers are just ahead. But Betty and Mickey have decided they have smelled and seen all they need to on this trail. After all, we have walked it a few times and apparently they are over it.

They are putting about 50 meters behind me, sitting down in the trail, picturesque amongst the fierce yellow of the Bird's Foot Trefoil, meandering SO SLOWLY it is making me bazooka.

Here we are in the middle of Colorado Collegiate Peaks 14ers country, Springtime, the newborn wildflowers blasting through the decomposed granite soil, eager to meet the sun and bees and April showers. The Ponderosas are waking up, faint aroma of vanilla beginning to radiate off their orange skin. The mountains behind carry their snowpack still, even a fresh dusting last night, it looks like. Crispy white peaks just beaming in that early morning sun, contrasting heavy with the blue-bird skies behind.

A raven's nest floats just above us, cradled in the Pondo's arms, little baby squawkers insisting mama bring them some more snackies, RIGHT NOW.

All this, and Betts and Micks show no interest. Off-leash, US Forest Service land, all the acreage they can explore, perfect 60-degree temps, and they just can't be bothered to come on the morning walk. What is going on??

I know what you're thinking: they're middle-aged now, maybe they're tired?

That was my first thought also, and I may have suffered a minor panic attack that they didn't feel well, or that they all of the sudden got too old for mountain adventures, THE HORROR! But then, I discover their trickery: they are bored of this same trail.

The second we get to the trail fork half a mile up, and we go a new direction, they bolt off down the trail and into the forest! And if we go to a new trailhead, they sprint ahead into oblivion. What little poopers! But as frustrating as it might be in the moment, I get it! I feel the same muted enthusiasm and lack of umph when we repeat trails often.

There's actually a science to all of this, for humans and for doggos. Exploring new places is good for our brains, psyches, health, and soul. It wakes up our imaginations, our senses, our energy levels. A new adventure piques our presence, alerts us to being right here, right now, grounded in this moment because we are not routinized to it.

When we go about the same daily to-do's, we do not build new neurons in our brains, leaving them stagnant

and on autopilot. When we switch up our routines (even just brushing our teeth with the other hand or taking a new route to work), it triggers neuroplasticity: the process of our brains forming new neurons and neural pathways—being malleable and plastic. This actually releases dopamine in our brains.

Basically, when we aren't doing/learning new, our brains are lazy: they choose the most efficient routes to fire the signals, even if those existing pathways are not the healthiest. For example, a person or dog might be stuck in a fight/flight response because their brain got used to firing that response in reaction to everyday life traumas.

This happens because every time a neural pathway is used, it becomes the go-to for the brain. What this ends up doing is putting us (and the dogs) on autopilot, victims of a pre-programmed learned reaction. And when we're on autopilot, lost in routine or lost in thought, we don't make new memories because we aren't present or alert enough to do so.

But what's incredible is that through neuroplasticity, the whole pack can learn new responses to old triggers. We can break out of autopilot by doing new things.

Human and hound brains may be a little too good at adapting to everyday routine, succumbing to its safety and mechanized malaise, its surety of distance or difficulty.

While some humans and dogs may feel they thrive in routines, they're actually a source of controlled boredom, where a walk becomes a task or a chore instead of exploratory adventure. And this is unhealthy for our brains (and our soulshine, if you ask me).

This is where neuroplasticity comes in. Dogs and humans have extraordinary brains—brains that thrive on being engaged in new input, new problem solving, new joy, new challenges! And this can be done while still staying within the whole pack's safety comfort and physical abilities.

Neuroplasticity is linked to improved learning and memory, cognitive function, mental health, adaptability, and brain health. It's also central to systemic healing from inflammation, chronic illness, PTS, OCD, dementia, Parkinson's, depression, and many other syndromes



*Mountain Top Pack*



*Oh, the drudgery of the same trail every day*

related to our brains and autonomic systems. And these are all true for our canine companions as well.

I've heard people say a dog was bad, that it chewed the house or dug up the yard, that it was aggressive or hyperactive. The question is, is the dog bad or are they bored?

Canines are wonderfully intelligent, they have big fat brains like us humans, brains that thrive on new experiences and new sniffs, brains that continue to grow and reform throughout our lives. And brains that get bored, brains that get depressed when they aren't engaged and activated, just like us humans.

Scientists have debunked the old adage, "Old dogs can't learn new tricks", finding that throughout hu-

man and hound lives, our brains will continue to learn and grow as long as we continue to do new, to challenge them. And when we encourage daily neuroplasticity for the whole pack, we get to create new memories together, building all of those new neural pathways for our mental and physical health.



*Betty fjording raging rivers*

Yesterday, I promised the hounds a new hike. The joy emanating from each of us was palpable. Betts was in chipmunk heaven—launching up and over, under, across, and into the dead fallen firs who had toppled across the massive granite boulders. The afternoon sun flitted in and out across her silverback sausage hairs as the breeze dance with the fresh aspen leaves above.

Mr. Mickey galloped along the stream bank hot on the gamey musk of last night's bear or deer or moose or beaver. My own senses were here, present instead of meandering off some old neural pathway not serving me right now. Dr. Betty Sausage flies past my right side on the trail, open-mouth booping my hand as she passes, Dr. Mickey Wiggles is already 25 yards ahead, looking back with that big boy smile.

They are so happy, the happiness you just feel radiating out of pups on a new adventure, the kind of happiness our human souls recognize because it means we are free and it means we are alive.

Until next time, happy trails and happy tails!

~Solana, Betty, and Mickey



**TORTILLA:** A 6yo tortoiseshell female w/the softest fur & big green eyes. She will melt your heart! She loves windowsills and cozy hiding places for naps. She would thrive in a calm, loving home, Humane Society of Sedona 928-282-4679



**ZORA:** A 12-year-old black female with beautiful green eyes. She is gentle and affectionate. She is calm, loving, and always ready to curl up in your lap or greet you with a soft meow. Humane Society of Sedona 928-282-4679



**HERA:** A beautiful 2-year-old longhaired gray with white female. She is a very sweet kitty who loves attention. She is also capable of entertaining herself if you are busy. Humane Society of Sedona 928-282-4679



**JASPER:** A sweet 6mo gray medium-haired male. A little bit shy at first but comes out of his shell w/some patience. His preferred home would be calm and quiet with loving and patient people. Humane Society of Sedona 928-282-4679



**FEATHER:** A sweet 2-year-old dilute tortoiseshell female with stunning copper eyes! She is very affectionate and gets along with other cats. Humane Society of Sedona 928-282-4679



**LOLA:** A one-year-old female brown tabby with a lot of white. She is a sweet cat with a lot of love to give, but she is a bit shy at first. Humane Society of Sedona 928-282-4679



**CHANTILLY:** A lovely 2yo female, white w/tabby markings. Very sweet & loves to cuddle. She loves birdwatching on windowsills, basking in sunshine, and napping in cozy beds. High Country Humane Society 928-526-0742



**JIMMY DEAN:** A sweet and affectionate 3-year-old brown tabby with white trim and big green eyes. He is very affectionate but would prefer to be your only feline friend. Humane Society of Sedona 928-282-4679



**LEIA:** A sweet 3mo red tabby female (unusual!). She is outgoing, adorable, and has a tremendous purr. She loves attention and affection. High Country Humane/foster at [octoberdaisy@gmail.com](mailto:octoberdaisy@gmail.com)



**ROBIN:** An exquisite pure white 4yo female w/ golden eyes. Robin was found alone in the woods & is learning to trust again. Once she warms up, her affectionate, gentle personality shines through. High Country Humane 928-526-0742



**ROBI:** A charming 2-year-old Tuxedo male. For more information, please contact the Verde Valley Humane Society at 928-634-7387.



**BEAN:** A cute and funny 3-month-old fluffy male tabby. He is high energy and super playful, not to mention curious and fearless. He loves to explore. He is also very cuddly and purring. High Country Humane/foster at 951-234-4405



**OLAF:** A beautiful silver-gray 2-year-old male with stunning green eyes. For more information, please contact the Verde Valley Humane Society at 928-634-7387.



**REY:** A classy 3-month-old female brown tabby. She is gentle and loving, and she will follow you around and never leave your side. She is a champion at cuddling and purring. High Country Humane/foster at 623-313-1246

# Paws, Parks and Portland: Sniffing Out the City's Dog-Friendly Delights

By Stacey Wittig



Photo by BrandsPeople via Unsplash.

Ready to sniff out a new city with your four-legged traveling companion? Set your sights (and your cold noses) on Portland, Oregon. The Willamette River is the scenic centerpiece with plenty of riverside parks and nearby quirky coffee shops—more than you can shake a stick at.

Portland isn't just another stop on the dog-friendly map—it's ranked #5 most dog-friendly city in the USA according to the same USA TODAY study that recently crowned Flagstaff #1.

Begin your Portland adventure in the Pearl District, where old warehouses have been transformed into art galleries, indie boutiques, and patios packed with locals and their pups. You and your furry friend can strut your stuff along cobblestone streets, pausing for a pup cup at a sidewalk café.

Here, dog-watching is practically a competi-

tive sport. Expect to see everything from dapper dachshunds in raincoats to golden retrievers sporting bandanas.

When the tummy rumbles hit, sniff out Tin Shed Garden Café on Alberta Street. You'll find a dog-friendly patio and at least one tasty treat for your four-legged traveling companion on the main

menu. The patio is a scene straight out of a dog lover's daydream with bowls of water, friendly staff, and plenty of new sniffing buddies for your four-legged sidekick. Don't be surprised if your companion gets more attention than you do: Portland folks know how to treat a visiting pup.

Craving some green time? Forest Park is your urban wilderness fix, boasting more than 5,000 acres of towering evergreens and mossy trails. The Wildwood Trail is a favorite for leash-led adventures where you and your furry explor-



Pearl District art walk. Photo by Rob Finch, courtesy of Travel Portland



Dog-friendly Eastbank Esplanade. Photo by Torsten Kjellstrand, courtesy of Travel Portland.

er can soak up the sights, sounds, and scents of the Pacific Northwest. Pause at a clearing for a snack and take in the view of the city skyline shimmering beyond the treetops.

After a day of adventure, check in at a pet-friendly hotel like the Kimpton RiverPlace, where your four-legged companion is greeted by name and treated to plush beds and gourmet treats. The concierge will even hand you a map of Portland's best dog-friendly breweries and parks. In this city, every guest gets the VIP (Very Important Pup) treatment.



Willamette River. Photo by Jamie Francis, courtesy of Travel Portland.

As dusk settles, leash up for a riverside stroll along the Willamette where city lights twinkle on the water and off-leash green spaces invite a game of fetch.

For dinner, the Lucky Labrador Brew Pub is a must. Here, dogs are welcome inside and out, and the vibe is as laid-back as a golden retriever on a Sunday

morning.

Swap stories with fellow travelers, share tips on off-leash parks, and toast to new friends—both two- and four-legged.

Before you head home, make time for a romp at Sellwood Riverfront Park, where the Willamette's gentle shallows are perfect for a splash or a game of stick-chasing.

As you drive away, your four-legged traveling companion will be happily tucked out, dreaming of all the sniffs, sights, and snacks that made Portland a pup-tacular destination.

And remember: while Portland may be #5, Flagstaff still holds the top spot for dog-friendly fun. Now that's something to bark about.

Stacey Wittig is a travel writer based near Flagstaff. Get more tips for taking your dog on the road at [UnstoppableStaceyTravel.com](http://UnstoppableStaceyTravel.com).

**This Spot Could Be Yours!**  
**Become an Article Sponsor**  
**Advertise Your Business and Save Lives**

Flagstaff-Sedona Dog magazine

Call 928.445.4811

Prescott Dog magazine



# WESTSIDE VETERINARY CLINIC

WHERE EVERYONE IS FAMILY

Monday - Friday 8am-6pm



Highland Dr

W McConnell Dr

S Woodlands Village Blvd



Jenny Siess,  
DVM



Chelsea Rae  
Calhoun,  
DVM, CVA



Ariel Maltese,  
DVM



Stephanie  
Wolff,  
DVM, MS



Eric Windt,  
DVM

800 W. Highland Ave.  
Flagstaff, AZ 86001

928-779-0148

Surgery, exotics, dentistry, acupuncture,  
internal medicine, ultrasound,  
laser therapy, radiology and more!

[www.westsideveterinaryclinic.com](http://www.westsideveterinaryclinic.com)



Join  
US!

## COMMUNITY VACCINE & MICROCHIP CLINIC

Humane Society of

SEDONA

**SATURDAY, OCTOBER 18TH**  
**10:30AM-1:00PM**

\*For Limited Income Families

\*Limit of 4 Pets per Family



Scan the QR code  
for more info!



Walk-ins only - space will be limited, so please  
plan to come within the scheduled timeframe!

[www.humanesocietyofsedona.org/events](http://www.humanesocietyofsedona.org/events)

# All-Season Tips and Tricks from Kitty Kitty

By Kay Luckett

My name is Shadow, and I have just turned fourteen. My age, when compared to my human, is not as old, but remember, I have already lived many of my nine lives. Apparently my fourteen makes me 72 in human years.

I call my human Mom since she continuously tells me, "I am your mama" while she tickles my chin. We blink eyes and kiss noses, too. We have a daily routine which includes everything I like and is according to my whim. Let me explain.

Less than two years ago, my mom brought me home from a rescue, and I played my very first trick on her. Well, it wasn't really a trick because I was scared and needed to scope out my new home. I needed to take in sounds and smells and stay safe to check out the vibes. I hid in the very back corner of the house in the utility closet. Wanna guess why she couldn't see me? Because I am a beautiful, black, long-haired domestic gal. Hard to spot me in the dark.

Now that I am settled, feeling safe and comfortable, I basically control the routine around here. You know what I mean. My day starts at about 2 a.m. when I begin to howl. And I mean howl. Mom thinks it's a trick to get her outta bed.

It works because up she rises and goes out to feed me my first meal of the day. She has it ready for me, so all she has to do is take it out of the pantry, plopping it down in front of me, and then climb back into bed. I eat and sit in the front-room window for a while. Then back to bed, where I climb onto mom's lap while we snooze.

My next meal is about 5 a.m. when I get some concoction of warm wet food. My personal favorites come and go. Therefore, what I like to eat or don't like to eat seems to be a big mystery around here.

Most days I either eat my breakfast, walk by and look, sniff it, or just walk away. Mom thinks this is a trick. Then she puts out another, then later another, and on and on, each time a different dish. All day I get what she calls The Buffet.

The Buffet consists always of fresh filtered cool water, not enough dry food, and various dishes of moist and warmed ste ws, soups, and shredded chicken or meats. My most favorites are beef and turkey baby foods, salmon, and sardines.

My favorite is a special tuna water that's made by blending tuna and water that freezes into tuna-ice cubes for the summer. Sometimes I like to munch on bonito flakes which is a thin, dried fish from Japan.

My moods come and go, and the show Mom puts on trying to serve me just the right dish is fairly entertaining. If I am starving, I settle for whatever is out, but please don't tell her because if I hold



out, she finally relents. Then I either get dry kibbles or a favorite treat. Shhh... that is our little secret.

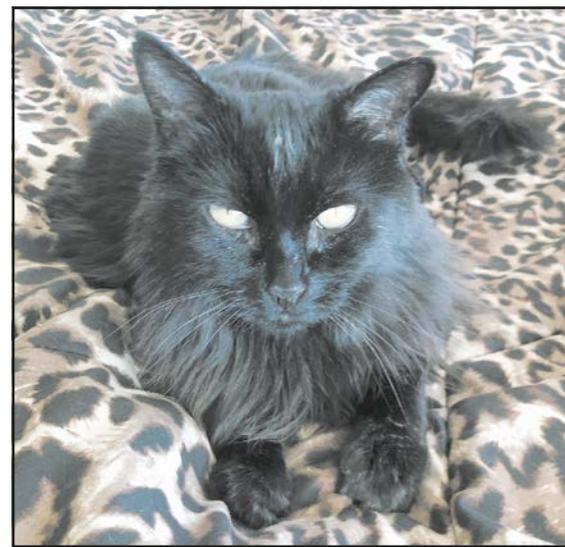
Before I get off the bed for breakfast, I like to stretch out while I get groomed. Sometimes a hair or two gets pulled, and that makes me move onto my side until it feels good again.

Mom seems to really like my tail, and that gets extra combing because she says it gets dirty. If things get rough for a second or two, I give that one nip or scratch that gets us back

on track and into a smooth petting and brushing rhythm.

I like to peek at my world as I sit safely in the windowsills. I have many open windows around my house in which to do this. I sniff at the fresh air, drool over the birdies, and take in all the neighborhood action.

I also love my cat tunnel and my boxes, my scratch pads in the various corners and niches of each room. Scratching is very important to me so in the beginning months, I let Mom know by scratching



all the legs of the coffee table and bedroom chair. Now, finally, I have scratchers in the corner of each room and a good supply of cat nip on each one.

Afternoon nap and meditation time is another favorite, because they are accompanied by soft music, or some soft talking accompanied by bells and gongs and other music. Whatever calms Mom down and sets her in a comfy place is great for me because I am called a lap-cat, a snuggle baby, the cuddly one.

Another of my absolute favorites is play-time, and the best time to play games is early, early in the morning or late at night at bedtime. Mom is usually not very frisky at either time, but it is so much fun to chase the feathers around the room, duck into my tunnel, and try to catch tiny balls with bells.

I love to hide while Mom shakes the feathers to lure me out into the room where I run in circles. Whatever makes my tail shake is what I love. It gets us both ready for naps, more cuddles, and especially for our sleepy time.

By the way, I have my own side of the bed, complete with a special cat blanket and tiny toys such as my little lamb, my fish, my bird and even some feathers that lie still while I snooze. Mom says I do not snore, but that I am a very sound sleeper. Sometimes she says that I won't wake up to sleep on her lap. It's because I am just so comfy where I am. I don't want to be jumping up and around the bed like she does. How I do love to relax.

Mom cannot figure out why I howl so much. Nor can I, yet it seems to work in getting me everything I want both night and day. I howl for hunger, affection, treats, tickles, petting and grooming. On many occasions, I get all of that in a row. Basically, I love to be loved, and Mom cuddles and pets me when I politely howl or meow. Then she gives me whatever I want. Is that called on demand?

Again, don't tell this secret, because my proud and aloof manner keeps the goodies coming all day and night. I just keep up the tricks. Is this called trick or treating? Whatever it is, I will never tell you or anyone because it is the true secret to being a spoiled, happy cat.

Meow.

# CHECK OUT YAVAPAI BROADCASTING'S NEWEST PACK MEMBER!

Now on 100.1 Flagstaff, 92.1 Prescott, 93.3 Verde Vly



80's 90's & NOW  
**PEAK100.1**



**KKLD**  
THE CLOUD  
95.9 FM



**KYRD**  
COUNTRY  
105.7 FM



**Q102.9**  
TODAY'S  
HIT MUSIC!



**ESPN**  
104.7FM AM600  
KVNA FLAGSTAFF



**YBC DIGITAL**  
elevate your business



America's Best Music!  
**KYBC**  
AM 1600  
96.3 FM

All stations streaming at [myradioplac.com](http://myradioplac.com)

# VETERINARY EMERGENCY & SPECIALTY CENTER OF NORTHERN ARIZONA

WWW.NAZPETEMERGENCY.COM

We are your Pet's Emergency Headquarters for all issues.  
We are OPEN 24 HOURS EVERY WEEKEND, and MORE



*The best team. The best technology. The best medicine.  
Here, your pet will receive the best care there is.  
Because, sometimes, nothing less will do.*

**Northern Arizona's only CT Scanner directly at your fingertips.  
CT Scans are available all weekend long and holidays!**



**928.779.5522**

**1110 E. Route 66, Suite 201  
Flagstaff, AZ 86001**

## HOURS

Fri 5p-12a • Sat & Sun 24 hrs

Mon 12a-8a

All Holidays - Open 24 hrs  
(Memorial Day, Independence Day, Labor Day,  
Thanksgiving, Christmas, & New Year's)

